

MSQ SANCTIONED SWIM MEETS

CONSIDERATIONS FOR 2014

Open Water Swims

Clubs intending to host a swim meet in 2013 are encouraged to consider including an OPEN WATER SWIM.

There is some evidence that the membership numbers increase when an open water swim is included or offered as a stand-alone event.

Swim Meet

If your club has never hosted a swim meet, please consider doing so in 2013. Your club may host the event alone, or you may invite another club in your area or region to share the responsibility.

Ideas for the Events' Programs

- A Twilight Meet with sprints only
- A Twilight Meet series
- A sprint meet followed by an OWS the next day
- A relay meet – including the 4 x 200m relay
- Long distance events only
- 18 – 34 year olds first half of the meet, followed by 35 + (feasible at larger swim meets – although may be difficult)
- OWS only
- 50 and 100m sprints only, followed by relays, (4x200; 4x100; 4x 50 and 4x25 (SC)
- Novelty/challenging swims – purely for fun to be included at the end or in the middle of the program.