



'Rookey Development Program' Proposal

OBJECTIVE

- Improve the development of juniors
- Eliminate large numbers in some clubs, no numbers in others
- Decent quality coaching across the board
- Exposure to a wide range of skills from various coaching techniques
- Encourage good "TEAM" habits
- Eliminate individual play and "CLUB" discrimination
- Eventually establish more competitive, confident, competent athletes for representative hockey
- Under 9 field to be marked out as a Rookey field, so the same methods are being taught all the way through

RULES

1. If a child has been affiliated with a club prior to the 2015 season, they may choose to remain with that club, once finished the Rookey Program.
2. **Under 9s playing up:** If a child has already been affiliated with a club prior to 2015, the club (team) needing an athlete to fill in a higher division should take the child who has already played for that club.
3. **New players:** Affiliated to MDHA, from 2015 will be given a choice as which club they prefer, however, MDHA governs the decision, based on numbers per team. "Clubs" should cap their team numbers.
4. All coaches and volunteers are to have a blue card.
5. No Rookey hockey in school holidays at all. When school breaks up so does hockey.

PLAN (Timeline)

- 7:45am - Coaches arrive
- 8:00am – 8:15am - Organise athletes into groups (4-5, 6-7, 8-9 age years)
- 8:15am - Circuit of skills on a rotational basis
- 8:45am – 9:00am - Organise athletes into teams
- 9:00am – 9:30am - GAMES, coaches to umpire with the option to mentor junior umpires