

On Target



2014 Issue 11 November & December

Season's Greetings

From the President
and club officers.

Last Programmed Shoot for 2014 is
Novelty/Trophy Presentation on 13th December
and first for 2015 is Thursday, January 8th



Christmas Novelty Shoot & Trophy Presentation
Saturday, December 13 at 11.00 am
Each family please bring either a salad or sweet dish
Names & number attending on board please for catering
by 7th December

Christmas Raffle
DONATIONS REQUIRED PLEASE
Toys and Games & other times for stocking
Non Perishable food items for Hamper
Raffle to be drawn at Breakup shoot 13th December



HANDICAP SPOON

Congratulations

The **October** Handicap Spoon was awarded to Bradd Owens and the
November Spoon to Alokha Sureiander. Well done.

New Members

Welcome

The following were accepted for Membership at the November Meeting
Jane Gribble and Daniel Harniman.
Welcome to the Club

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New Ride-On Mower

At the last Club Meeting it was decided to purchase a new ride on mower - after many years of service from the old one.

Barry Teitzel and Terry Reilly wasted no time and on Thursday 27th our new mower arrived as was taken for a test drive by Groundsman, Terry.

Thanks to Barry for the background work on purchasing the mower.



St Sebastian Shoot

The Annual St Sebastian Shoot is to be held on

Sunday 11th January, 2015
Normal Shooting Time

Meal Provided

Please put name on board for catering - the shoot is the first weekend back in the New Year so please advise before breakup on 13th December.

St Sebastian is the Patron Saint of Archers, (and armourers, arrow smiths, athletes, bookbinders, fletchers, gardeners, gunsmiths, ironmongers, lace makers, police officers, masons - anything it seems to do with soldiers and pointy things - and was prayed to for intercession during the Black Death, with people likening the plague to being shot with an arrow, not knowing where the plague would land next. Ref: saints.sqpn.com

His feast day is on 20th January. As the Blue Lake Tournament is the weekend closest to the date & Australia Day Field the weekend after, the tournament has been brought forward to the 11th January.

JANUARY CLUB MEETING

Please Note that the January Club Meeting has been brought forward to the **SECOND Friday January 9th, 2015 at 7.30 pm** as the Blue Lake Tournament is being held on the 16th, 17th and 18th January.

Annual Toast

Congratulations

Best wishes to **Randall Coon** who was honoured with the Annual Toast by last year's recipient Andre Laforet.

"As I was toasted in 2013 I had the honour to find a worthy member of the club to be the recipient for 2014.

I looked around and found somebody who was perfect - not only does he do a good job as Librarian, he also comes to help with other jobs - coaching AJAD's and Beginners.

We do not see him very much during weekly shoots, but he practices a lot. He also reads all the magazines delivered to the library and gives a thorough account at each meeting.

I would like you to charge your glasses and toast our member Randall Coon".

Andre Laforet

Ed's Note: This award would normally be presented at the Trophy Presentation/Breakup day, but as Andre will be swanning around South America on that date, it was presented early.



ADELAIDE ARCHERY CLUB'S 70TH ANNIVERSARY

2015 is the modern Club's 70th Anniversary.

Celebrations will commence at the St Sebastian Shoot
with further announcements next year.

*If you have any suggestions of how we may acknowledge this milestone, see a
Club officer.*

LONGLY TOURNAMENT SOUTHERN VALES ARCHERY CLUB 30th NOVEMBER, 2014

Photographs: Barry Adams



Jill Vardon (2nd Women's)



Dean Pettman, (2nd Men's)



Pam Pettman



Joe Vardon (3rd Men's)

Grant Cole



Helen & Barry Illman



Best Costume - King, Queen and Knights of the Southern Ales



*Nigel Steyn (1st Men's, Winner
Closest to Centre)*



ADELAIDE CITY COUNCIL CHRISTMAS PARTY

Please Note that on Friday 19th December the Adelaide City Council will be using the Clubrooms and Grounds for their Annual Christmas Party.

ARCHERY SA EQUIPMENT OFFICER

After the recent State Target when it was made clear that running tournaments without a State Equipment Officer was making life very difficult for officials and judges, there has been a motion at the last State Meeting (see AAC November minutes Archery SA Report item 6.6) that the four clubs whose members most enter Target & Clout events appoint at least one person to form a **TEAM** to organize equipment for State tournaments, with each person taking responsibility for one particular aspect e.g. opening/closing containers, target faces, butts, score sheets, pegs, line marking paint etc. with one person being a Team Leader. Jobs could rotate throughout the Tournament season. Smaller clubs may also appoint a Team member.

If you have any **constructive** feedback or alternative ideas contact ARCHERY SA by [email](#) or at the December Meeting which is to be held on 11th December at 7.30 pm, 105 King William Street, Kent Town.

MELBOURNE CUP LUNCHEON



Carol & Bill Sloan



Kevin Dawson



Aileen Anderson & Sue Martin

Congratulations to **Lorraine Van deKamp** -

Winner - Best Hat at the lunch held at the Lord Melbourne Hotel on November 2nd.



Judith Brown & Bruce Lang



Lorraine Van deKamp
Winning Hat!



Annette Oien

A creative hat made from yellow rubbish bags, straws and toy horses. A fantastic effort.



Gloria & Barry Adams



Ann Branford



Jill & John Vardon



"Hot off the Presses"

AAC Library Magazine/Books/DVD Reviews – NOVEMBER 2014

I. "New" Magazine Reviews – Bow International:

Review of newest Bow International (Issue #95): – all "shooting form" articles reviewed/scanned + 10 page archery Christmas Gift Guide.

A. Issue #95: Key "Shooting Form" + Equipment Articles

"Small Things Matter-Precision Sport" – John Dudley (compound)

- "Perfect Eclipse" – peep diameter exact match to scope housing.
- Different nocks require different string diameters to "match".
- Sight level – most important for centre grouping of arrows.
- Bow hand placement and constant pressure essential-for accuracy.

"Outstanding" article focusing on small things that make big difference in accuracy, scoring and groupings!

"Tune to Aim" – Liam Grimwood (both compound & recurve)

Perfect bow setup leads to good bow hold and better aiming
 Keeping bow to minimum movement for higher scores
 Stabiliser (length/weight/angle), tiller-top/bottom, bow mass, etc.
 Use of laser pen on stabiliser – to assure hold and better aim

"Making the Change (recurve to compound)" – Roy Rose

Top recurve archer (Roy Rose) at Veteran +60 - changed from recurve to compound bow – his reasons "Why"
 Less holding weight, higher scores, mechanical release-not finger release, peep in string-better aiming and bubble level in 4x magnified sight scope lens....plus some other reasons
 All good recurve shooting form/technique 100% transferable
 Older archers & younger w/recurve holding issues-to consider

10 Pages of archery "Christmas Gift" ideas – lots of "goodies"!

MYBO Roll Up recurve bow case – different, but effective
 Archery drink cups+bows+stabilisers+bow presses...lot of ideas

"Ask the Experts" Section:

"Anchor coming forward before release (recurve)" – how to fix w/back tension - Andrew Smith

"Compound surprise release + rhythm" – how to achieve - Roy Rose

" Product Review"

"New" Mathews Chill X compound bow – technology and Specs - by Duncan Busby

NOTE: The following can be borrowed from the AAC Library – signed out as normal via our Member Loan system

"Shooting Form – Recurve" – AAC Library #50

"Shooting Form – Compound" – AAC Library #51

"Shooting Form – Longbow" – AAC Library #52

"Equipment" (bows, arrows, sights, stabilisers, etc.) – AAC Library #53

II. No New Books Added to AAC Library this month of November 2014

III. "New" DVD added to the AAC Library this month of November 2014

AAC Library # 48.0 - DVD

**A. "Mental Keys That Unlock TARGET PANIC" – Part #2 DVD by Robinhood Video Master Coaching Seminars – w/Len Cardinale
 Topics covered include the following: (additional topics – over and above Part #1 DVD of the same name and author)**

1.Aiming	4. Anchors
2.Execution	5. Blueprint of the shot
3.The Bridge	

ArcheryFocus

v18 n6 November 2014 \$12

Tom Dorigatti The Peep Sight
Larry Wise Arrow Trajectory Facts, Part 2
Sue Palsbo How I Do It . . .
Mitchell Vaughan An Archer's Development/Re-Training Programme
Steve Ruis The Role of Range of Motion in Archery Shots
Bob Ryder Sharpening the Saw
AER Staff Working with Newly Serious Archers



IV. "ARCHERY FOCUS" Magazine – available now "Only On-Line" in PDF format... annual subscription (6 issues) is \$32/annum.

A. Published by Claudia Stevenson & Editor Steve Ruis with a dozen archery technical contributing writers like Larry Wise, Tom Dorigatti and other top international archers. Sole purpose of Archery Focus is to concentrate on improving archer's shooting form and scores.

A.1 Bound booklet has been prepared with listings of current and back Issues and Articles and is held in one of the plastic holders on the door end of the Library cabinet. If anyone wants an Issue or article for your own use - email me (randallcoon@bigpond.com) for the information or borrow the Archery Focus DVD from the AAC Library.

A.2 Image of the new, current **NOVEMBER 2014** Archery Focus Magazine and articles are as left:

Randall Coon

OFFICER DUTIES HANDBOOK

Thank you to Tony Loi who has scanned the Officer's Handbook. Could all Officers please read and update the handbook if necessary. A copy can be requested from Secretary Bill Carney.

DATES TO REMEMBER



December 13th - Annual Trophy Presentation, Novelty Day - 11 am AAC Last Programmed shoot for the year. Name on Board by 7th December for Catering. Each family please bring Salad or Sweet.



January 11th 2015 - St Sebastian Tournament - Normal Shooting Time - Meal Provided Name on Board by 13th December for Catering please



January 8th 2015 - Archery SA Meeting, 7.30 pm



January 9th, 2015 - Adelaide Archery Club Meeting 7.30 pm ****Note Change of Date****



January 10th, 11th 2015 - Archery Australia National Matchplay Series Event No 2 - Victor Harbor Archery Club - Details archery.org.au



January 17th, 18th, 19th, 2015 - Blue Lake Invitation Tournament - Indoor, Target and Clout. Blue Lake Archers, Mount Gambier. Details & Entry on-line at Archery SA



January 25th, 2015 - Archery SA Australia Day Field - Eden Field Archers - Details & Entry Archery SA

CLUB SPONSORS

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www.archeryacademy.com.au

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