



2013 NSW Masters Championships
Sydney Olympic Park Athletic Centre
Saturday 16th - Sunday 17th March 2013
ATHLETE INFORMATION SHEET

Athletics NSW would like to thank you for your entry in the NSW Masters Championships, to be held at the Sydney Olympic Park Athletic Centre from Saturday 16th – Sunday 17th of March. Please read the following information carefully.

Entry Lists

Entry lists are available from the Athletics NSW website (www.nswathletics.org.au). It is essential that ALL athletes check this list to confirm their entry. If you have any concerns, please contact the Athletics NSW office at your earliest convenience.

Timetable

An updated timetable has been released and is available on our website. **Please note that some changes from the previously published draft have been made, especially in the order of field events.** Athletes **MUST** check this timetable to confirm the start times of their events as athletes will not be individually notified.

Check In / Confirmation of Entry

Athlete check-in will be in VIP room 2, on the concourse. All athletes must report to Athlete Check-in to advise of their intention to compete at least sixty (60) minutes before the scheduled starting time of their first event each day. Athletes need to check in for each of their events, each day. Failure to check-in may result in the athlete being scratched from the event.

Once checked in; track athletes must report to the start area of the event at least 10 minutes before the scheduled starting time. Field event athletes should report to the field event site at least 20 minutes before the scheduled starting time so warm ups can be completed.

Uniform

Athletes must wear the uniform of their first claim club. Athletes must wear their current Athletics NSW competition bib numbers secured on the front and back of their top. Athletes who are NSW Masters registered only will be issued a temporary bib number on the first day of competition.

Heat to Final

Athletics NSW Limited ABN 11 330 775 869
Sydney Olympic Park Athletics Centre
Edwin Flack Drive, Homebush NSW 2129
PO Box 595, Sydney Markets NSW 2129

Telephone +61 2 9746 1122
Facsimile + 61 2 9746 1168
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Please note - when heats are no longer required after confirmation of entries, the final will be conducted at Heat Time.

The exception is for the M45-49 and M50-54 200m where heats were added to the program due to high entry levels. Finals will be conducted at final time if the heats are no longer required.

Season best performances for track events

If you did not supply a season best performance on entering, please do so when checking in to assist with seeding.

Protests

Any protest should be made in the first instance to the referee by the athlete or a person acting on his behalf within 30 minutes of the results being official. The referee may decide on the issue or refer it to the jury of appeal. The club/team has the right to appeal to the jury, but this must be done in writing and submitted to the Athlete Check In area at least 30 minutes after the announcement of the referees' decision. The protest must be accompanied by a \$20 fee which will be forfeited if the protest is dismissed.

All athletes must be aware of the above procedure.

Private Implements

Athletes who wish to include their own throwing implements in the Championship equipment pool **MUST** lodge them with the Technical Manager at the Technical Room no later than 90 minutes before the scheduled starting time of the particular event. Athletes can collect their implement/s from the Technical room after the event.

Medal Presentation

Medals will be presented to athletes at the conclusion of each event. Those athletes who are unavailable to attend the medal presentation can collect their medal from the medal presentation area prior to the conclusion of the day's events. Medals not collected during the weekend will not be forwarded to clubs or individuals.

Gate Entry

Access to the venue is via the front gate.

Venue

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Athletes and spectators are strongly advised to park in the P1 parking area to minimise the walking distance to the front of the venue. To gain the privilege of \$10 flat rate parking, parking tickets can be validated at the Athletic Centre reception area or the Kings Sports Store on the concourse, on the hour, every hour.

A canteen will be available at the venue selling hot and cold food and refreshments.

There is covered and uncovered seating available.

Other Important Rules / Information

After an extensive review of the State Masters Championships by a sub-committee of the Competition Advisory Panel and the work of a small group of officials and masters athletes, the program has been re-worked with the goal of eligible athletes receiving 6 attempts in field events, ie top eight.

For the program to work, some assistance will be required at field event sites, with lapscoreing and with hurdle movements. It is hoped that athletes will assist before and after their events. If you are able to assist, please seek out the Meeting Manager to be allocated a task.

NSW Masters Athletics and Athletics NSW recently conducted an officials accreditation workshop and exam. This resulted in Athletics Australia C Grade accreditation for 19 new officials and some of these officials will be appointed to the State Masters Championships. However, we are still short of Technical Officials and the Technical Delegate, Competition Director and Meeting Manager, in consultation, will reduce the number of attempts in field events, if necessary, in order to complete the program.

- Starting heights and increments for High Jump and Pole Vault will be determined by the referee on the day of competition. Athletes are required to supply their own pole vault poles.

- The Competition will be conducted under the WMA false start rule; in any race, individual athletes who are charged with a false start shall be warned. Individual athletes who are charged with their second false start in the same race shall be disqualified.

– If an athlete is entered in both a track and field event held at the same time (or two field events), the athlete may move between the two events and where appropriate the referee may change the field event competition order in any given round. However, if an athlete misses their attempt and the competition continues into the next round, the athlete will be deemed to have passed that attempt. Athletes will need to manage their own events and liaise with event officials.

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If you have any questions or concerns please contact Brent on (02) 9746 1122 or email brent.hayward@nswathletics.org.au.

We hope you enjoy the competition.

Kind regards,

Brent Hayward
Competition Manager
brent.hayward@nswathletics.org.au

Hanri Delanty
Operations Manager
hanri.delanty@nswathletics.org.au

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