



Turrumurra Bowling Club



GAZETTE - NOVEMBER 2014

A DATE FOR YOUR DIARY

CHRISTMAS CAPERS WITH SHAUN & DINNER

7.00 for 7.30

SATURDAY 13th DECEMBER

\$35.00 a head payable to the bar or Sue Hamilton



Put the date in your diaries numbers limited



REVERSE CHRISTMAS TREE

WE ARE COLLECTING NEW GIFTS THAT WILL BE DONATED TO THE SALVATION ARMY.

PLEASE DO NOT WRAP THE GIFTS.

GIFTS CAN BE LEFT AT THE CHRISTMAS TREE ON THE STAGE.

GIFTS SUITABLE FOR ANY AGE CHILD TO ADULT, MALE OR FEMALE

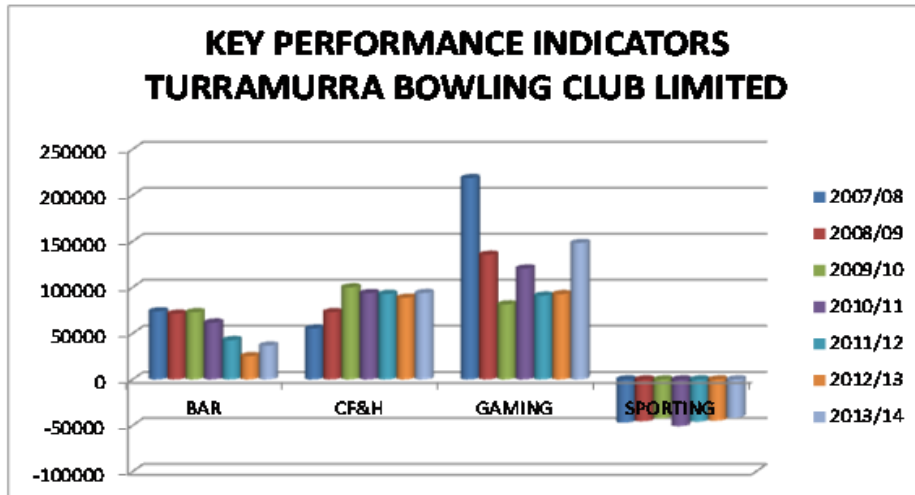
BOWLING PROGRAM FOR ALL MEMBERS FOR NOVEMBER

SUN	2	NOV	All	Open Handicap Pairs	OP 5	
SUN	2	NOV	All	Zone 9 Mixed Pairs Challenge		Zone 9
SUN	9	NOV	All	2nd Sunday Jackpot Mixed Pairs		CENTURY 21 Cordeau Marshall
SUN	9	NOV	All	Mixed Pairs Championships	MP4	CENTURY 21 Cordeau Marshall
SUN	9	NOV	All	Zone 9 Mixed Pairs Challenge		Zone 9
SUN	16	NOV	All	3rd Sunday Mufti		CENTURY 21 Cordeau Marshall
SAT	22	NOV	All	Sponsored Day		SOUTHERN SUN SKIN CLINIC
SUN	23	NOV	All	4th Sunday		CENTURY 21 Cordeau Marshall
SAT	29	NOV	All	Sponsored Day		CENTURY 21 Cordeau Marshall
SAT	6	DEC	All	Sponsored Day		McCARROLL'S AUTO GROUP
SUN	7	DEC	All	1st Sunday Century 21 Handicap Pairs		CENTURY 21 Cordeau Marshall
SAT	13	DEC	All	Sponsored Day		CENTURY 21 Cordeau Marshall
SUN	14	DEC	All	Volunteers Day		CENTURY 21 Cordeau Marshall

HAMO's TeeBeeCee REPORT

FINANCIAL

- ◆ P&L covering the first six months of our 2014/15 financial year shows a loss of \$244 which is \$27,245 better than for the same period last year (i.e. loss of \$27,490).
- ◆ YTD Profit before allowing for depreciation is \$41,451.
- ◆ Total current assets of \$283,817 (\$268,600: 2013) includes cash assets \$239,418 (\$225,731: 2013) providing us with a sound financial base.



HOUSE

- ◆ Gaming Machine Net Clearances are **up** by \$35,226 (46%) with turnover increasing by \$135,971 over the same period last year. Return to player YTD is 88.86%.

BOWLS & MEMBERSHIP (TB&MC)

Position as @ 22/10/14 = Voting Membership 246, Social Membership 387: Total = 633.

Welcome to our twelve (12) new social members.

MEN'S BOWLING CLUB (TMBC)



Congratulations to Aaron Jarosz and Cec Thomson on their respective performances in advancing to the Minor Singles Final: On the day of the final Aaron was too consistent and focused, playing a near faultless game of singles. Cec tried hard until the final shot but Aaron produced all the shots required with the final score being 31/11. We are looking forward to watching the progress of these two relatively new bowlers.



- ◆ The Final of the 2014 Club Fours Championship is scheduled for Saturday 8th November: to be contested by Peter Abdallah, Bob Southam, Geoff Cooper & Bob Abdallah against Adam Calvi, Roy Gregory, George Appleby & Dugald Braithwaite. Promises to be a tussle worth watching, especially if semi final performances are repeated by both sides. In the semis, Bob's team defeated Wayne Galloway's team 23/14 with Dugald's team winning 18/14 against Bob Hawtree's team.
- ◆ The long awaited final of the 2014 Club Triples Championship has been scheduled for Wednesday 12th November with the combatants being Cec Thomson, Simon Fowler & Geoff Hamilton against Luka Simunovic, Chris Bergman & Ced Lewis.

PRESIDENT'S REPORT LADIES CLUB

As always Friends Day was a lovely day seeing friends from other clubs and sharing catch up news with others. Everyone was given a bowls friendship pin which they can wear as part of uniform or on their hat cap or visor.

Congratulations to all the ladies on winning the Jean McKinnon trophy the last time Mid North Shore will be engraved on it with the merger with Lower North Shore! The Anita Linden Shield was played at Mosman with our group winning, I was fortunate to be selected to play in this event.

We look forward to our Melbourne Cup day of fun laughter and a few sweeps. Don't forget to invite your husband, partner or bowling friend to come along.

Di Taylor will start to collect names for our Christmas lunch, Tuesday 16th December. Cost \$20.00 Christmas Capers with Shaun and Dinner and Mixed Presentation Night will be on Saturday 13th December. The cost is \$35.00 numbers will be limited so get your names down early.

We have two members on the sick list, Beth Rushworth and Val Pike. We wish them both a speedy recovery.

Good bowling to our players playing in the Ku-ring-gai Shield in a couple of weeks, go well.

Kind regards

Sue Hamilton President

MIXED BOWLS REPORT

The Mixed Pairs Championship is still under way with some teams delayed because of clashing dates (State, Zone etc.) The team of Annette and Harvey Fuller have fought their way to the final and await the outcome of matches to be played.

The Final of the Open Handicap Pairs Championship was narrowly won by **Di and Bob Hawtree** over John Turvey and Albert Browne. It was 19-17 going into the last end. (Di got the shot on the last end).

Again don't forget Friday Mixed Bowls. All bowlers are very welcome and will enjoy a laid back afternoon. This is ably run by Dorothy McDermott who deserves better recognition for holding this event.
WP.

MAHJONG AND CARD DAY

Mahjong afternoon will be November 3rd and again on Monday 1st December. The last Card day for this year will be 17th November, followed by a delicious Christmas lunch.

Please come, all are very welcome. Price is \$25 for play and Christmas lunch.

The first card day in the New Year will be Monday 19th January, 2015. For further enquiries please ring Jeanette Staniland Ph; 9489 5616. Have a lovely time.

Message from Chairman

Bowls Australia have just launched a brand new eNewsletter called "Holding Shot". Some of our members may wish to subscribe to this publication.

<https://confirmsubscription.com/h/d/5465C282A2BD3A58>

MENS AND MIXED BOWLS PROGRAM FOR NOVEMBER & DECEMBER

SAT	1	NOV	M	Ron Christie Trophy V St Ives BC		
SUN	2	NOV	M	1st Sunday Century 21 Handicap Pairs		CENTURY 21 Cordeau Marshall
SUN	2	NOV	All	Open Handicap Pairs	OP 5	
SUN	2	NOV	All	Zone 9 Mixed Pairs Challenge		Zone 9
WED	5	NOV	M	Sponsored Day / Les Wadham Shield	LW7	CENTURY 21 Cordeau Marshall
SAT	8	NOV	M	Club Fours Championships	F4	GUARDIAN FUNERALS
SUN	9	NOV	M	Handicap Pairs Championships	H5	
SUN	9	NOV	All	2nd Sunday Jackpot Mixed Pairs		CENTURY 21 Cordeau Marshall
SUN	9	NOV	All	Mixed Pairs Championships	MP4	CENTURY 21 Cordeau Marshall
SUN	9	NOV	All	Zone 9 Mixed Pairs Challenge		Zone 9
WED	12	NOV	M	Sponsored Day		I.G.A. BOBBIN HEAD ROAD
SAT	15	NOV	M	Club Fours Championships	F5	NORTH TURRA PHARMACY
SUN	16	NOV	All	3rd Sunday Mufti		CENTURY 21 Cordeau Marshall
WED	19	NOV	M	Sponsored Day		McCARROLL'S AUTO GROUP
SAT	22	NOV	All	Sponsored Day		SOUTHERN SUN SKIN CLINIC
SUN	23	NOV	All	4th Sunday		CENTURY 21 Cordeau Marshall
WED	26	NOV	M	Sponsored Day		ASNU GROUP OF TRADES
SAT	29	NOV	All	Sponsored Day		CENTURY 21 Cordeau Marshall
SUN	30	NOV	M	5th Sunday Special Day	Double S	CENTURY 21 Cordeau Marshall
WED	3	DEC	M	Sponsored Day		GUARDIAN FUNERALS
SAT	6	DEC	All	Sponsored Day		McCARROLL'S AUTO GROUP
SUN	7	DEC	All	1st Sunday Century 21 Handicap Pairs		CENTURY 21 Cordeau Marshall
WED	10	DEC	M	Sponsored Day		Turrumurra COMMUNITY BANK
SAT	13	DEC	All	Sponsored Day		CENTURY 21 Cordeau Marshall
SUN	14	DEC	All	Volunteers Day		CENTURY 21 Cordeau Marshall
WED	17	DEC	M	Sponsored Day		SOUTHERN SUN SKIN CLINIC

Turrumurra **Community Bank**[®] Branch  **Bendigo Bank**

Are you planning an overseas holiday?

With great exchange rates and products, Turrumurra Community Bank[®] Branch is more international than you think.

With foreign cash in more than 30 currencies, pre-paid travel cards, travellers cheques, travel insurance, debit and credit cards, plus access to specialist advice on telegraphic transfers and foreign currency drafts, we're much more international than you think.

With highly competitive exchange rates and quality products and services, the team at Turrumurra **Community Bank**[®] Branch of Bendigo Bank is your perfect travel companion.

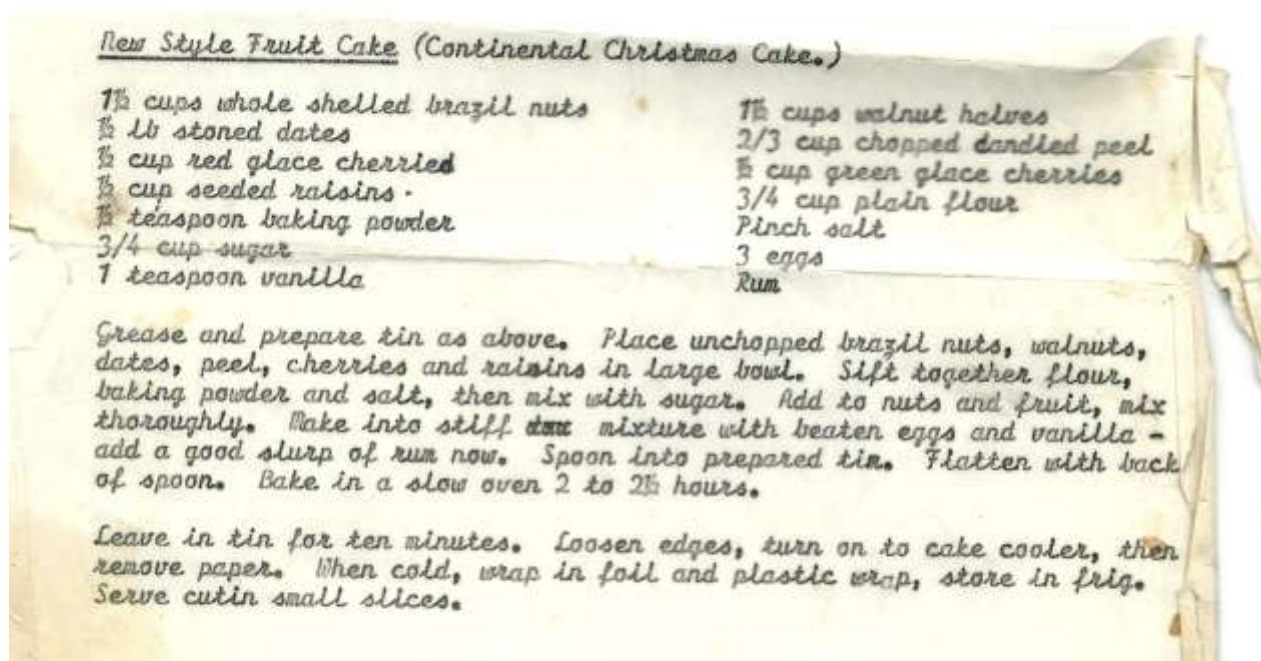
There are also more than 840,000 ATMs overseas which will accept your Bendigo Bank card. While travelling overseas, you can make withdrawals in local currencies from your Bendigo Blue, Bendigo Red, Bendigo Gold, Bendigo Business Card and Bendigo Easy Money accounts at selected ATMS. For ATM locations overseas visit www.visa.com or www.mastercard.com.

Drop into the branch at 1273 Pacific Highway, Turrumurra, email us at turrumurra@bendigobank.com.au or phone us on 9488 9496 and talk to us today about all your foreign exchange needs.

LADIES BOWLING PROGRAM FOR NOVEMBER AND DECEMBER 2014

Tue 4	NOV	Social bowls - Melbourne Cup	MULTIPLE SPONSORS
Thu 6	NOV	Open Draw Pairs	
Tue 11		Social bowls	CENTURY 21 Cordeau Marshall
	NOV	Ku-ring-gai Shield @ Turrumurra	
Thu 13	NOV	alt Ku-ring-gai Shield Open Draw Pairs	
Tue 18	NOV	Social bowls	TURRAMURRA COMMUNITY BANK
	NOV	Committee meeting	
Thu 20	NOV	Open Draw Pairs	
Mon 24	NOV	MNSD XMAS Meeting	
Tue 25		Social bowls	GUARDIAN FUNERALS
Thu 27	NOV	Open Draw Pairs	
Tue 2	DEC	Social bowls	CENTURY 21 Cordeau Marshall
Tue 9	DEC	Championship photos	
	DEC	Social bowls	
Tue 16	DEC	Christmas lunch	
Tue 23	DEC	NO BOWLS	
Tue 30	DEC	NO BOWLS	

HERE'S A TREAT LADIES A CHRISTMAS CAKE FOR YOU



(Looks a little tatty but it is authentic ripped straight out of my sister in law's mother's cook book. I can guarantee it is delicious. ED) PS, A slow oven probably means 120°.

Have you heard about the Irishman who thought:

Manual labour was a Spanish trade union official?

Slim panatela was a country and western singer?

Chou En-lai was Chinese for bed and breakfast?

Yoko Ono was Japanese for one egg please?

(Did you watch Annabel Crabb the other evening interview Bob Hawke on Kitchen Cabinet? One sentence caught my attention. "I eat canned cherries every day to keep arthritis away" and I made a mental note to ask Geoff to buy some the next day. He bought 7 cans – Woolworths better stock up again. This morning I had a small bowl of canned black cherries (about 8 in all). I decided to google for facts, and below is a statement by Mike Adams the Health Ranger Editor of NaturalNewes.com. As you will see I am desperate, I suffer from arthritis. I started eating cherries from today (23/10/14) and I'll see how I go. I'll give it a month, by then the new season of cherries should be on the market. Join me and let's see how well we'll get?. Eva Morris editor)

(Natural News) I bet the big drug companies wish they had invented cherries -- they've proven to be the most powerful medicine in the world for eliminating gout and reducing the pain and inflammation of arthritis. Cherries are such powerful medicine for gout and arthritis, in fact, the FDA went out of its way to try to muzzle cherry growers, preventing them from *linking to scientific studies on cherries* as a way to censor the information you're about to read here.

If the public finds out the truth about cherries, after all, they won't need arthritis drugs anymore (and Big Pharma will lose billions in profits). As you'll see in the collection of quotes about cherries, gout and arthritis (below), cherries are extremely safe, effective and fast-acting for eliminating swelling and pain. Eating just a few cherries a day keeps uric acid levels in check, preventing any recurrence of gout.

What's a good source for cherries? In addition to buying local organic cherries at natural grocers near you, you can also get cherry concentrates and cherry extracts from a variety of companies. As it turns out, even cooked cherry juice does the trick just as well as raw cherries!

My top recommended sources for cherry products include Brownwood Acres / www.FruitFast.com (which offers an amazing array of fruit concentrate bars and capsules) and www.Vitacost.com (which offers various cherry extract products). See search results here: <http://www.vitacost.com/productResults.aspx?...>

No, I don't have any financial ties with these companies. I just recommend their products. The FruitFast company, in fact, offers fruit softgel capsules, bars, liquids, concentrates and premium dried fruit, too, so you can always have [cherries](#) with you (even when traveling!). They've even introduced CherryFlex for dogs! http://www.brownwoodacres.com/pet_products/

The **Bear Fruit Bar** (www.MorFoods.com) is also a great source of not only cherry concentrates, but other potent fruits as well.

If you suffer from [gout](#) or arthritis, you owe it to yourself to try the therapeutic use of cherries.

The FDA, of course, says cherries aren't medicine. **The FDA is lying to you!** (And they know it.) Cherries ARE medicine, and it's medicine that's safer, more effective and far more affordable than Big Pharma's toxic patented chemicals. Cherries are **medicine that grows on trees**.

The entire pharmaceutical cartel hopes you never find out the truth about cherries. They're depending on your ignorance to keep their profits flowing. Don't let 'em sucker you into taking expensive, dangerous medications when cherries might be all you really need! Try cherries (or cherry concentrate products) first, for at least 30 days. And when your pain vanishes, you can send a thank-you email to Mother Nature for providing this natural medicine to the world.

Read the quotes below to learn astonishing facts about cherries and gout... [Learn more:](#)

http://www.naturalnews.com/026091_cherries_gout.html#ixzz3GulqUe62

have not included the responses below, if you are interested to know (all of them are positive) I'll publish them next month. EM)

PS. It is the 30th now, have been taking cherries every morning for a week. With my hand on heart, I swear, my arthritis pain on my left hand, and pain in my hips has considerably diminished. I imagine the arthritis is still there, BUT the pain is not. I usually take Panadol Osteo but that doesn't work very well for me, but I still persevere. I'll see how I will go, and report next month. ED.

NEW WAY OF STEALING... ESPECIALLY LOOK AT SCENE THREE...

Be sure to read Scene 3. Quite interesting. This is a new one. People sure stay busy. Trying to cheat us, don't they?

SCENE 1.

A friend went to the local gym and placed his belongings in the locker. After the workout and a shower, he came out, saw the locker open, and thought to himself, 'Funny, I thought I locked the locker...Hmm, 'He dressed and just flipped the wallet to make sure all was in order. Everything looked okay - all cards were in place...

A few weeks later his credit card bill came - a whooping bill of \$14,000!

He called the credit card company and started yelling at them, saying that he did not make the transactions.

Customer care personnel verified that there was no mistake in the system and asked if his card had been stolen... 'No,' he said, but then took out his wallet, pulled out the credit card, and yep - you guessed it - a switch had been made. An expired similar credit card from the same bank was in the wallet. The thief broke into his locker at the gym and switched cards.

Verdict: The credit card issuer said since he did not report the card missing earlier, he would have to pay the amount owed to them. How much did he have to pay for items he did not buy? \$9,000! Why were there no calls made to verify the amount swiped? Small amounts rarely trigger a 'warning bell' with some credit card companies. It just so happens that all the small amounts added up to a big one!

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SCENE 2.

A man at a local restaurant paid for his meal with his credit card. The bill for the meal came, he signed it and the waitress folded the receipt and passed the credit card along. Usually, he would just take it and place it in his wallet or pocket. Funny enough, though, he actually took a look at the card and, lo and behold, it was the expired card of another person.

He called the waitress and she looked perplexed. She took it back, apologized, and hurried back to the counter under the watchful eye of the man.

All the waitress did while walking to the counter was wave the wrong expired card to the counter cashier, and the counter cashier immediately looked down and took out the real card. No exchange of words --- nothing! She took it and came back to the man with an apology..

Verdict: Make sure the credit cards in your wallet are yours.

Check the name on the card every time you sign for something and/or the card is taken away for even a short period of time.

Many people just take back the credit card without even looking at it, 'assuming' that it has to be theirs.

FOR YOUR OWN SAKE, DEVELOP THE HABIT OF CHECKING YOUR CREDIT CARD EACH TIME IT IS RETURNED TO YOU AFTER A TRANSACTION!

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SCENE 3:

Yesterday I went into a pizza restaurant to pick up an order that I had called in. I paid by using my Visa Check Card which, of course, is linked directly to my checking Account. The young man behind the counter took my card, swiped it, then laid it on the counter as he waited for the approval, which is pretty standard procedure.

While he waited, he picked up his cell phone and started dialing.

I noticed the phone because it is the same model I have, but nothing seemed out of the ordinary. Then I heard a click that sounded like my phone sounds when I take a picture. He then gave me back my card but kept the phone in his hand as if he was still pressing buttons. Meanwhile, I'm thinking: I wonder what he is taking a picture of, oblivious to what was really going on. It then dawned on me: the only thing there was my credit card, so now I'm paying close attention to what he is doing..

He set his phone on the counter, leaving it open. About five seconds later, I heard the chime that tells you that the picture has been saved. Now I'm standing there struggling with the fact that this boy just took a picture of my credit card.

Yes, he played it off well, because had we not had the same kind of phone, I probably would never have known what happened. Needless to say, I immediately cancelled that card as I was walking out of the pizza parlour.

All I am saying is, be aware of your surroundings at all times.

Whenever you are using your credit card take caution and don't be careless.

Notice who is standing near you and what they are doing when you use your card.

Be aware of phones, because many have a camera phone these days.

Never let your card out of your sight.....check and check again!

Scary isn't it..... New way of STEALING...

Wine and Dine

every Friday night from 6.00pm



ENTREES & EXTRAS

Salt & Pepper Calamari (6 pieces)	\$7.50
Prawn Twisters (4 pieces)	\$7.50
Bowl of Chips	\$4.00

MAIN MEALS

Salmon Steak & Salad	\$18.00
Barramundi & Salad	\$18.00
Seafood Basket	\$16.00
Steak & Salad	\$19.00
Chicken Schnitzel & Salad	\$16.00
2 Sausages & Salad	\$12.00
1 Sausage & Salad	\$11.00
Vegetarian	\$10.00

(Meals include bread roll, dessert and tea/coffee)



Children's Menu is also available.

**Families most welcome
Specials from time to time
—be surprised!**

**MEMBER BENEFIT DISCOUNTS APPLY
THROUGH USE OF YOUR CURRENT MEMBERSHIP CARD**