REPORT – LANSW ANNUAL CONFERENCE
Cessnock Leagues Club
Saturday - Sunday, 19 & 20 July 2014

SATURDAY, 19 JULY
Registration of delegates (see end of report)

The President declared the Little Athletics NSW Annual Conference open at 9.51am.

WELCOME
Neil Sandall (President) welcomed all delegates and observers, especially those who were attending their first conference. Neil also introduced all members of the board of management and staff to the attendees.

GUEST SPEAKER – Dual Olympian & Two-Time World Champion; Jana Pittman
“When you get to the end of your rope, tie a knot and hang on.”

Jana Pittman competed in athletics at the Sydney 2000 Olympic Games, and again in Athens in 2004, where she achieved an awe-inspiring fifth place for Australia in the 400m hurdles. Jana clocked a personal best time of 53.22 in the 400m hurdles to win gold in Paris at the World Championships in 2003, and at that time, was crowned the youngest 400m hurdles World Champion in history (male or female). Just months before giving birth to her son, Jana claimed her second world crown at the 2007 World Championships in Osaka.

In 2012, Jana retired from track and field, and after involvement in both rowing and boxing, decided to concentrate on the sport of bobsleigh, in which she achieved 14th place at the Sochi Winter Olympic Games, equaling the best result by an Australian women’s team at the Olympics. Jana is now back in training on the track and is aiming to represent Australia in the 400m hurdles at the 2016 Rio Olympic Games.

Most athletes would have been satisfied with fulfilling their dream of being selected in one Olympic team, however, Jana has been able to regroup, reset her goals and successfully transition from one sport to another – a truly impressive achievement. Jana’s psychological resilience, unrelenting determination and inner motivation has seen her overcome public adversity both related and unrelated to sport.

Jana’s world outside of sport has been equally challenging, and she has gone through some major changes in identity. Currently, Jana is studying medicine full-time with the goal of being an obstetrician, alongside managing her busy Olympic training schedule with being a single mum.
Over the last decade, Jana’s journey has far from been an easy one, and it is self-belief and psychological resilience that has helped her to both excel in, and endure, the elite sport environment. Jana no longer just embraces the identity of an elite athlete, but also that of a dedicated mum and a keen student, among other life roles.

Jana is a great supporter of Little Athletics and was very enthusiastic about attending our conference and promoting a sport that is very close to her heart. We were delighted that she accepted our invitation and continues support of Little Athletics.

Kerry O’Keefe (CEO) presented a gift to Jana Pittman and thanked her for her presentation and for attending our 2014 Annual Conference.

PRESENTATION – McDonald’s Representative
Warwick Boyd – McDonald’s Licensee; Mayfield East Restaurant

Warwick thanked all of the conference delegates for their local and state support of McDonald’s restaurants. He stressed that McDonald’s supports active, healthy lifestyles and does offer healthy options for parents to promote to children. He reiterated that every centre should develop a relationship with their local McDonald’s licensee, as it is very often that they will actively support local community sport and can help with supplies, equipment and fundraising opportunities.

Kerry O’Keefe (CEO) presented a gift to Warwick Boyd and thanked him for his welcoming presentation and for attending our 2014 Annual Conference. She asked that Warwick pass on our thanks to everyone at McDonald’s for their continued support.

REPORT OF THE 2013 ANNUAL CONFERENCE
Having previously been circulated to all centres, was tabled.

Moved Tracey Lioandas (Central West Metropolitan Zone Coordinator), seconded Cathy Shina (Hills District), “that the report of the conference of 20 & 21 July 2013, was a true and accurate record”. CARRIED

Business Arising
Nil.

CONFERENCE THEME – Neil Sandall
“Unity through Identity” ~ More than Just ‘Belonging’ ~

Following last year’s conference in Taree, a focus group was again formed to assist in the formation of agenda topics for the 2014 Annual Conference. Thank you to Sally Richardson, Ron Daniel, Lynne Moore, Glen Taylor, Maria McConville, and Little Athletics NSW staff Kerry O’Keefe, Georgie Boost, Chantelle Grills and Alvin Umadhay for their input. Again, it was agreed to have a theme for the conference – for this year the chosen theme is “Unity through Identity – More than Just ‘Belonging’”.

The conference will focus on the connection and strength of members, which does not come through merely ‘belonging’ to the membership. In this modern day society, where families are managing busy schedules and many priorities, the desire to engage in the sport needs to be valued. Whether your position as a member assigns you to defined group, such as, a volunteer official, parent-helper, centre committee member, age manager, coach, parent or Little Athlete, the strength of the sport will come through all of these groups acting together as one identity.
BOARD & STAFF PANEL
All directors and staff who had reports in the Conference Book were asked to prepare for questions that may be addressed to them regarding their submitted reports. As the Conference Book was forwarded to all attendees, and therefore taken as read, attendees had the opportunity to ask questions of the board and staff.

Questions & Answers

ADMINISTRATION – Kerry O’Keefe (CEO)
Legislation Compliance Workshops/Seminars
Gordon Costello (South West Metropolitan Zone Coordinator): How can having only one person in attendance at the seminars ensure that there is someone at the centre in future seasons who has this essential knowledge?
Kerry O’Keefe (CEO): The compulsory attendance of one person from each centre is to ensure that someone at every centre gets the information to take back to the centre and advise the centre committee on the legislation and ensure the centre will be in compliance with the Working with Children Check requirements. We would however love to see more than one person from each centre attend. Little Athletics NSW aims to continue further education seminars for the following season, but at this stage we cannot confirm if these will be obligatory for centre members to attend. Centres are reminded that if they have more than one person interested in the session, there is no limit to the number of people attending from a centre; the more people up-to-date with the information, the better. Feedback is encouraged from centre members regarding the proposed dates, venues and coverage of the state-wide seminars.
Simon Nicola (Winston Hills): Could we get clarification of some of the terminology that is being used in the legislation, for example, what is the definition of ‘close relative’?
Kerry O’Keefe (CEO): This season’s roll-out of Working with Children Check seminars will look at athletics more specifically and will provide more information on specific terminology, such as that. It is these sorts of questions that will be explained at the seminar.

WHS (Work, Health & Safety) Legislation
Gordon Costello (South West Metropolitan Zone Coordinator): It is not feasible to expect centres to have the time to train all parent volunteers who will be involved with operations at the centre and the weekly competition.
Kerry O’Keefe (CEO): We must respect that all volunteers are offered the same risk management, safety and guidance that would be offered to paid employees. Their safety is no less important. In light of this, centres should provide volunteers with basic orientation and instruction with regard to safety measures, and endeavour to ensure that all members maintain a safe working environment. Much of the Work, Health, Safety requirements are really common sense.

Bravehearts
Ed Batten (Central Coast Zone Coordinator): Regarding the newly introduced collaboration between Bravehearts and Little Athletics, what does this partnership involve?
Kerry O’Keefe (CEO): Bravehearts has been working closely with the Little Athletics national office, as a logical partnership creating awareness and educating volunteers on the importance of child protection. A national Child protection Policy, being developed by Bravehearts for Little Athletics will be rolled out in the near future.

BUSINESS DEVELOPMENT – Michael Gray (Business Development Director)
Sponsorship
Allan Johnson (South Coast Highlands Zone Coordinator): Centres were sent an email requesting details in regards to any sponsorship they may have with real estates or financial institutions.
There is an assumption that this would be to establish if there would be a considerable conflict of interest with a state sponsor. Are we in negotiation with a state sponsor in these industry sectors?

*Michael Gray (Business Development Director):* Essentially, we are looking to avoid instances where there is a direct conflict of interest, or where a centre’s main source of funding would be affected by a new sponsor. Real estate and banking institutions are being considered for silver sponsorship, however Little Athletics NSW is only in the early stages of discussion in regard to potential partnerships.

*Carmen Jones (Randwick Botany):* If Little Athletics is successful at negotiating a sponsorship with a financial institution, will the terms of the contract require that all Little Athletics centres switch to using their bank for centre accounts?

*Kerry O’Keefe (CEO):* The terms of potential contracts has not even been explored at this stage, however, if the financial institution could offer some highly advantageous incentives for switching to their accounts, we would of course encourage all centres to do so.

*Michael Gray (Business Development Director):* Michael encouraged any conference attendees who have a contact in a company that could be a potential sponsor, to please put these forward and contact the Little Athletics NSW office.

**CHAMPIONSHIPS/COMPETITION – Heather Mitchell (Championships Director)**

*Competition Program 2014/2015*

*Steve Jones (Bankstown Sports):* Given the opposition to zones being held prior to Christmas, are we not considering this as a discussion item, as there are a number of zones struggling to find venues for these dates and would still prefer a date in January?

*Heather Mitchell (Championships/Competition Director):* This topic was again discussed at the zone coordinator workshop and all zones were advised that the board’s decision stands. Only 3 zones out of the 24 took place after Christmas this season, and Little Athletics NSW is looking after the majority of the athletes by ensuring some level of consistency with regard to time of year and amount of training leading up to zone championships.

**INCOME & EXPENSE BUDGET 2014/2015 SEASON – Greg Dickson (Resources Director)**

Greg Dickson requested that conference attendees raise any queries regarding the budget for the upcoming season. No questions were put forward from the floor.

Moved Greg Dickson (Resources Director), seconded Craig Scott (Kiama), “that the Income & Expense Budget for 2014/2015 be accepted”.  

CARRIED

**PRESENTATION – National Little Athletics Sponsor: Jetstar**

*Dereck Fineberg – Little Athletics Australia; President*

Dereck made a formal announcement to conference attendees to advise them that Jetstar and Little Athletics Australia exchanged contracts on a major partnership on Friday, 18 July. The attendees were advised that there will be a national launch this coming week, and therefore they need to act with discretion until the partnership has been formally publicised. The sponsorship contract is for a period of two years and Jetstar now reserves the naming rights for Little Athletics and will be part of the Little Athletics branding and the logo.

*Ed Batten (Central Coast Zone Coordinator):* With regard to the new branding and logo, zone coordinators received banners last year that were to be showcased at Little Athletics zone and region championships. Will Little Athletics NSW be replacing these banners for this season, or will we be authorised to use the current banners?
Kerry O’Keefe (CEO): Little Athletics Australia understand that there will be a period of transition whilst all of our current stock is exhausted and we will not have to update all logos straight away. The cost would be exorbitant to change all branding immediately. Once we can prioritise what branding needs to be changed and make this transition process affordable, we can consider purchasing things like the 48 replacement banners for zones. At this stage, zone coordinators are encouraged to continue using their current stock/signage. Of course anything ordered from this point will have the new logo. Centres that are intending to use the Little Athletics logo still need to request permission from the Little Athletics NSW office, and from this season going forward will need to use the Jetstar Little Athletics logo. Centres are encouraged to obtain their own centre version of the logo and can do so by contacting Chantelle at the LANSW office.

DISCUSSION ITEMS

D1. ZONE/REGION/STATE – RELAYS – SOUTHLAKES

*Rules of Competition, Section D, Competition, Zone/Region/State Track & Field Championships*

Delete 1.7 v. Age Substitution and amend 1.7 iii. Team Composition a. and b., to now read:

1.7 Relay Events – Rules of entry

iii. Team Composition
   a. Junior – athletes must be from the U/9, U/10, U/11 and U/12 age groups, so that the total sum of the age groups of the four athletes be less than or equal to 42, with no more than 2 athletes per age group.
   b. Senior – athletes must be from the U/13, U/14, U/15 and U/17 age groups, so that the total sum of the age groups of the four athletes be less than or equal to 59, with no more than 2 athletes per age group.

Explanation:
Many smaller clubs cannot enter a relay team with current restrictions. They simply do not have competitors in each age group.

The team composition suggested allows for many different combinations. Making it available for most clubs to compete. It’s not hard to administer as all is needed is the ability to count.

Current rules mean that an athlete who doesn’t want to run “has to” to form the relay. Where as an athlete who “wants to” run can’t.

Relays are the chance for individual athletes to become a part of a team. Great for the spirit of the club. Most people will cheer for their child or a friends but everyone cheers for their club in a relay. It would be great to see 8 lanes of relay teams at zones and regions.

Steve Jones (Bankstown Sports): Requested a point of order. As there are many items relating to relays, can we firstly see if there is support for a change to the rules of competition for relays? requested if there needs to be a change on the rules of competition for relays. If the membership first ascertains whether a change is wanted, then we can continue to assess each discussion item to see which option is preferred.

Neil Sandall (President): Ascertained whether the conference delegates supported the current ruling on substitution for relay events.

Voting - SHOW OF HANDS

NOT SUPPORTED
Neil Sandall (President): Reassured the conference delegates that all items regarding relay events (Discussion Items D1-D6) would be addressed individually, and even in the case of a discussion item being supported, this would not negate the other discussion items.

Moved Colin Muir (Southlakes), seconded Mavis Godber (Westlakes), that D1 be accepted.

Voting - SHOW OF HANDS

NOT SUPPORTED

D2.  ZONE/REGION/STATE – RELAYS – EXECUTIVE

Rules of Competition, Section D, Competition, Zone/Region/State Track & Field Championships

Delete current rules
1.7 Relay Events – Rules of entry and
1.8 Team Progression - Zone to Region, Region to State

Replace with
1.7 Relay Events – Rules of Entry and Team Progression
i. Centre Teams
   Centres may enter a maximum of 1 relay team in each division.

ii. Divisions
   a. Boys Junior
   b. Girls Junior
   c. Boys Senior
   d. Girls Senior

iii. Team Composition
   a. Junior - 4 athletes: 1 x Under 9, 1 x Under 10, 1 x Under 11 and 1 x Under 12
      Note:
      • The Under 12 may be replaced by an Under 9, Under 10 or Under 11
      • The Under 11 may be replaced by an Under 9 or an Under 10
      • The Under 10 may be replaced by an Under 9

   b. Senior - 4 athletes: 1 x Under 13, 1 x Under 14, 1 x Under 15 and 1 Under 17
      Note:
      • The Under 17 may be replaced by an Under 15, Under 14 or Under 13
      • The Under 15 may be replaced by an Under 14 or and Under 13
      • The Under 14 may be replaced by an Under 13

iv. Eligibility
   Minimum Age - Athletes must be genuine Under 9 and older.

v. Age Substitution
   No age substitution is allowed apart from that shown in iii. above.

vi. Team Progression - Zone to Region
   • 2 zones = first, second and third
   • 3 zones = first and second
   • 4 zones = first and second
Where direct entry to Region is used for Under 13 to Under 17 athletes, only 1 team per centre may compete in the senior divisions at the Region Championships. Note this may necessitate heats and a final at Region Championships.

vii. Team Progression - Region to State
1 team per division will progress from Region to State

viii. Once the team qualifies athletes may be replaced as required.

Explanation
For many years centres have struggled to enter relay teams into zone, because they need to abide by the current rule in the Rules of Competition regarding team composition and age substitution. Many smaller centres (and some larger centres) do not have athletes registered or competing at zone in certain age groups, or the athlete does not wish to run in the relay. This results in the inability to enter a team and therefore disappointment for the centres and the other athletes.

This discussion item will rectify this issue, with most restrictions taken away from this rule. Centres will now able to enter athletes into both the Junior and Senior relay teams, as long as the team is comprised of athletes in the correct ‘division’ i.e. In the Junior Relays athletes must be in the U9 to U12 age groups and in the Senior Relays, athletes must be in the U13 to U17 age groups. Substitutions can be made from any lower age group in that division.

We have also included that once the team has progressed through to the next level, replacements in the team can be made as long as the replacement athlete is in the correct division (i.e. if an U12 athlete needs to be substituted, an U9, U10 or U11 athlete can be that substitute). Replacements at the next level, no longer have to be from the same age group as the athlete being replaced.

With this new rule in place, the majority of our centres should now be able to enter relay teams into the zone championships with the hope of progressing through to region and state.

Allan Johnson (South Coast Highlands Zone Coordinator): Requested a point of order to ascertain when a substitution can take place and who is responsible for the decision making in regard to substitution of athletes.

Heather Mitchell (Championships/Competition Director): The decision remains with the centre team manager or through the same way that a relay would usually be selected. It is the prerogative of the team manager whether they chose to opt for the substitution of a younger athlete or not.

Kane Findlay (Tallawong Park) & Mavis Byrne (Nepean): Noted that the U13 age group does not allow a substitution in this scenario.

Maria McConville (Holroyd): Stated that it would be unfair to have 4 U9’s competing against a team with all of the age groups.

Simon Nicola (Winston Hills): Supported the ruling, especially in light of those centres who do not have enough athletes to participate in the relays. This ruling would allow them to submit a team to compete.

Moved Heather Mitchell (Championships/Competition Director), seconded Simon Nicola (Winston Hills), that D2 be accepted.

Voting - SHOW OF HANDS SUPPORTED
D3. ZONE/REGION/STATE – RELAYS – WALLSEND RSL

Rules of Competition, Section D, Competition, Zone/Region/State Track & Field Championships

Amend Rules 1.7 v. a. Age Substitution to now read:

v. Age Substitution
   a. **If a centre does not have any competitors in one of the age groups (U9 – U15) willing to compete in the relays at the Zone Championships**, a competitor from the age group below (minimum U9) is allowed to go up one age group for the purpose of entering a relay team. If the team qualifies, the age composition of that team shall remain the same through the progression to Region and/or State. **NB. U12 athletes cannot go up to compete in the Senior Relay.**

Explanation:
Each year it is very difficult organising relay teams. It is made harder by the above rule. Other teams must be finding this too as several clubs at Zone did not have teams competing.

Firstly, we had issues one year with a 15 year old shot putter, competing only in that one event, which happened to be on Sunday, who we had to convince to run in the relay even though she didn't want to as she was the only 15yo female registered with our club. We had younger children who would have been happy to compete but they were not allowed. She is a shot putter, not a runner and shouldn't be forced to do something she doesn't feel capable or interested in doing. There should be free will and the right to refuse without the club suffering as a result and to avoid the child feeling guilty that they let the club down. This child has not reregistered this year as I suspected she wouldn’t.

It made us look at the rules a bit more closely. In our club, for various reasons, we have some very talented athletes that do not do certain activities on Sundays, so at the Zone Carnival, they only compete on Saturday. These reasons include religious reasons, other sporting commitments, athlete work commitments, parent work commitments and time constraints on family groups. Also, our senior girl groups are very small. If the only athletes in an age group that enters Zone are the athlete who cannot or do not want to compete on Sunday, then our club cannot, according to the present rules, enter a relay team in this group for the year and so the whole club suffers as a result in this situation, a relay could have been entered if the rule was changed so that substitutions could be made with lower age group athletes who were there willing and able to compete on Sunday. We should be encouraging more participation by removing inclusion difficulties, especially in the relays that encourage so much team spirit and fun.

Moved Monica Kumar (Wallsend RSL), that D3 be accepted. No-one seconded this discussion item.

LAPSED

D4. ZONE/REGION/STATE – RELAYS – WALLSEND RSL

Rules of Competition, Section D, Competition, Zone/Region/State Track & Field Championships

Amend Rules 1.7 v. a. Age Substitution to now read:

v. Age Substitution
   a. If a centre does not have any competitors in one of the age groups (U9 – U15) willing to compete in the relays at the Zone Championships, **a competitor from an age group below (minimum U9) is allowed to go up to a higher age group** for the purpose of entering a relay team. If the team qualifies, the age composition of that team shall remain the same through the progression to Region and/or State. **NB. U9-U12 athletes cannot go up to compete in the senior relay.**
Explanation:
Each year it is very difficult organising relay teams in smaller sized clubs. It is made harder by this rule.

The problem in our club is that for various reasons, we have some age groups that don’t compete often at Championship Competitions. There may only be 2 athletes in a group, sometimes 1, occasionally 0. Every year there are issues with filling in the relay teams with appropriate ages due to the limited athletes available. This year we had a junior team that couldn’t compete due to the difficulties with ages. We had 2x U9, 1x U10, no U11 and lots of U12 and all really keen to run. We could have done U9, U9, U10 and U12 but due to the rules we weren’t allowed as the athlete can only go up one age group and the U10 had to stay in his age group and not go up at all. This is ridiculous where we had enough boys there in the U9-U12 group but the rule prevented them from running for no obvious reason. There was no advantage in it for us; there would have been an age disadvantage but we didn’t expect to win, just have fun competing. It was a terrible waste and the boys were very disappointed. Why not have 4 younger athletes in a relay, if the athletes in other age groups are not present, just for fun? No other clubs are disadvantaged. Maybe if they trained hard and the other teams get disqualified they may still win. Anything can happen when you are allowed to join in. We should be encouraging more participation by removing inclusion difficulties, especially in the relays that encourage so much team spirit.

Cathy Eaton (Northern Metropolitan Zone Coordinator): Recognises the importance of athletes who are willing to participate and therefore does support that the composition of athletes remains the same from one level to the next.

Gordon Costello (South West Metropolitan Zone Coordinator): Acknowledged that centres very often cannot continue the same format as they are very limited by the athletes they have in attendance at the next level of championships.

Moved Monica Kumar (Wallsend RSL), seconded Cathy Eaton (Northern Metropolitan Zone Coordinator), that D4 be accepted.

Voting - SHOW OF HANDS NOT SUPPORTED

D5. ZONE/REGION/STATE – RELAYS – WALLSEND RSL

Rules of Competition, Section D, Competition, Zone/Region/State Track & Field Championships

Amend Rules 1.7 v. a. Age Substitution to now read:

v. Age Substitution
   a. If a centre does not have any competitors in one of the age groups (U9 – U15) actually competing on Sunday at the zone championships, a competitor from the age group below (minimum U9) is allowed to go up one age group for the purpose of entering a relay team. If the team qualifies, the age composition of that team shall remain the same through the progression to Region and/or State. NB. U12 athletes cannot go up to compete in the senior Relay.

Explanation:
Each year it is very difficult organising relay teams. It is made harder by the above rule.

The problem in our club is that for various reasons, we have some very talented athletes that do not do certain activities on Sundays, so at the Zone Carnival, they only compete on Saturday. These reasons include religious reasons, other sporting commitments, athlete work commitments, parent work commitments and time constraints on family groups. We also have had age groups that only involve one athlete nomination at Zone Championship.
If the only athletes in an age group that enters Zone are the athlete who cannot compete on Sunday, then our club cannot, according to the present rules, enter a relay team for the year and so the whole club suffers as a result. The same problem may occur in subsequent years for the same reason.

In this situation a relay could have been entered if the rule was changed so that substitutions could be made with lower age group athletes who were actually there competing on Sunday. We should be encouraging more participation by removing inclusion difficulties, especially in the relays that encourage so much team spirit.

Ray Shina (Hills District): Asked that the Little Athletics NSW board consider all of the discussion on these items and format discussion item D2 to cover all of the scenarios put forward through the other discussion items.

Moved Monica Kumar (Wallsend RSL), that D5 be accepted. No-one seconded this discussion item.

LAPSED

D6. ZONE/REGION/STATE – RELAYS AGE SUBSTITUTION – TALLAWONG PARK

Amend 1.7 v. Age Substitution and vi. Injured Athlete, to now read: -

v. Age Substitution
   a. Centres with a total of more than 200 registered members from the previous season in the age groups U8 to U17 that does not have any competitors in one of the age groups (U9 – U15) actually competing at the zone championships, a competitor from the age group below (minimum U9) is allowed to go up one age group for the purpose of entering a relay team. If the team qualifies, the age composition of that team shall remain the same through the progression to Region and/or State.

   b. Centres with a total of 200 or less registered members for the previous season in the age groups U8 to U17 can substitute, a competitor from the age group below (minimum U9) in one of the age groups (U9 – U15) for the purpose of entering a relay team. If the team qualifies, the age composition of that team shall remain the same through the progression to Region and/or State.

   c. If a centre does not have any competitors in the U17 age group actually competing at the Zone Championships, an additional competitor from the U13, U14 or U15 age groups is allowed to go up to replace the U17 athlete for the purpose of entering a senior relay team. If the team qualifies, the age composition of that team shall remain the same through the progression to Region and/or State.

vi. Injured athlete
Centres with a total of more than 200 registered members from the previous season in the age groups U8 to U17 whilst competing during a championships competition, should a relay team member be injured, and on confirmation by the medical officer of that injury and this athlete cannot be replaced by another same age athlete, they may be replaced by an athlete from the next lower age group (except for U9 age group).
**Explanation:**
Two reasons for rule amendments:

1. Take away the restriction of an U/12 athlete substituting an U/13 athlete in the senior relay. We feel that this rule is outdated as under 12 athletes compete with the senior athletes at state relays.

2. Split the rules for larger and smaller clubs to substitute competitors. Using the state relay definition of a smaller club we can allow smaller clubs more flexible allowances to replace athletes. This is because smaller clubs have less athletes to draw from when entering relay teams or replacing athletes due to injury.

**Gordon Costello (South West Metropolitan Zone Coordinator):** Progression of teams may not be possible, as some centres will not be able to continue the consistent combination of age groups through progression from zone to region to state.

Moved Brad Bunting (Tallawong Park), that D6 be accepted. No-one seconded this discussion item. **LAPSED**

**D7. COMPETITION UNIFORM – CAMPBELLTOWN**

*Rules of Competition, Section A, Competition, General Competition, Uniform*

Delete 1.3 Uniform v. and amend 1.3 iv, to now read: -

**1.3 Uniform**

iv. **Athletes** can wear plain compression/bike pants in colour of centre uniform with no logos or contrasting stitching as an outer garment. If they wear compression/bike pants with logo or contrasting stitching they must wear as an under garment, underneath their scungies/shorts.

**Explanation:**
We feel this rule is not a fair ruling, as it is okay for the girls to wear tights, therefore, the boys should have the same rights to wear tights. Clubs are now having tights in club design manufactured. We encourage our dual athletes to do Athletics NSW meets, whereby they can wear tights, but with the rule as it is they need two uniforms and this is an added cost to families. If we are here for the athletes, then let the boys wear tights, as this is what they prefer.

**Mavis Godber (Westlakes):** Feels that this would become a child protection issue and that parents feel uncomfortable with other people’s children wearing tights and revealing the shape of their private parts to the general public and younger athletes, especially with the older age groups who are mature.

**Cathy Eaton (Northern Metropolitan Zone Coordinator):** Supports the discussion item, as athletes should expect to compete as they would compete in seniors.

**Simon Nicola (Winston Hills):** Against the discussion item as he believes the centres have a duty of care to protect the decency of the children and not expose the volunteer parents to situations that could make them feel uncomfortable, or encourage any unwanted opportunistic attention to Little Athletes.

**Steve Jones (Bankstown Sports):** Feels that this discussion item should be supported, but if concerns are raised regarding decency, then a decency clause could be written into the ruling to ensure that Little Athletes and volunteer parents are honouring the duty of care and child protection requirements.
Moved Terry Manns (Campbelltown Collegians), seconded Paul Kirkness (Ingleburn), that D7 be accepted.

Voting - SHOW OF HANDS SUPPORTED

D8. STATE RELAYS – HEATS TO FINALS 4 x 400m – HOLROYD

Rules of Competition, Section D, Competition, State Relay Championships

Amend 2.8 Qualification to Finals iii. Add new iv, to now read:

iii. In all track events, with the exception of the 4 x 400m, the heat winners plus the next fastest times to fill the available lanes shall proceed to the final.

iv. For the 4 x 400m, the qualification for the final, to be:
   a. Two heats – first three placings and next two fastest times
   b. Three heats – first and second plus next two fastest times
   c. Four heats – first two in each heat

Then renumber all remaining points.

Explanation:
The present system of qualifying for the final of the 4 x 400 metres, of heat winners and then fastest times, is far too taxing for middle distance athletes. They have to run flat out in their heat, to be sure of qualifying for the final, and often have very little left when it comes to running the final, especially in the late November heat. The present system of qualifying is fine for the shorter distance races, but not for such a taxing event as 400 metres.

Moved Maria McConville (Holroyd), seconded Annette Tillman (Warradale), that D8 be accepted.

Voting - SHOW OF HANDS NOT SUPPORTED

D9. RELAYS – STATE TRACK & FIELD – NUMBER OF TEAMS – SUTHERLAND

Rules of Competition, Section D, Competition, Zone/Region/State Track & Field Championships

Amend 1.1 Eligibility vii. and add new viii. to now read:

1.1 Eligibility

vii. Regions will be allowed a minimum of 1 relay team.

viii. The next best clear relay team performance across all regions, for all division, to a maximum of 9 teams per division.

Explanation:
This will bring the qualification standards for the relay teams into line with all other events whereby additional qualifiers are able to progress based on performance. In no other event are the qualification standards as cut throat as they are for the relay teams, with currently only the winning team from each region progressing.

There are enough lanes at SOPAC to accommodate additional relay team progression at State and it has no impact on the carnival program. The rule change would ensure that the best relay teams across all regions are given the opportunity to compete at State Championships.

No Sutherland delegate was in attendance to present and move D9.

LAPSED
D10. STATE RELAYS – GENERAL ELIGIBILITY – NORTHERN METROPOLITAN ZONE
Rules of Competition, Section D, Competition, State Relay Championships

Amend 2.1 General Eligibility iii, to now read:

2.1 General Eligibility

iii. Athletes in the U12-U17 age groups may compete in both Track and Field Relays on the express understanding that there is no clash management provided. Where there is a clash a team manager must present at the Track Call Room to indicate the intention of the centre to run and the clashing athlete at the field event must present at the start line (regardless of relay position) so that the starter can see all 4 athletes are present, 5 minutes prior to the event start time. If all athletes are not present the starter will disqualify the team.

Explanation:
Current practice at ANSW State Relays where athletes can do as many events as possible is as follows:
• No marshalling: a team manager “checks in” the teams competing at least an hour before
• Track athletes report to the event at least 10 minutes before the scheduled event time
• Field athletes report at least 20 minutes before the scheduled event time

Current practice at LANSW State Relays
• Call Room check teams and uniforms for every event, with the exception of the first field events which are checked at the event.

We would like to offer an alternative to athletes at a field event rather than having to return to the call room:
• Designated team manager attends call room in lieu of the athletes already competing in a field event, to notify an intention to run in the track event
• Being at the field event, the athletes have already had their uniforms checked by either call room or the event officials in the case of a first event
• Clashing athletes at the field event to inform the chief at that event that they have a track event coming up: the chief can then jump/throw them out of order, and it becomes the responsibility of the athletes to go to the track event 5 minutes before the designated start time. If all 4 runners are not in place then the team would be disqualified.

As we are promoting dual registration from Under 12’s we already have these athletes embracing this option at senior relay days and it works quite successfully.

Moved Cathy Eaton (Northern Metropolitan Zone Coordinator), seconded Colin Lund (Manly Warringah), that D10 be accepted.

Voting - SHOW OF HANDS SUPPORTED

D11. STATE RELAYS – GENERAL ELIGIBILITY – NORTHERN METROPOLITAN ZONE
Rules of Competition, Section D, Competition, State Relay Championships

Amend 2.1 General Eligibility iii, to now read:
2.1 General Eligibility

iii. Athletes in the U12-U17 age groups may compete in both Track and Field Relays on the express understanding that there is no clash management provided. Where there is a clash a team manager must present at the Track Call Room to indicate the intention of the centre to run and the clashing athlete at the field event must present at the start line (regardless of relay position) so that the starter can see all 4 athletes are present, 5 minutes prior to the event start time. The first time athletes have their uniform checked (either in the call room or at the first field event) they will be given a uniform passport. This passport needs to be kept with them throughout the day to prove they have had their uniform checked. Athletes must show their uniform passport to the starters assistant 5 minutes prior to the scheduled start of the relay. If all 4 team members are not present the starter will disqualify the team.

Explanation:
Current practice at ANSW State Relays where athletes can do as many events as possible is as follows:
- No marshalling: a team manager “checks in” the teams competing at least an hour before
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As we are promoting dual registration from Under 12’s we already have these athletes embracing this option at senior relay days and it works quite successfully.

A uniform passport is simply a small slip of paper which says uniform checked and has a space for centre number and athlete number to be written. This will ensure the integrity of the uniform system is maintained.

UNIFORM CHECKED
Centre No. .....................
Rego No. .....................
Initialed by. .................

Cathy Eaton (Northern Metropolitan Zone Coordinator) agreed to withdraw this discussion item as D10 was supported and negates D11.

WITHDRAWN
BREAKOUT SESSION 1 – ‘Committee Nitty Gritty’ (Networking Groups)

All conference attendees were allocated to small, facilitated networking groups, based upon the role that they hold in Little Athletics, to discuss specific issues and share experiences relevant to that role.

Notes and session feedback will be posted on the Little Athletics NSW website in the centre information section.

Persons/centres in attendance (as per the sign-on sheets) were:

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<tr>
<th>Group 1</th>
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<th>Group 3</th>
<th>Group 4</th>
<th>Group 5</th>
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BREAKOUT SESSION 2 – SATURDAY WORKSHOPS
Conference attendees participated in one of four workshops, which they had pre-selected on their attendance form.

Documentation and feedback from each workshop will be posted on the Little Athletics NSW website in the centre information section.

COACHING AND DEVELOPMENT SESSION
Those who selected the coaching and development skills session, rotated between two 1-hour sessions hosted by the Little Athletics NSW Coaching and Development staff.

• THROWING YOURSELF INTO IT – PRACTICAL SESSION
  Alvin Umadhay (Coaching & Development Officer)

  Practical ways to teach throwing skills to “large” groups of kids
  This practical workshop provided members with the skills, drills, tips and confidence to be able to coach throwing skills to up to 30 kids with only one circle, and in turn, ensure maximum participation with minimum waiting time.

• LICENSE TO SKILL – THEORY SESSION
  Darren Wensor (Coaching & Development Officer)

  Developing an effective centre coaching program
  This workshop provided participants with a practical 5-step approach to building a strong coaching culture at their centre. Conference attendees received tips about planning the program, attracting and retaining coaches, and presenting the product to the members.

Persons/centres in attendance (as per the sign-on sheets) were:

GROUP A

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<th>Centre/Zone</th>
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Heather Mitchell  Michael Gray  Trevor Hinwood  Russell Briggs
Steven Jones  David Murphy  Ian Adams  Cathy Eaton
Brian Corse  Terry Manns  Russell Scott  Nick Sky
Craig Dhu  Greg Jones  Laurie McLeod  Peter Mylonas
Julian Schneider  Rohan Munaweera  Ed Batten  Gordon Prevett
Glen Richardson  Lynne Moore  John Watson  Tracey Liondas
Paul Kirkness  Nicole Reynolds  Danielle Henderson  Brad Weyland
Douglas Crozier  Lisa Sayers  Troy Morrison  Gordon Costello
Tash Taaffe  Wanda Methven  Glen Taylor  Andrew Kohlrusch
Ron Daniel  Kirsten Crocker  Veronica Amor  Lynne Whatman
Lisa Rios  Damien Hurley  Judith Peel
Dean Arigho  Anne Watts  Allan Johnson
Chris McCabe  Rodney Watson  Rick Gardiner
Helen Roussell
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### STARTING LINE ON THE DATA FIELD – THEORY SESSION

*Glen Butler & Sarah Milroy (IMG Technology)*

**Beginner session of Clubs Online**

Mastering the registrations side of Little Athletics and the online database can be vexing to a new registrar/secretary. This session included practical instruction on how to navigate the site, export/import records, email members and ensure your registrations are all up to date and financial, without batting an eyelid.
Persons/centres in attendance (as per the sign-on sheets) were:

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**LASTING KNOWLEDGE FOR 1ST CLASS SAFETY – PRACTICAL & THEORY SESSION**

*Sue Wells (Trainer – Express First Aid)*

*Applicable First Aid and CPR instruction for an athletics environment*

Though it is rarely practically administered at a centre level, is paramount to ensuring urgent medical attention is at hand at a centre if the situation may arise, where CPR is required. Many centres inherit the equipment to perform the procedure, however, it is very often the case that no one is competent in the procedure to perform a resuscitation when minutes can make all the difference to saving a life.

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<td>Veronica Amor</td>
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<td>Kim Burton</td>
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<td>Rick Gardiner</td>
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<td>Jane Barrett</td>
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<td>Wayne Sayers</td>
<td>Observer</td>
<td>Rosie Barnes</td>
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<td>Danielle Dawson</td>
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<td>Randwick Botany</td>
<td>Carmen Jones</td>
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<td>Chantelle Grills</td>
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<td>Raymond Terrace</td>
<td>Barbara Inglis</td>
<td>LANSW Staff</td>
<td>Greg Skinner</td>
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**RISKY BUSINESS – THEORY SESSION**

*Wayne Thurlow & Chris Hudson (Little Athletics NSW Risk Management Committee)*

*Maintenance means it never breaks*

Risk Management is always a daunting issue to centre committees, and the words ‘responsibility and liability’ are often approached with negativity and apprehension. Little Athletics centre policies and procedures were reviewed in this workshop and controversial centre issues discussed in order to determine best policies to mitigate various risks.
Persons/centres in attendance (as per the sign-on sheets) were:

<table>
<thead>
<tr>
<th>Centre/Zone</th>
<th>Attendee</th>
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<th>Attendee</th>
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</thead>
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<td>Brian Corse</td>
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<td>Winston Hills</td>
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<td>Craig Scott</td>
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<td>Hale Osman</td>
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<td>Carol McGarry</td>
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<td>Russell Briggs</td>
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<td>Justine Crozier</td>
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<td>Kerry O’Keefe</td>
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<td>Quakers Hill</td>
<td>Scott Douglas</td>
<td>LANSW Staff</td>
<td>Di Levy</td>
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The following delegates did not attend a workshop session according to the session register:

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<tr>
<td>Mid West Met</td>
<td>Lyn McMahon</td>
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<td>Mid West Met</td>
<td>Sue Sinclair</td>
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**SOCIAL GROUP ACTIVITY**

*Creative session in randomly assigned groups*

This session was hosted by the Conference Focus Group. This was an informal networking session where groups were given the task to create a model of a Little Athletics track & field competition night. Attendees divided into 13 groups to complete five activities. Every group was allocated an A2 athletics track and an assortment of identical craft materials. They were required to construct all of the following athletics equipment using every member of the group.

- 1 x long jump pit
- 1 x high jump mats
- 1 x throwing circle
- 5 x timing gates
- 5 x hurdles
- 5 x starting blocks
- 1 x medal podium
- 1 x discus cage

The Conference Focus Group marked the groups based on the following criteria:

1. Recognisability and detail of athletic equipment.
2. Scale of the athletics equipment constructed relative to track and other equipment.
3. Time taken to complete all 8 items of equipment.

The competitive spirit was well received and attendees enjoyed the social engagement and the opportunity to network with new people. The three groups that were marked with the highest scores had their models showcased at the Annual Awards Dinner, where all conference attendees voted by secret ballot to select the winning group.

*Kerry O’Keefe presented a gift to Glen Taylor, Ron Daniel, Lynne Moore, Maria McConville and Sally Richardson for organising the social group activity, and for their excellent input into the 2014 conference theme and agenda.*

The Saturday afternoon session of the conference concluded at 5.42pm.
ANNUAL DINNER AND AWARDS PRESENTATION

Kerry advised guests that the awards being presented throughout the night were to recognise the excellent contribution of Little Athletics NSW volunteers during the 2013/2014 season, and in some cases, for many years in the sport. Kerry thanked all conference attendees and reminded them that the conference theme was to focus on “More than just Belonging” to the Little Athletics identity. Throughout the year volunteers always demonstrate going above and beyond expectations, and attendees were reminded to submit nominations throughout next season for the “Volunteer of the Year” awards. During the conference dinner, the following presentations were made:-

Best Dressed Competition
A female and male attendee were both awarded with a prize as winners of the ‘Best Dressed Competition’ for embracing the Annual Dinner theme with their “Red, White & Bubbles” attire.
Female Category  Male Category
Veronica Amor (Central Tablelands Zone Coordinator)  Nick Frederickson (Timing Solutions)

HART SPORT CENTRE VOLUNTEER ADMINISTRATION AWARDS
Announced by Chantelle Grills and presented by Kerry O'Keefe, on behalf of Hart Sport

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<th>Gold</th>
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<td>Northern Districts</td>
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<td>Ryde</td>
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<td>Wagga Wagga</td>
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Framed certificates were presented to all centres in the bronze, silver and gold categories. Congratulations to all of the winners!

Centre Volunteer Administration Award Winner – Parramatta Little Athletics Centre
A plaque and a Hart Sport gift voucher to the value of $500 were presented to Kevin Fisher from Parramatta Little Athletics.

HART SPORT CENTRE REGISTRATION AWARDS
Announced by Kerry O’Keefe and presented by Trevor Hinwood (Membership Development Director) on behalf of Hart Sport

There are two awards for centre registration increases. The major award is for the centre with the highest percentage of re-registrations (retention).

Centre Registration Award – Athlete Retention – Griffith Little Athletics Centre
Rick Gardiner (Western Riverina Zone Coordinator) was presented with a framed certificate, as well as a gift voucher to the value of $300 (from Hart Sport), to be given to Griffith Little Athletics.
The second award is for the centre with the largest percentage increase in athletes.

**Centre Registration Award – Athlete Increase – South Eastern Little Athletics Centre**

Andrew Kohlrusch (Inner City Zone Coordinator) was presented with a framed certificate, as well as a gift voucher to the value of $200 (from Hart Sport), to be given to South Eastern Little Athletics.

**IMG STG INNOVATION & TECHNOLOGY AWARD**

*Announced by Kerry O’Keefe and presented by Chantelle Grills*

This award is presented to recognise use of technology, innovation and advancement in a Little Athletics centre.

**Innovation & Technology Award – Kurrajong Bilpin Little Athletics Centre**

Susan Ferrier (Kurrajong Bilpin) collected a framed certificate, as well as a cheque to the value of $500 (from IMG Sports Technology).

**VOLUNTEER OF THE YEAR**

*Announced by Kerry O’Keefe and presented by Diane Levy*

**Male Runner Up – Tim Batho (Balmain LAC)**

Accepted by Andrew Kohlrusch (Inner City Zone Coordinator)

**Male Volunteer of the Year – Ronald Pollett (Mount Druitt LAC)**

Accepted by Gordon Prevett (West Metropolitan Zone Coordinator)

**Female Runner Up – Maryanne Braeckmans (Medowie LAC)**

Accepted by Troy Morrison (Port Hunter Zone Coordinator)

**Female Volunteer of the Year – Deborah Engeler (Illawong LAC)**

Accepted by Lynne Whatman (Southern Metropolitan Zone Coordinator)

**OFFICIALS YEAR IN REVIEW 2013/2014 SLIDESHOW**

The ‘LANSW Officials Year in Review’ slideshow (prepared by Chris Watt - Lethbridge Park LAC) was shown to all guests. Kerry O’Keefe gave thanks to Chris Watt for once again preparing this fun slideshow to recognise the contribution of our dedicated officials.
SUNDAY, 20 JULY 2014

Meeting opened at 9.07am.

BREAKOUT SESSION 3 – Currency of Connections – (Networking Groups)
Conference attendees were randomly allocated into small groups to engage in discussion and to share their views, goals and successes with other centre representatives. Topics of discussion included:

1. Quality v quantity (this could be applied however the group decides)
2. Raising finance for the centre
3. Local community connections – other sporting clubs
4. Challenges faced by small centres/challenges faced by large centres
5. Working with local councils

A summary of discussion and feedback will be posted on the Little Athletics NSW website in the centre information section. Thank you to all of the facilitators.

Persons/centres in attendance (as per the sign-on sheets) were:

**Group 1**
- **Marian Bennett** - facilitator
- **Chantelle Grills** - notes

Ed Batten
Karen Bland
Steve Christou
Danielle Dawson
Scott Douglas
Damien Hurley
Karen King
Tracey Liodas
Chris McCabe
David Murphy
Denise Staples

**Group 2**
- **Darren Wensor** - facilitator
- **Chantelle Grills** - notes

Justine Crozier
Ken Gardiner
Julie Hanlon
Chris Hudson
Jackie Johnson
Daniel Kirkness
Scott Kitto
Lisa Rios
Dulcie Scott
Robertus Van Den
Rodney Watson

**Group 3**
- **Glen Taylor** - facilitator
- **Chantelle Grills** - notes

Dean Arigho
Gordon Costello
Kerri Harrigan
Steven Jones
Monica Kumar
Marion Mitchell
Ian Moir
Greg Moore
Helen Roussel
Lisa Sayers

**Group 4**
- **Russell Briggs** - facilitator
- **Chantelle Grills** - notes

Tricia Brims
Jo Christou
Sharon Conlon
Brian Corse
Belinda Healey
Aggie Hornung
Phillip Lamperts
Jenny McNamara
Russell Scott

**Group 5**
- **Wayne Thurlow** - facilitator
- **Chantelle Grills** - notes

Ron Budd
Douglas Crozier
Barbara Inglis
Dean Richardson
Gail Richardson-Bartley
Greg Skinner

**Group 6**
- **Derek Fineberg** - facilitator
- **Heather Mitchell** - notes

Marian Bennett
Darren Wensor
Glen Taylor
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**Group 7**
- **Paul Byron** - facilitator
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Ron Budd
Douglas Crozier
Barbara Inglis
Dean Richardson
Gail Richardson-Bartley
Greg Skinner

22
The following delegates did not attend the Networking/Group Feedback session according to the session register:

| Mid West Met | Lyn McMahon | Mid West Met | Sue Sinclair |

**PRESENTATION – ‘Supporting Hands’ – BRAVEHEARTS**

_Yvette Forbes (Trainer/Presenter – Bravehearts)_

Bravehearts has recently become a partner of Little Athletics Australia. Our organisation is taking child protection seriously by increasing skills for those working and living with children, and providing preventative strategies, education and strong policies, so that we can accomplish the ‘Bravehearts’ Mission’ - to stop child sexual assault in society.

A copy of the Bravehearts’ ‘Supporting Hands’ presentation has been requested for posting in the centre information section of the website.

_Kerry O’Keefe presented a gift to Yvette Forbes and thanked her for her presentation and for attending our 2014 conference._

**FACILITATED FORUM – What do YOU think?**

_Glen Taylor (Western Ranges Zone Coordinator)_

_Discussion and debating contentious centre-level Little Athletics scenarios_

This was a facilitated forum, held to encourage discussion through tackling identifiable and debatable scenarios faced by centre committees, officials and members. Groups were asked to discuss and present their reasoning to other conference delegates, on the following topics.

1. Every Little Athlete who meets the centre attendance criteria should receive a trophy for participation.
2. In throwing events at centre competition, each Little Athlete should complete their three throws in a row.
3. Little Athletics NSW should provide a skill development program that centres MUST incorporate into their weekly program.

_Kerry O’Keefe thanked Glen Taylor for facilitating this forum for our 2014 conference._
BREAKOUT SESSION 3 – SUNDAY WORKSHOPS
Conference attendees participated in one of four workshops, which they had pre-selected on their attendance form.

Documentation and feedback from each workshop will be posted on the Little Athletics NSW website in the centre information section.

WE NOT ME – PRACTICAL SESSION
Alvin Umadhay & Darren Wensor (Coaching and Development Officers)

Turning a group of individuals into a team
The session was full of icebreakers, fun activities and ideas that age managers, coaches and anyone who deals with kids can use with their age group squads, relay teams, representative teams, etc.

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<td>Ron Daniel</td>
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KNOW FIRST AID, NO INJURY – THEORY SESSION
Sue Wells (Trainer – Express First Aid)

Front seat to First Aid techniques for athletics injuries
Practical knowledge for identifying injuries common to athletics and developing the basic competency to deal with a first aid scenario. Safety is paramount when it comes to ensuring centre best practice, as well as, ensuring that injuries are handled proactively and correctly to ensure that no further injury ensues as a result of misinformation or negligence.

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<td>Karen Cochrane</td>
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<td>Cardiff &amp; District</td>
<td>Greg Jones</td>
<td>Woolgoolga</td>
<td>Rodney Watson</td>
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<td>Holroyd</td>
<td>Steve Christou</td>
<td>Hunter</td>
<td>John Watson</td>
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SEEING THE ABILITY IN DISABILITY – THEORY SESSION

*Brett Robinson (Athletics Australia Para-athletics Coach), Shaun Fletcher & Erin Cleaver*

*Solution based possibilities for athletes with disabilities*

This session explored the opportunities for competition for children with either a physical or intellectual disability and made sense of the classification system. The session stressed the understanding that disability does not translate into an inability to participate.

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<td>Eastern Riverina</td>
<td>Judith Peel</td>
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<td>Cathy Eaton</td>
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<td>Tracey Liondas</td>
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<td>Greg Moore</td>
<td>New England</td>
<td>Dulcie Scott</td>
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<td>Stewart Dowling</td>
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<td>Darryl Channels</td>
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<td>Oberon</td>
<td>Rebecca Burgess</td>
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<td>Derek Fineberg</td>
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<td>Charlie Flint</td>
<td>LANSW Staff</td>
<td>Di Levy</td>
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<td>St Georges Basin</td>
<td>Matthew Hayes</td>
<td>LANSW Director</td>
<td>Greg Dickson</td>
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<td>Stockton</td>
<td>Lee Anne O’Sullivan</td>
<td>Wollongong City</td>
<td>Sharon Twigg</td>
</tr>
<tr>
<td>Tallawong Park</td>
<td>Kane Findlay</td>
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</table>

I.M.GENIUS TECHNOLOGY – THEORY SESSION

*Glen Butler & Sarah Milroy (IMG Technology)*

*An advanced overview of the capabilities of the IMG platform*

Delegates who were relatively familiar with basics of registrations and the IMG database, further discovered the possibilities that the IMG platform can provide centre operations, e.g. creating an event, online event registration, centre uniform sales and merchandise shop.
Persons/centres in attendance (as per the sign-on sheets) were:

<table>
<thead>
<tr>
<th>Centre/Zone</th>
<th>Attendee</th>
<th>Centre/Zone</th>
<th>Attendee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bankstown Sports</td>
<td>Robertus Van Den Braak</td>
<td>Port Hacking</td>
<td>Kirsten Crocker</td>
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<td>Belinda Ireland</td>
<td>Randwick Botany</td>
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<td>Lesley Rodgers</td>
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<td>Sally Richardson</td>
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<td>Doonside</td>
<td>Craig Dhu</td>
<td>Raymond Terrace</td>
<td>Barbara Inglis</td>
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<td>Dubbo</td>
<td>Cameron Porcuces</td>
<td>Revesby Workers</td>
<td>Mikaela Butters</td>
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<td>Eschol Park</td>
<td>Denise Staples</td>
<td>St George</td>
<td>Lisa Rios</td>
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<td>Gosford</td>
<td>Tricia Brims</td>
<td>Tuggerah Lakes Mingara</td>
<td>Jason Payne</td>
</tr>
<tr>
<td>Hawkesbury City</td>
<td>Matt Smith</td>
<td>Warradale</td>
<td>Annette Tillman</td>
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<td>Hills District</td>
<td>Jenny Glover</td>
<td>Winston Hills</td>
<td>Trevor McNeilly</td>
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<td>Holroy</td>
<td>Tracey Milakovic</td>
<td>Woy Woy</td>
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<td>Susan Ferrier</td>
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<td>Allan Johnson</td>
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<td>Nicole Reynolds</td>
<td>Western Riverina</td>
<td>Rick Gardiner</td>
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<td>Minchinbury</td>
<td>Lisa Sayers</td>
<td>West Met</td>
<td>Gordon Prevett</td>
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<td>Nepean</td>
<td>Mavis Byrne</td>
<td>LANSW Staff</td>
<td>Trish Bright</td>
</tr>
<tr>
<td>Northern Illawarra</td>
<td>Danielle Dawson</td>
<td>Risk Management C’tee</td>
<td>Wayne Thurlow</td>
</tr>
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</table>

MY CENTRE RULES – THEORY SESSION

Maria McConville (LANSW Life Member) Chantelle Grills (Centre Liaison Officer)

Best practice for LA centre best performance

This workshop highlighted areas of centre operation that are critical to its success, such as: schemes to tackle athlete and volunteer retention; proactive committee succession planning; effective marketing; and centre competition programming.

Persons/centres in attendance (as per the sign-on sheets) were:

<table>
<thead>
<tr>
<th>Centre/Zone</th>
<th>Attendee</th>
<th>Centre/Zone</th>
<th>Attendee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Balmain</td>
<td>David Murphy</td>
<td>Northern Illawarra</td>
<td>Wanda Methven</td>
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<td>Bathurst</td>
<td>Brian Corse</td>
<td>Port Hacking</td>
<td>Margaret Alexander</td>
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<td>Blacktown</td>
<td>Phill Blunt</td>
<td>Quakers Hill</td>
<td>Scott Douglas</td>
</tr>
<tr>
<td>Campbelltown Collegians</td>
<td>Angela Redzic</td>
<td>Randwick Botany</td>
<td>John Thompson</td>
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<td>Cherrybrook</td>
<td>Phillip Lamperts</td>
<td>Revesby Workers</td>
<td>Christine Butters</td>
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<tr>
<td>Dapto</td>
<td>Andrew Kolts</td>
<td>Ryde</td>
<td>David Sunderland</td>
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<tr>
<td>Eastern Suburbs</td>
<td>Ben Thomas</td>
<td>Smithfield</td>
<td>Marian Bennett</td>
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<td>Eschol Park</td>
<td>Ian Moir</td>
<td>Taree</td>
<td>Robyn Phillips</td>
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<tr>
<td>Hills District</td>
<td>Jonathan Eagleton</td>
<td>Tiger Wests</td>
<td>Karen Bland</td>
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<tr>
<td>Holroy</td>
<td>Claire Yeo</td>
<td>Tuggerah Lakes Mingara</td>
<td>Dean Arigo</td>
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<td>Holroy</td>
<td>Glen Richardson</td>
<td>Wallsend</td>
<td>Monica Kumar</td>
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<td>Pat Maxwell</td>
<td>Westlakes</td>
<td>Mavis Godber</td>
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<td>Ingleburn</td>
<td>Paul Kirkness</td>
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<td>Fiona Selmes</td>
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<td>Wollongong City</td>
<td>Chris McCabe</td>
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<td>Woy Woy</td>
<td>Belinda Healey</td>
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<td>Kurri Kurri</td>
<td>Lynne Moore</td>
<td>Lake Macquarie</td>
<td>Mrs Danielle</td>
</tr>
<tr>
<td>Lethbridge Park</td>
<td>Douglas Crozier</td>
<td>Port Hunter</td>
<td>Mr Troy Morrison</td>
</tr>
<tr>
<td>Manly Warringah</td>
<td>Vicky Busse</td>
<td>Central Tablelands</td>
<td>Mrs Veronica Amor</td>
</tr>
<tr>
<td>Manly Warringah</td>
<td>Colin Lund</td>
<td>Southern Met</td>
<td>Lynne Whatman</td>
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<td>Minchinbury</td>
<td>Wayne Sayers</td>
<td>LANSW Director</td>
<td>Neil Sandall</td>
</tr>
<tr>
<td>Mount Druitt</td>
<td>Jenny McNamara</td>
<td>LANSW Director</td>
<td>Trevor Hinwood</td>
</tr>
</tbody>
</table>
The following delegates did not attend the workshop session according to the session register:

<table>
<thead>
<tr>
<th>Centre/Zone</th>
<th>Attendee</th>
<th>Centre/Zone</th>
<th>Attendee</th>
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</thead>
<tbody>
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<td>Carol McGarry</td>
<td>Campbelltown Collegians</td>
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<td>Vicki Busse</td>
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<td>Rouse Hill Rams</td>
<td>Patricia James</td>
<td>East Maitland</td>
<td>Charlie Sanders</td>
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<td>Mid West Met</td>
<td>Lyn McMahon</td>
<td>Northern Rivers</td>
<td>Laurie McLeod</td>
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<tr>
<td>Mid West Met</td>
<td>Sue Sinclair</td>
<td>Central Coast</td>
<td>Ed Batten</td>
</tr>
</tbody>
</table>

**GENERAL BUSINESS**

- **2014 CONFERENCE QUESTIONNAIRE**
  Conference attendees were encouraged to fill in the conference questionnaire seeking feedback on this year’s conference, so that we can use the feedback regarding workshops and presentations in creating future agendas tailored to what the members hope to gain from the weekend. There is also a prize offered to any member who completes the questionnaire and submits a relevant and suitable conference theme that is selected by the Conference Focus Group for next year. Any suggestions regarding future content for the conference can also be emailed to Executive Assistant, Georgie Boost.

- **2015 ANNUAL CONFERENCE**
  The 2015 AGM and Conference will be held at the International Hotel Wagga Wagga. It will be held on Saturday and Sunday, 18 & 19 July 2015. We have made a preliminary booking of the International Hotel Wagga Wagga accommodation, which is directly adjacent to the conference venue. Little Athletics NSW members are encouraged to take up the special discounted rate offered to members with the code: LANSW. Bookings can be made directly with the venue and payments must be made upfront to secure the rooms. The conference package will be somewhat similar with lunch included in the conference fees. Please contact Executive Assistant, Georgie Boost if you require any information regarding the conference or local accommodation options.

- **2015 CONFERENCE FOCUS GROUP**
  After the success of the focus group this past season, we will be meeting with Conference Focus Group members again very soon, to assist in the setting of the agenda for next year. If anyone would be interested in being part of this group, please advise Executive Assistant, Georgie Boost.

- **SLIDESHOW**
  Jeff Walsh had prepared a brief and entertaining slideshow of photos taken over the course of the conference and this was shown to delegates.

- **THANK YOU**
  Georgie Boost thanked all of the Little Athletics NSW staff for their support both during and leading up to the conference.

  Neil Sandall offered the thanks of LANSW to:-
  - Cessnock Leagues Club and Sharon Apperley for the excellent venue and catering throughout the weekend conference.
  - Jeff Walsh for his support as photographer during the conference.
  - The Conference Focus Group members.
  - Special guests, presenters, scrutineers, office staff, all delegates and observers.
Neil welcomed Mavis Godber onto the Little Athletics NSW Board of Management as the Membership Development Director, and thank Trevor Hinwood for his excellent contribution to Little Athletics NSW throughout his time in this role.

Kerry O’Keefe thanked Georgie Boost for her effort and time committed in organising the Annual Conference and the Annual Dinner.

Gordon Costello (South West Metropolitan Zone Coordinator) thanked LANSW staff and board members for the way in which the conference was organised and conducted. He also congratulated Trevor Hinwood on his Little Athletics NSW Life Membership.

There being no further items on the agenda for the 2014 Annual Conference, the President declared the conference closed at 3.34pm.

Neil Sandall
PRESIDENT
ATTENDANCES - AS PER ATTENDANCE BOOK

CENTRES
(66 represented)
Balmain
Bankstown Sports
Bathurst
Blacktown
Campbelltown
Canterbury
Cardiff & District
Cessnock
Cherrybrook
Denman
Doonside
Dubbo
East Maitland
Eastern Suburbs
Eschol Park
Gloucester
Gosford
Hawkesbury City
Hills District
Holroyd
Hornsby
Ingleburn
Jamison
Katoomba
Kiama
Kurrajong Bilpin
Kurri Kurri
Lake Illawarra
Lethbridge Park
Liverpool City
Manly Warringah
Merriwa
Minchinbury
Mount Druitt
Nepean
Northern Illawarra
Northern Suburbs
Oberon
Parkes
Parramatta
Port Hacking
Port Stephens
Quakers Hill
Randwick Botany
Raymond Terrace
Revesby Workers
Rouse Hill Rams
Ryde
Smithfield
Southlakes
St Georges Basin
Stockton
Tallawong Park
Taree
Tiger Wests
Tuquerah Lakes
Wallsend RSL
Warradale
Westlakes
Western Blues
Winston Hills
Wollongong City
Woodberry
Woolgoolga
Woy Woy
100 centre delegates
30 centre observers

ZONE COORDINATORS
Allan Johnson
Andrew Kohlrusch
Brad Weyland
Cathy Eaton
Danielle Henderson
Ed Batten
Glen Taylor
Gordon Costello
Gordon Prevett
Ian Adams
John Watson
Judith Peel
Laurie McLeod
Lynne Whatman
Peter Mylonas
Rick Gardiner
Russell Scott
Tracey Liondas
Troy Morrison
Veronica Amor
20 zone coordinators
7 zone/general observers

LIFE MEMBERS
Darryl Channells
Dereck Fineberg
2 life members

DIRECTORS
Greg Dickson
Heather Mitchell
Michael Gray
Neil Sandall
Peter Barnes
Russell Briggs
Trevor Hinwood
7 directors

STAFF
Alvin Umadhay
Amy Harris
Chantelle Grills
Cheryl Webb
Darren Wensor
Diane Levy
Georgie Boost
Greg Skinner
Kerry O’Keefe
Trish Bright
Yousef Abdi
11 staff members

GUESTS
Jana Pittman – Dual Olympian
Glen Butler & Sarah White – IMG STG
Sue Wells & Don Jones – Express First Aid
Yvette Forbes – Bravehearts
Brett Robinson – Athletics Australia
Nick Frederiksen – Timing Solutions
Michael Sticewich – Wichit Pty Ltd
Jeff Walsh – Quarrie Photography
Wayne Thurlow – Risk Management
Chris Hudson – Risk Management
12 guests/presenters

TOTAL AT ANNUAL
CONFERENCE:
189