

# On Target



2015 Issue No 01 January



## CHINESE NEW YEAR DINNER

SATURDAY 21ST FEBRUARY, 2015

LOTUS RESTAURANT

MELBOURNE STREET, NORTH ADELAIDE

As of January 12 there were 10 places left.

Name on Board with \$20 ph deposit by February 5th

## CHRISTMAS RAFFLE

Congratulations to Pauline Lergessner (Dana McFarlane's Oma) who won the Stocking and to Judith Brown who won the Hamper

## CITY OF ADELAIDE INVITATION TOURNAMENT



**Date:** 8th February 9.30 am

Practice 8.30 am to 9.15 am)

**Venue:** Adelaide Archery Club

**Entry Fee:** \$20 (on line entries only)

Lunch at own expense at hotel after the shoot.



# Congratulations

To Alokha Sureiander for taking out the Handicap Spoon in November and December.

# Welcome

Kris Brown, Tobie Yeo, Sally Lewis, Jet Lewis, Yvonne Lewis, Elizabeth Barter, Matt Holland who were passed for Membership at the January meeting.

Welcome to the Club

Adelaide Archery Club Inc.

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# VALE JAMES THOMAS ASHLEE

## 13th April, 1932 - 3rd December, 2014



Photo - Barry Adams

Jim was born in Royal Tunbridge Wells, England. He had an older sister Rose and a younger brother, Peter. He attended school in Crowborough, England leaving at the age of 14. He was indentured as a grocer with the International Stores and after learning the trade went on to manage many stores in the South of England.

Rather than National Service in the Army Jim enlisted in the Royal Navy in 1950 and served his country for seven years. He was classified as a Sick Bay Tiffy and whilst he never was stationed on a ship, he served at Chatham, Scotland and in South Africa.

Jim met Margaret in 1953 and they married the following year. Margaret joined Jim in South Africa and whilst they were there two daughters were born - Carol and Eileen.

After his Naval Service the Ashlee family returned to the UK where Jim resumed employment with the International Stores before emigrating with his family in 1961 as "Ten Pound Poms" to Australia. The family's first home was at the Finsbury Hostel, Pennington. After securing a job with Golden North, Jim moved his family once again to Laura in the mid-north, where they lived for five years.



After moving back to Adelaide, Jim worked at the Adelaide Zoo - and was lucky enough to work with the primates, particularly everyone's favourite, George the Orangutan. While working at the Zoo Jim and Margaret bought a Delicatessen which they owned for thirteen years, eventually selling up in 1980.



Once the Deli was sold, Jim was able to follow Carol and Eileen into the sport of Archery. Jim has the honour of being Adelaide Archery Club's longest serving Club Steward, holding the position for over twenty years. Jim together with wife Margaret, religiously restocked supplies and cleaned the clubrooms on a weekly basis over that time (that's dedication). Jim was State Team Manager on three occasions and volunteered with the running of the World Archery Championships held in Adelaide in 1987. Jim also volunteered at a number of National and Masters Games held in Adelaide. Jim and Margaret rarely missed any club meeting (always arriving with a plate of sandwiches for supper) and was still attending meetings shortly before his death.



When the target butts were moved from shooting west/east to north/south in 1982/83, Jim spent many hours assisting with the concreting of the butts. He also volunteered and enjoyed his time on Camp Quality days, attending many working bees the Club has held and it is thanks to Jim that we have the drawers in the workroom ... without members like him we would not have the magnificent facilities we enjoy today.

Jim was bestowed Life Membership of the Adelaide Archery Club in 1995 for his services to the Club and to Archery.

Jim will be missed.

**Jim and Margaret celebrated their 60th Wedding Anniversary last year.**

*L-R Margaret, Jim, Eileen Hullstrung (Vice President) Ian Murphy, Nicole Murphy, Front Carol Ashlee (President) & Daniel Murphy.*



## ARCHERY SA DINNER

Please note change of date to 28th January, 2015

Venue: Brunswick Hotel,  
Gilbert Street, Adelaide



## AUSTRALIA DAY FIELD TOURNAMENT

EDEN FIELD ARCHERS, JANUARY 25 AT 10.00 AM

*Please note Eden Field Archers Fire Policy*

On the night before or morning of a programmed shoot the Fire Risk for the Mount Lofty Ranges is declared as extreme or catastrophic, then the club will be closed. Also the National Parks may decide to close the Shepherd's Hill Reserve.



### Congratulations to the State Youth Team Members

who have been selected to represent South Australia in the National Youth Archery Championships, Penrith NSW in April

**Recurve** - Claire Reuther, Shannon Blyth, Ethan Holmes, Travis Pauley, Keely Cain, Rhiannon Charsley, Jet Lewis, Katie Morris, Paul Blyth, Erica Smith.

**Compound** - Nicholas Bentley, Daniel Mignanelli, David Cole, Rory Blake, Dominic Cumming, Callan Ineson, Alani Cox

### ACTING TREASURER



Annette Oien, our Treasurer, is to be away for three months from April. The Club is looking for a volunteer to take over the position of Treasurer in her absence. Please speak to Annette or Carol Ashlee.



Photo - Glenn Martin

### CAMP QUALITY 30TH ANNIVERSARY, MARCH 15

This year marks the 30th Anniversary of Adelaide Archery Club's association with Camp Quality - Gordon Pawson OAM, organized the coaching camps first, with James Henriks taking over the position of co-ordinator.

Pictured at left is Bob Kirby and James Henriks working hard at the Camp Quality coaching session at Narnu Farm last year.

### ADELAIDE ARCHERY CLUB'S 70TH ANNIVERSARY

2015 is the Club's 70th Anniversary. Do you have a suggestion for a gift to each club member (\$10 or less) or another idea how to celebrate the occasion? if so see Carol Ashlee or a Committee Member or send an email to the club at [info@adelaidearchery.org.au](mailto:info@adelaidearchery.org.au)

### UniSA STUDY - KENNETH MOYLAN

Kenneth Osborne was involved in a study by UniSA on the effect of dampeners on forearm muscle when using a compound bow. I included a link to the article in the body of the email.

A copy is also on the board with the printed newsletter.



Emma and Melissa Fettke were told that a beard was a requirement of being a longbow archer!

Photos above and right - Barry Adams

### Thank you

Thank you to Monica Pettman for the wonderful cake topper of St Sebastian to celebrate his feast day (Patron Saint of Archers) - and starting off the celebrations for the Club's 70th.



St Sebastian



# Trophy Presentation/Novelty Day December 13, 2014

Photographs: Patsy McFarlane







## *"Hot off the Presses"*

### AAC Library Magazine/Books/DVD Reviews: JANUARY 2015

I. "New" Magazine Reviews – Bow International:  
Review of newest Bow International (Issue #96): – all "shooting form" articles have been reviewed and scanned for inclusion in AAC Library.

A. Issue #96 (Jan. 2015): Key "Shooting Form" + Equipment Articles

" From Titles to Tabs" – Simon Fairweather (Recurve)

- Simon has designed, developed & manufactured new recurve tabs
- Added "ring" to finger tab – rather than a strap: unobtrusive design
- Designed in modular format w/spacers and rings interchangeable
- Single screw holds entire tab together-makes easy to change items
- 5 colours, 3 plate sizes and 8 ring sizes – custom fit to "your" hand
- **"Outstanding" and revolutionary new Recurve finger tab!**

"Testing Damage Timing Systems" – Liam Grimwood

- "Modular system" that can be built up w/timers, detail display boards, & sounder units – fits club to international events
- Single cable connects all units-has both power & control wiring
- Timing units are Red/Amber/Green, countdown clocks and separate sounder units – very versatile modular system for all size events
- Controlled by main control box – small, simplistic & easy to use
- Timing system also covers "match play" w/20 seconds per arrow

"New HOYT Bows for 2015" – John Dudley

- **"Designed for less torque: means more accuracy-tighter groups"**
- Podium X Series (compound) – top of the line target bow for Hoyt: 2 new major innovations from Hoyt in 2015:
  1. "New" Modular Grip System – change/modify your grip angle and pressure w/4 new removable/interchangeable grips – offers 0, +2, +4 and +6 degree angle options!
  2. Adjustable Cable Guard Bar – w/4 precise angle options
  3. Podium X – 37 & 40" axle-to-axle, XT2000 limbs and option of GTX or Spiral Pro Cams (Spiral now has adjustable draw length modules – this is 1<sup>st</sup> for Spiral)
- New "ZT Cable Guards" – on Carbon Spyder XT & Nitrum
- ZT Cable Guard-virtually eliminates side load torque-compound.
- New Hoyt "Fuse Playback" camera-mounts in front stabiliser hole

"Arrow Flex in Free Flight" – James Park

- Inevitable that arrows flex from bow acceleration forces-1000g
- Over several articles, will cover both Recurve & Compound arrow – from release, in flight (this article) and towards target
- Frequency of flexing increased w/shaft stiffness increase, but decreases as mass increases
- Amplitude of flexing reduces as arrow travels down to target

"Ask the Experts" Section:

**"How he prepares for competitions"** – never shoots the day before a comp - rests mind/focus the body – **Duncan Busby**

**"How do top archers AIM?"**- essentially "looking" - **Roy Rose**

" New Products for 2015" :

- Gripper Archery new off-set mounts for stabilisers - D.Busby
- Aurora Techno Quivers – target & field (very cool looking!)
- Booster Rests – with quick, easy & interchangeable blade rests
- Axcel Accutouch Slider Sight (compound-X31 or X41lenses)
- Mathews NO CAM TRG bow – 38" axle-to-axle

II. No New Books Added to AAC Library this month of December 2014.

III. No New DVD's added to the AAC Library this month December 2014

IV. "ARCHERY FOCUS" Magazine – available now "Only On-Line" in PDF format.....annual subscription (6 issues) is \$32/annum.

A. Published by Claudia Stevenson & Editor Steve Ruis with a dozen archery technical contributing writers like Larry Wise, Tom Dorigatti and other top international archers. Sole purpose of Archery Focus is to concentrate on improving archer's shooting form and scores.

A.1 Bound booklet has been prepared with listings of current and back Issues and Articles and is held in one of the plastic holders on the door end of the Library cabinet. If anyone wants an Issue or article for your own use - email me ([randallcoon@bigpond.com](mailto:randallcoon@bigpond.com)) for the information or borrow the Archery Focus DVD from the AAC Library.

A.2 Image of the new, current JANUARY 2015 Archery Focus Magazine and articles are as below:

