



NSW Junior Track and Field Championships

Sydney Olympic Park Athletic Centre

Friday 8th February – Sunday 10th February 2013

ATHLETE INFORMATION SHEET

Thank you for your entry in the NSW Junior Track and Field Championships. Please read the following important information carefully.

Venue

The competition will take place at Sydney Olympic Park Athletic Centre, Edwin Flack Ave, Homebush Bay. Access to the venue will be via the front gate only. Athletes and spectators are strongly advised to park in the P1 parking area to minimise the walking distance to the front of the venue. To gain the privilege of \$10 flat rate parking, parking tickets can be validated at the Athletic Centre reception area, or the Kings Sports Store on the concourse, on the hour, every hour. Please note there is a running event on the morning of Sunday February 10th at Sydney Olympic Park that has 10,000+ participants and spectators. There may be travel delays and parking constraints. Please allow additional time to counter these.

Entry Lists

Entry lists are available from the Athletics NSW (ANSW) website; www.nswathletics.org.au. It is essential that all athletes check this list to confirm that their entry into each event has been accepted. If you have any concerns, please contact the Athletics NSW office at your earliest convenience.

Timetable

The final timetable (as at 05Feb13) has been released and is available on the ANSW website; www.nswathletics.org.au. **Please note, small changes have been made which will have been highlighted in red.** Athletes MUST check this timetable to confirm the start time of their event/s. Athletes will not be individually notified of timetable changes.

Check In / Confirmation of Entry

Athlete check-in will be in VIP room 2, on the concourse. All athletes must report to Athlete Check-in to advise of their intention to compete at least sixty (60) minutes before the scheduled starting time of their first event each day. Failure to check-in may result in the athlete being scratched from the event.

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There is no call room, thus, once checked in; track athletes must report to the start area of the event at least 10 minutes before the scheduled starting time. Field event athletes should report to the field event site at least 20 minutes before the scheduled starting time so warm ups can be completed.

Please note - individual calls for events will not occur.

Failure to Participate

If an athlete confirms (i.e. checks in) but does not participate or does not compete in all rounds of an event for which they have qualified, the athlete may not be permitted to compete further in the competition as outlined in IAAF Rule 142.4.

Uniform

Athletes are to wear their Athletics NSW Club uniform, state uniforms are not permitted to be worn. All Athletes must wear their 2012/13 competition bib numbers secured on the front and back of their top. Athletes not wearing the official competition number WILL NOT be allowed to compete.

Heat to Final Progression

Lane draws and qualification in track events:

- a) The progression from heats to finals for all events is as follows: -
- i. If there are two (2) heats – then 1st, 2nd, & 3rd from each heat and fastest others qualify.
 - ii. If there are three (3) heats – then 1st & 2nd from each heat and fastest others qualify.
 - iii. If there are four (4) or more heats, winners from each heat and fastest others qualify.
- b) Lanes will be drawn as follows: -
- i. In the first round, athletes will be allocated to heats based on advice of best times this season. A draw by lot will be made for the order of heats and the lane of each athlete.
 - ii. For the final, athletes will be ranked according to their positions and times in accordance with IAAF Rule 166.3(a) or in the case of 800m, 166.3(b). Then three draws will be made: -
 - One for the four highest ranked athletes or teams to determine placing in lanes 4, 5, 6 and 7
 - another for the fifth & sixth ranked athletes or teams to determine placing in lane 8 and 9, and
 - another for the three lowest ranked athletes or teams to determine placing in lanes 1, 2, 3.

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NB - When 10 lanes are used for finals, fifth, sixth & seventh ranked athletes will be drawn in lanes 8 -10, with the lowest three athletes drawn 1 - 3.

c) In events up to 110m where heats are held, ten (10) athletes will advance to the final.

d) For events between 200m to 800m inclusive, nine (9) athletes will advance to the final.

Please note – If heats are not required after confirmation of entries during the course of the Championship, the FINAL WILL BE HELD AT THE HEAT TIME.

Attempts and rounds in field events:

Athletes in throws and horizontal jumps events will each be given three attempts. The top eight athletes at the end of the rounds will gain another three attempts.

False Starts

The competition will be conducted under the IAAF false start rule for athletes in the U16, U18 and U20 years age group. A dispensation has been granted for athletes in the U14 years age group.

To dispel confusion, the false start rule for the NSW Junior Championships will be as follows;

1. U14 year age groups - any athlete responsible for a false start shall be warned. Only one false start per race shall be allowed. Any athlete that causes the second false start in the race will be disqualified.
2. U16, U18 & U20 year age groups - immediate disqualification of any athlete causing a false start (i.e. one false start incurs disqualification).

Please note - if an athlete competes up an age group, they will compete under the rule for that particular age group.

Occasionally a start will be recalled by the starters; that is due to general unsteadiness of the athletes on their blocks. In such a case no false start is recorded against the field or any athlete in it.

Protests

Any protest should be made in the first instance to the referee by the athlete or a person acting on his/her behalf within 30 minutes of the results being official. The referee may decide on the issue or refer it to the jury of appeal. The athlete has the right to appeal to the jury, but this must be done in writing and submitted to the Administration Manager at least

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30 minutes after the announcement of the referees' decision. The protest must be accompanied by a \$20 fee which will be forfeited if the protest is dismissed.

All athletes must be aware of the above procedure.

Simultaneous Entries

If an athlete is entered in both a track and field event held at the same time (or two field events), the athlete may move between the two events and where appropriate the referee may change the field event competition order in any given round. However, if an athlete misses their attempt and the competition continues into the next round, the athlete will be deemed to have passed that attempt.

NOTE - the Little Athletics rule of track taking precedent over field does not apply to IAAF rules. Athletes will need to manage their own events and liaise with event Technical Officials.

Private Implements

Athletes who wish to include their own throwing implements in the Championship equipment pool MUST lodge them with the Technical Manager at the Technical Room no later than 90 minutes before the scheduled starting time of the particular event. Athletes can collect their implement/s from the Technical Room after the event.

Athletes are expected to provide their own vaulting poles. Athletics NSW will not provide vaulting poles.

Results

Results will be posted outside the competition management room on each day, can be observed on the scoreboard and online for live results. Collated results from all three (3) days of competition will be available by Monday 11th February.

Warm Up Track

Athletes may warm up on the warm up track. General warm up will not be permitted on the competition arena.

Gate Entry

All competing athletes will gain access to the venue free of charge. A list of athlete's names will be on the front gate.

Gate entry for non-competitors will be as follows;

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- Adult - \$7 per day or \$15 3 day pass
- Concession (U18 and pensioners) - \$4 per day or \$10 3 day pass
- U10 free

Please note - Entry to the venue will be via the front gate only.

Programs will also be available for purchase on the day.

Photos

Photos in a Flash, Athletics NSW sponsor, is a professional digital photography company who will be onsite taking photos throughout the competition. Photographs can be viewed and purchased either on the day or online through <http://www.photosinaflash.com.au>

Australian Junior Championships Information Centre

The Australian Junior Championships Information Centre will open from 6:00pm to 8:30pm on Friday 8th February, and 9:00am to 5:30pm on Saturday 9th and Sunday 10th February.

Any athlete who places 1st, 2nd or 3rd for their age i.e. if they compete in the U16 age group and are 14 years old in 2012, the 1st, 2nd and 3rd placed 14 year olds as well as the 1st, 2nd and 3rd 15 year olds, will be eligible for the Australian Junior Championships (not applicable with the U14 age group – please seek further information at VIP Room 1). Athletes who qualify and wish to attend the Australian Junior Championships are to make their way to VIP Room 1 at the conclusion of their event.

We hope you enjoy the NSW Junior Championships, and we wish you the best of luck for a successful performance!

Kind regards,

Brent Hayward
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Hanri Schreuder
Operations Manager
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