

XC 2015 - Looking Forward to Winter!

Winter is here, it is cold, the Nordic Shelter is fresh and refurbished and the trails have been trimmed and fine-tuned. There is one element missing, but that will come. In the meantime, here is some information and inspiration to get you in the winter frame of mind:

Adrian Blake – Nordic Shelter Manager for 2015

You will have seen Adrian at the Nordic Shelter working on events, taking care of our IT needs (be sure to thank him for the WiFi amongst many other contributions). You will have also seen him skiing, coaching and introducing all kinds of people to the joys of XC skiing.

Please make Adrian's job easier by looking after the Shelter and cleaning up after yourselves.



Perisher XC Grooming Reports:

Daily grooming reports will start as soon as there is grooming. The reports will keep you informed about current weather, snow conditions, events and activities. Grooming reports are [posted daily](#) on the PXC website or can be sent to you directly. Click the link to see an example report from last season.

Contact nswxc1@gmail.com if you want to receive the daily reports by email.

On-line Perisher Event Entries:

The NSWXC on-line entry system is up and running - a variety of Perisher event entries are available at this link (https://regonline.activeglobal.com/2015perishercrosscountryeventreg_1653004).

On-line entries are a great help to event organisers, so please try it. If you have used the system previously, it will remember you. Please let us know if you have any issues with the system (nswxc1@gmail.com).

Alternatively, go to the EVENTS drop-down menu on the PXC website at www.perisherxcountry.org. All of the Perisher events are listed under the Local and XC Ski Week Calendars. On-line links, entry forms and all the info you need to enter any event or activity is there.

[PXC Website:](#)

News, reports, articles, information, useful links, photos and more are being added to the site. Check in regularly to keep up to date with everything XC in Perisher.

Watch the MAC Cam (thanks to Mountain Adventure Centre, Jindabyne for sponsoring the Cam and the Shelter WiFi) on the home page to see what the conditions really look like at the Nordic Shelter.

And Looking Back on a very productive summer:



Once the 2015 Summer XC Work Parties started, it was on for young and old – literally. Nearly 50 individuals volunteered more than 700 hours over five weekends. Some came to one weekend, others came to all of them.

There were a large number of uncounted volunteers whose uncounted hours working at the Shelter over the summer on random days enabled special projects to be completed.

Thanks to NPWS, especially Tim, Graham and Greg, for the wonderful support that is provided, summer and winter.

Once again – many thanks to Canberra Alpine Club for providing accommodation for the workers. The work parties wouldn't be nearly as effective without this most generous support. It makes a big difference to workers to have their hard work appreciated in such a tangible way!

On the trails:

Teams of very strong (or something) men and women carried tools, poles, slashers, augers and other equipment around the trails trimming and pruning to continue to improve snow-holding ability of the ground cover.

Temporary covers over some water-courses were taken out of summer storage and re-installed. This is a continuing and endless process that is just hard work. All of us owe these people a great vote of thanks!



The discovery of Feathers and Pins!! NPWS introduced XC to the simple and highly effective process of gently splitting annoying rocks with low-tech equipment (and a generator) without leaving shards and mess. XC will purchase our own Feathers and Pins and have a bit of fun (with NPWS approval, of course).

Some trails will be re-routed on a trial basis this winter, chasing better snow cover and a better ski. Watch for the orange conduit poles – a sure sign of an experiment.

PXC Out and About:

This summer PXC, represented by Wayne and others, has been travelling to endurance events with a message – XC is ideal winter cross-training for endurance sport-people. Endurance event participants were a group identified as a key target at the autumn 2014 PXC planning day.

Material supporting the topic has been added to the PXC website and DL flyers were printed to publicise PXC and XC Ski Week.



In the Nordic Shelter:



Thanks to the painters, cleaners and handy-people, the public areas of the Shelter are all clean and fresh and ready to go when the snow falls. These workers passed up the chance to carry heavy equipment on the trails to scrape, clean, paint and do what was required to finish the most ambitious work list since the extension.

Some of the maintenance work will probably never be noticed. Lots of it will be obvious and all of it will make life in the Shelter that much more pleasant.

The up-grade of the wax room extraction fan is nearly complete thanks to contributions from Total Ventilation Hygiene (thank you Andrew), a generous donation from Mick at Rhythm Snowsports, Cooma and hours of research, construction and TLC from Wayne and others. It has been a complicated project that will provide great health dividends for all ski waxers and users of the Shelter

The poster wall in the North Room has been refurbished after much debate about the value of history vs grungy old posters. We hope that the compromise pleases most everyone.



There is a fresh coat of paint in all of the public areas, even those high bits that have been impossible to reach, thanks to the loan of scaffolding – it is amazing what tight corners can be reached by a clever scaffolder (thanks Peter H.).

See if you can spot the last two remaining bits of mission brown in the original building (we hope there are only two.....).

Thanks also to Robert Eddy – new benches will seat lots of people and provide places to store packs.

The kitchen in the North Room (modeled by Adrian) has been replaced and the area refurbished - thanks to donations of time and materials from John Schwarz, Sunrise Building (Dalgety) and many others. The new suspended LED lights mean that now you can see your lunch, and not much power is being used.



As recycling has been notably unsuccessful in the Nordic Shelter to date, please notice the new waste bins – they will be hard to ignore. NPWS takes recycling seriously and has now added composting to the waste services after a successful trial in Smiggins last year. Composting bins will be located in all kitchen areas of the Shelter this winter. We hope Nordic Shelter users will make good use of recycling opportunities.

Finally and inevitably:

The Nordic Shelter is run and maintained entirely through donations of time, materials and funds that are provided by donors, users, volunteers and the wider cross country community. A donation form is attached.

Please return this form to:

Nordic Shelter
NSW Cross Country Committee
PO Box 107, Jindabyne NSW 2627
Phone 0409 338 978
Email: nswxc1@gmail.com



*Sverre Kaaten
Nordic Shelter
Perisher Valley*

| | | | |
|--------------------------|---------------------------------------|-------|-----------|
| Personal Details: | | | |
| First Name | | | |
| Last Name | | | |
| Business Name | | | |
| Mailing Address | | | |
| Town/Suburb | | State | Post Code |
| Phone # | E-mail address (Please print clearly) | | |
| Fax # | | | |

Donation (for the operation, upkeep and upgrading of the Nordic Shelter):

I/We donate the sum of: ☐\$50 ☐\$100 ☐\$250 ☐\$500 ☐\$1000 ☐Other-\$ _____


Payment Details: Please indicate your payment method by ticking the appropriate box.

☐ Cash ☐ Direct Deposit ☐ Cheque ☐ BPay DATE ____ / ____ / ____

I would like to receive XC skiing news and information ☐ Yes

I would like to receive winter daily Perisher XC track reports ☐ Yes

PAYMENT OPTIONS

| | | |
|---|---|---|
| DIRECT DEPOSIT BANK: Westpac ACCT NAME: The NSW Ski Association BSB: 032-728 Acct # 168910 Include "NS Your Name" in the description/reference field. * Please forward your donation form to an address above. | CHEQUE Make Cheques payable to: NSW Snowsports XC * Please attach the cheque to your donation form and forward to an address above. |  BILLER CODE: 126359 REFERENCE #: 00000 69000 7019 * Please include the deposit details with your donation form (so your donation can be easily identified) and forward to an address above. |
|---|---|---|



The Cross Country Committee of NSW Snowsports is the caretaker of the Sverre Kaaten Nordic Shelter, located at the Cross Country Skiing Trailhead in Perisher Valley, and is responsible (with the help of many volunteers) for the upkeep and operation of the Nordic Shelter.

The Nordic Shelter is freely available to all XC skiers. All operating expenses are met through fundraising activities and donations.

The Cross Country Community appreciates your support.