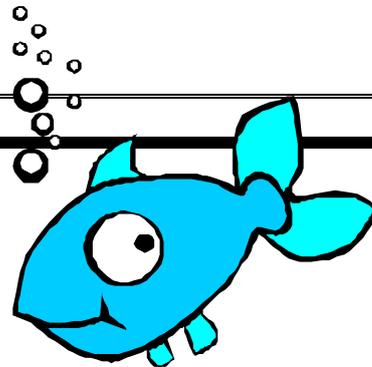


---

---

# SNAPPETS



Stadium Masters Swimming Club Inc

[www.stadiumsnappers.net.au](http://www.stadiumsnappers.net.au)

February 2015

## PRESIDENT'S JOTTINGS

Welcome Stadium Masters members to a new swimming year – especially those 15 or so of us who move into a new age group and so can target all those new PABs (Personal Age Group Bests).

I welcome to the Management Committee: Vice President Jackie Egan; Treasurer Elizabeth Edmondson; Secretary Barry Green; Captains Pamela Walter (Day) and Jackie (SOT\*); Social Organizer Helen Green; Membership and PR (including *Snappets*) Merylyn Burbidge; and general members Robyn Wilson and Jil Mogyorosy. We have a representative and enthusiastic team and I look forward to working with them all.

\*Jackie has given herself the title of SOT Captain – those who Swim at Other Times!

Your committee has met and set in motion the activities for 2015, some routine and some new measures which we hope will attract more members and increase the enjoyment of existing members. The team is full of ideas and enthusiasm and we look forward to a successful swimming year. I especially encourage you all to sign up for the Newman Churchlands LiveLighter Club Challenge on Sunday 15 February which is always an enjoyable meet. The start of a new year means there is a clean slate in the Endurance 1000 program. Naturally the first long distance swim of the year will be challenging, but just make a start and you'll soon find each swim easier than the last. With this endurance swimming under your belt you'll be well able to tackle the 2015 HBF State Open Water Swim at Coogee late in March.

Following the elections of the club committee in January, the support positions have now also been filled as follows: Recorder/Information Manager Anne Edmondson to be assisted by Robyn Wilson where necessary; Safety Officer Kim Klug; Webmaster Beng Chua; and Clothing Officer Pat Sugars.

My thanks go to last year's committee who did an excellent job of running the club and fulfilling all our commitments. Special thanks to Margaret Watson who has been Clothing Officer for several years but felt like a change of scenery.

As I continue on the Masters Swimming WA Board as Director of Coaching, I will be able to keep the committee up to date with happenings at that level – including the future of the MSWA offices.

Members can look forward to continuing night time swimming, some new social events and lots of fun and fellowship in the pool.

'Tricia Summerfield  
President

---

## STADIUM MASTERS ANNUAL GENERAL MEETING

At the AGM, on a very hot Saturday 17<sup>th</sup> January 2015, business was conducted pdq (in less than 15 minutes!) accompanied by loud music from a synchronized swimming training session in the adjacent pool. The 21 members present elected officers to the Management Committee as mentioned by President 'Tricia above.

Valued Coaches Eleanor Parsons, 'Tricia Summerfield, Barry Green and Stuart Gray were again appointed for 2015. We look forward to their interesting and rewarding training sessions.

### *In this issue*

#### **Regular features**

<i>President's jottings</i>	1
<i>Welcome</i>	3
<i>Diary entries</i>	3
<i>Birthdays</i>	3
<i>Goggle</i>	4
<i>Captains</i>	4
<i>From MSWA</i>	6
<i>OWS results</i>	7
<i>Deadline next issue</i>	8

#### **Special features**

<i>Meet your Committee</i>	2
<i>Endurance awards</i>	4
<i>Social</i>	5
<i>Attendance in 2014</i>	6
<i>From the Fentimans</i>	8

---

## MEET YOUR COMMITTEE

For this segment, the nine members of the Management Committee for 2015 were asked to provide three statements about themselves, two of which are true and one which may or may not be true. If you know your representatives well enough, you may be able to detect the falsehoods!

### Tricia Summerfield (President)

I first taught swimming in the waters of the Bismarck Sea in 1972.  
At age 3, I almost drowned in the pool in Southampton, England.  
I won the domestic science prize in Junior (Year 10 equivalent) at Loreto, Nedlands.



### Jackie Egan (Vice President)

I am in love with Johnny Depp and think he is "sex on legs".  
I applied for a job as Santa at Myer in Sydney and they rejected me because I had "soft things" on the front of my body that they said would disturb the children when they sat on my lap.  
I was born with webbed hands and feet, which were surgically removed as a baby and that is why I am such a good swimmer.

### Elizabeth Edmondson (Treasurer)

I always list my occupation as "swimmer" on any official form.  
I love assembling Lego models.  
I have swimming the Rottneest Channel on my bucket list.

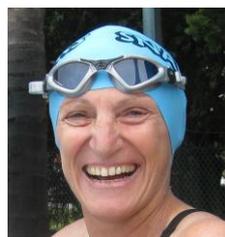


### Barry Green (Secretary)

I won a hula dancing competition on Dunk Island.  
I black-water rafted in Waitomo Caves, NZ.  
I trained to be an astronaut.

### Pamela Walter (Day Captain)

When teaching in Manjimup in 1971 I was arrested for "Public disturbance" for chaining myself to a tree to stop logging.  
In 1975 I played in an Australian basketball team overseas.  
At school I got two detentions in 1½ minutes.



### Helen Green (Social Organiser)

I sang "Little Wooden Head" (from Pinocchio) on a radio show.  
I did a Cordon Bleu cookery course.  
I was a magistrate.

### Merilyn Burbidge (Membership and PR)

I've been married for 50 years – to the same bloke.  
With that bloke, I began walking the Bibbulmun Track in 2003 and finished in 2014.  
I swam with penguins at the equator.



### Robyn Wilson (General Member)

I played tennis with Charlton Heston at White City, Sydney, in 1967.  
Dawn Fraser hugged me at David Jones in Sydney when I was about 8 years old. She said I looked lovely in my kilt.  
I was a judge's associate to the chief judge of the district court of WA for 3 years.

### Jil Mogyorosy (General Member)

Still waiting to hear from Jil!



## BIRTHDAYS

### January

Pat Sugars 22<sup>nd</sup>

Alan Earnshaw 27<sup>th</sup>

### February

Dee Stephenson 4<sup>th</sup>

William Curtis 21<sup>st</sup>

Audrey Bullough 25<sup>th</sup>

### March

Pamela Walter 6<sup>th</sup>

Special wishes to Dee, on her 80<sup>th</sup> and congratulations to Alan who, at 88, is now our oldest member!



## DIARY ENTRIES FOR FEBRUARY AND BEYOND

Date	Event	Time	Venue
Sunday 15 February	Newman Churchlands LiveLighter Club Challenge (LC)	warm-up 8:15 am	Newman College
Tuesday 17 February	MSWA Council of Clubs and AGM	7:00 pm	Dept Sport and Rec
Saturday 21 February	Karma Resorts Rottnest Channel Swim	from 5:45 am	Cottesloe Beach
Sunday 22 February	Sundowner	4:00 – 6:00 pm	Boulevard Hotel
Friday 6 March	LiveLighter 50 Metre Meet (LC)	7:00 - 9:00 pm	Beatty Park
Sunday 8 March	Tadpoles Triathlon (volunteers)	6:30 am	Trinity College
	City of Cockburn Jetty to Jetty	Briefing 8 am	John Graham Reserve
Sunday 15 March	Committee meeting	8:15 am	HBF Stadium
Saturday 21 March	2015 HBF State OWS	Check in 7:30-8:15 am	Coogee Beach
Sunday 22 March	Stadium Masters Beach Picnic	from 8:00 am	City Beach
Sat 28 / Sun 29 March	LiveLighter All Clubs Challenge (SC)	TBA	HBF Stadium
Saturday 4 April	Albany Harbour Swim	check in 6:30 am PRSC	Princess Royal Harbour, Albany
8-11 April	2015 MSA National Championships (SC)		Hobart, Tasmania

## WELCOME NEW MEMBERS

Stadium Masters extends a warm welcome to newest members Louise Norris and David McKnight.

### Louise Norris says:

"So happy to finally be a member. I joined because I wanted to try my first ever ocean swim - yes a very late stater. So with Lisa Dwyer's encouragement I came along to my first squad. It had been over 20 years since I had done any squad training and the first weeks were a challenge. I swam in the Swim Thru Rottnest in December and, while my time was slow, I just loved it. So looking forward to more training and getting a bit fitter and faster.

"I'm a member of HBF Stadium gym and the City Beach Surf Club March Past team. I'm from Sydney, and have been in Perth for almost 3 years, so it's nice to be involved."



### David McKnight says:

"I joined Stadium Masters on the advice of my mother-in-law, Deirdre Stephenson, as a way to do some fitness work for myself. Deirdre is a fine example of the benefits of swimming regularly and if I can replicate what she gets out of Masters swimming then I will be very happy. I have not done any swimming since earlier in 2014 when I tried it on Saturday afternoons before the rugby season started in February. I did find under the tutelage of some of the experienced swimmers that my fitness and swimming ability improved no end and so, while doing some cross training on my own, I felt I needed to be in a group to get fit again.

"I am Director of Rugby at Nedlands Rugby Union club and am an ARU Level 3 coach and will be helping coach our Reserve Grade this year too. I recently took over as Chief Pharmacist at Royal Perth Hospital after a long spell at St John of God Hospital Subiaco. I am looking forward to trying Masters swimming this year to improve my fitness and swimming ability and meet new friends."

---

## YOUR CAPTAINS ARE SPEAKING! Pamela Walter and Jackie Egan

The Committee has agreed to implement the provision for **associate/social members** as allowed for in the club constitution. The cost will be \$35.00. Social members will receive the newsletter, may swim at the same time as session swimming, but not in the hired lanes, and may join in any/all events, except for swimming, including afternoon teas. We also hope Social members will help out at carnivals in the usual way.

**Tuesday and Thursday training** is continuing this year. We would like to welcome and encourage all club members to come along and try it. Perhaps it's time for a change for those who haven't trained in the evening before!

The **Beach Picnic** has been postponed until 22<sup>nd</sup> March. Please write the date in your diaries! A Sundowner is being organised for Sunday 22<sup>nd</sup> February so keep that date free, too. Flyers will be out soon.

The **16<sup>th</sup> FINA World Masters Championships** are 10<sup>th</sup> – 16<sup>th</sup> August in Kazan, Russia, in case anyone is interested. The sign-up sheets for the 2015 HBF Masters State Open Water Swim and for the LiveLighter All Clubs Challenge, formerly known at State Championships will be in the cage immediately after the Newman Churchlands carnival.

### Rule change

#### Butterfly kick in Breaststroke start and turns.

Last year a rule came in stating that the butterfly kick at the start and the turns in breaststroke had to be completed at the start of the first arm pull under water. The rule has now been made more liberal so that the butterfly kick can occur at any time during the first arm pull. Below is the official wording.

*After the start and after each turn, the swimmer may take one arm stroke completely back to the legs during which the swimmer may be submerged. At any time prior to the first Breaststroke kick after the start and after each turn a single butterfly kick is permitted. That is the butterfly kick may take place before, during or after the first arm pull but must be completed before the first breaststroke kick.*

---

## AWARDS ANNOUNCED AT THE AGM

### Club Endurance Swim Awards 2014

The Club Endurance Swim Award encourages members to participate in the national Endurance 1000 program. It is presented annually at the AGM to the swimmers who have gained the most points, given for each distance swim completed regardless of the time taken. Snappers who achieved Club Endurance Swim Awards in 2014 are:

#### Swimmers training at other times

Eleanor Parsons

#### Day Swimmers

Merilyn Burbidge

### Endurance Star Awards 2014

Endurance Star Awards, initiated in 2000, are another incentive to swim longer distances. A One Star Award is given for completing the Endurance 1000 program in any one stroke, a Two Star Award for any two strokes, etc.

- ★★ Cas Brown: Freestyle and Breaststroke; Sue Bird: Butterfly and IM;  
Pamela Walter: Freestyle and Backstroke
- ★★★★ 'Tricia Summerfield and Merilyn Burbidge: Freestyle, Backstroke and Breaststroke
- ★★★★★ Anne Edmondson: Freestyle, Backstroke, Breaststroke and Individual Medley
- ★★★★★ Eleanor Parsons: Freestyle, Backstroke, Breaststroke, Butterfly and Individual Medley

---

## GOGGLE SAW

- Stadium Masters Christmas picnickers visiting the state-of-the-art toilets at Lake Jualbup and hearing a voice saying, "You have ten minutes ..."
- PJW arriving at training one Sunday in January, having forgotten that she'd paid to enter the Swim Through Perth. There's always next year!



---

## MEMBERSHIP RENEWALS FOR 2015

At 1 February 2015, Stadium Masters membership stood at 50, made up as:

Ordinary members	35
80 years and over	8
Life members	2
Second Claim	5

Your membership renewal was due by 31 December 2014, after a change in Masters Swimming Australia policy. If you haven't got around to it yet but do intend to re-join (and we hope you do!), you can find the link by going to Stadium Masters' website and following the instructions.

---

## LAKESIDE SOCIAL

Our Christmas Picnic at Lake Jualbup on Sunday 14 December, attended by about 30 people, was very relaxed in the shade of big trees. The fairly level ground reduced the danger of chairs tipping over! There was no competition for the barbecues and the flies stayed away. A big thank you to the two much-practised cooks, David and Colin, to Dee for organising the show and to everyone for bringing food to share.



Pamela Walter receiving the Lynda Joachim Award

Mark Etherton-Beer receiving the Kevin Wren Award



Eleanor Parsons, Cliffe Webb Award



Anne Edmondson, Participation Award



Meryl Burbidge, President's Award



Jackie Egan, Founders' Award

---

*Proudly Sponsored by:*



Stadium Masters gratefully acknowledges a donation from BGC Concrete

## STADIUM MASTERS IN THE POOL AT HBF STADIUM 2014

Data are collated from the club attendance diary and relate to swims in booked lanes at HBF Stadium only. Figures do not include our club's LiveLighter Club Challenge or the State Swim and State Relay.

This year's figures: total attendance 2934 is down from 2013 (3300) (366 swims or 11% less).

Several members swim regularly outside the times when the club reserves lanes, e.g. as second claim members of Claremont. These figures are not included this year but were in two previous years.

### Key data

Year	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014
Membership	99	84	72	79	83	82	85	86	81	71	59	65 Incl 2 <sup>nd</sup> claim
<b>Attendance</b>												
Annual total	3883	4112	3796	4238	4404	4151	4950	4940	3790	3868	3300	2934
Average monthly (12)	324	343	316	353	367	346	413	412	316	322	275	245
Average weekly (52)	75	79	73	81	85	80	95	95	73	74	63	56
Average daily (365)	11	11	10	12	12	11	14	14	10	11	9	8
Average per member	39	49	53	54	53	51	58	57	47	54	56	45
Highest at one session			37 (Wed)	37 (Wed)	40 (Fri)	38 (W/F)	40 (Fri)	38 (Wed)	35 (Wed)	31 (Wed)	24 (Wed)	19 (Fri)
<b>Monthly Averages</b>												
Tuesday	56	48	37	44	39	40	34	26	26	34	29	18
Wednesday am												40
Wednesday pm	113	104	103	111	126	107	130	122	107	91	65	56
Thursday	24	28	16	29	25	32	25	28	20	26	20	15
Friday	102	107	97	108	119	109	127	118	99	89	65	57
Saturday	32	30	25	26	21	39	32	39	39	44	35	28
Sunday	22	26	25	28	29	39	38	41	32	34	30	28

**Session Averages 2014:** Tuesday 4; Wednesday am 10; Wednesday pm 14; Thursday 4; Friday 14; Saturday 8; Sunday 8.

*Tricia Summerfield  
President and Coach, January 2015*

## FROM MASTERS SWIMMING WA Wendy Holtom

### LiveLighter 2015 All Club Challenge

Preparation is underway for this inaugural event, formerly known as the State Champs, which is being held in Short Course at HBF Stadium on the weekend of the 28/29th March 2015. The weekend is all about participation and as our motto says "Fitness, Friendship and fun!" Check out the program on the website and see what swims you would like to participate in as we would love to see as many of our members have a swim in a fun and relaxed environment.



### New Masters WA Club

Welcome aboard to Busselton Masters who will commence swimming at the Geographe Leisure Centre in West Busselton. The new club has about 40 people already keen to join and training for their open water swimmers is already underway.

## OPEN WATER SWIM SCENE

### *Fremantle Ports, 1600 m, Saturday 13 December 2014*

	Age Group	Time	Age Group Posn
Jackie Egan	45-49	31:07	2 <sup>nd</sup>
Barry Green	70-74	38:40	4 <sup>th</sup>

### *Tower to Tower, Scarborough to Trigg, 1800 m, Saturday 20 December 2014*

	Age Group	Time	Age Group Posn
Barry Green	over 70	34:14	2 <sup>nd</sup>

The organisers described this as a tough race for the 226 entrants, held in challenging 20 to 25 knot southerly conditions. Barry swam with his daughter, Aleksandra, who had arrived from the UK only a day before.

### *Cottesloe Mile 1600 m, Saturday 3 January 2015*

	Age Group	Time	Age Group Posn
Eleanor Parsons	55-59	25:41	2 <sup>nd</sup>
Barry Green	70-74	37:59	4 <sup>th</sup>

### *Minara Resources Swim Thru Perth 4km and 1600 m, Sunday 18 January 2015*

	Event	Age Group	Time	Age Group Posn
Eleanor Parsons	4 km	55-59	1:07:23	2 <sup>nd</sup>
Beng Hooi Chua	4 km	40-44	1:18:11	10 <sup>th</sup>
Jackie Egan	4 km	45-49	1:17:48	3 <sup>rd</sup>
Barry Green	1.6 km	70-74	35:16	2 <sup>nd</sup>

The Minara Resources Swim Thru Perth 2015 was swum in near-perfect conditions.

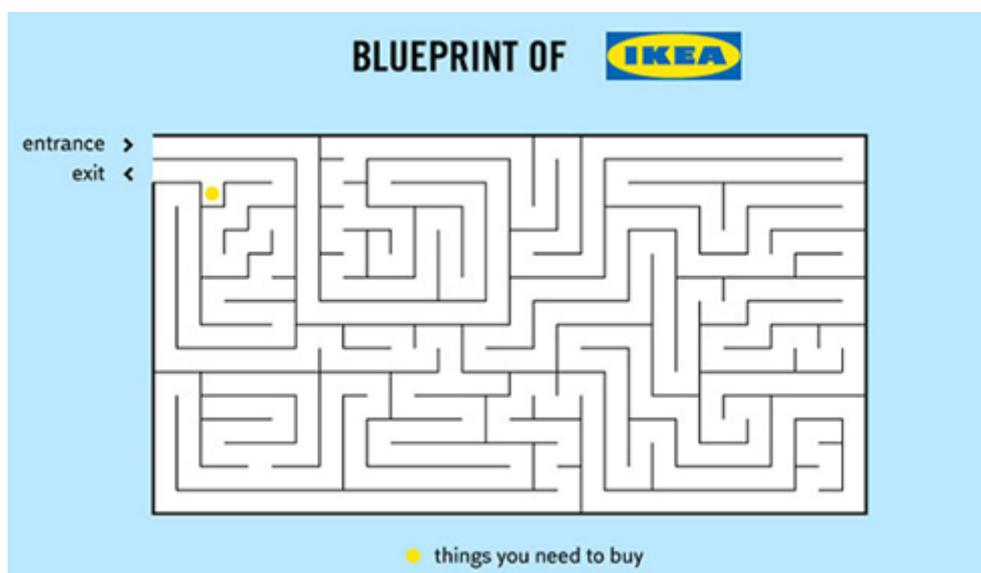
### *Mandurah Masters Australia Day Swim 2 km, Monday 26 January 2015*

	Age Group	Time	Age Group Posn
Eleanor Parsons	60-64	32:08	1 <sup>st</sup>

In the past Carine Masters has undertaken the mammoth task of organising the Australia Day Swim at Scarborough Beach. This year Mandurah ran it at Doddi's Beach and 144 swimmers took part.

### *BHP Super Series: Swim the Swan 2.5 km, Sunday 1 February 2015*

	Age Group	Time	Age Group Posn
Eleanor Parsons	56-99	41:02	1 <sup>st</sup>



---

## **FROM THE FENTIMANS (supplied by Marg Watson)**

.... We had a reasonably good 2014. It was Barbara's 80th birthday last April and all the family did a week's Mediterranean cruise. Apart from getting stuck in a lift in Rome's railway station we had a really lovely time. Weather, food and company all of the highest order.

At the end of July the children had bought Barbara tickets for the Commonwealth Games and as a carer I got in for nothing. We stayed in the hotel actually situated on the Royal Troon golf course which was something else. The trip into Glasgow took about 40 minutes but our daughter Maureen had driven up to Scotland and ferried us about. We had a super time watching swimming, athletics, hockey, badminton and squash and saw many finals. The weather was not that brilliant but apart from hockey we were under cover all the time. As Barbara is registered disabled we were looked after most royally, being able to park very close to the venues and getting assistance from the games helpers to go up any small incline. We even appeared on television several times but didn't know it!

Barbara still swims at least twice a week, with the aid of a buoy. She has to use this aid as her legs just hang down in the water which is not really a helpful way to swim. She would miss it if she was unable to get in the water.

Although I am her official carer I still do quite a bit of gardening for the local old and bold but have stood down now for a couple of months unless any snow clearing comes up. God I hope not. Would you believe that I have snowdrops and primroses flowering in my garden? And even a clematis is blooming. I blame the local Indian restaurants for all their curry making - we get monsoons now instead of good old rain.

I do miss the sunshine of WA but I'm afraid the journey would be too much for herself. Carrying all the medicines would require another suitcase.

Love

Barbara and Derek

### **ACKNOWLEDGEMENTS AND DEADLINE**

Thanks to 'Tricia Summerfield, Elizabeth Edmondson, Marg Watson, Theresa Elliott, Louise Norris and David McKnight for their contributions used in this issue of *Snappets*. I'd be delighted to receive items for the next issue at [amburbidge@westnet.com.au](mailto:amburbidge@westnet.com.au) by Friday 6 March 2015.

Merilyn Burbidge