

NSW MASTERS CHAMPIONSHIPS

1. ENTRIES

- 1.1 Athletes competing must be registered with an Athletics NSW club for the 2012-13 season, or registered with the NSW Masters Association, and be aged 30+ as at the 16th March 2013.
- 1.2 Athletes are to wear their 2012-13 registration numbers front and back and their club uniform.
- 1.3 Events will be offered in 5 year age groups i.e. 30-34, 35-39, 40-44 with each athlete's age group determined at the first day of competition, 16th March 2013.
- 1.4 Entry for the NSW Masters Championships can either be submitted online via www.nswathletics.org.au, or paper entry. Entry is \$20 per event, with an entry fee cap of \$70 applying to all entries. There is a levy of \$25 which applies to athletes who are not registered with an Athletics NSW club. If the levy applies to you, you will not be able to submit your entry online, rather you will be required to fill out a paper entry and post it to Athletics NSW.
- 1.5 All entries with accompanying payment must be submitted by midday Thursday February 21st 2013.
- 1.6 Interstate athletes and Masters Association only athletes will be issued a temporary number at check-in.
- 1.7 Entry fees are non-refundable, regardless of circumstance.
- 1.8 Registration with Athletics NSW is not available on the day at the Masters Championships. Athlete registration is to be organised before the competition.
- 1.9 Late entries are not guaranteed and are only accepted on the approval of the Athletics NSW Competition Manager or Technical Delegate. Athletics NSW reserves the right to refuse late entries. If a late entry is accepted, it will cost \$35 per event and must be lodged 90 minutes prior to the start of the event on the official late entry form.
- 1.10 Entry lists and FINAL timetable will be available on the Athletics NSW website www.nswathletics.org.au. Please note that confirmation of entry will not be mailed out to athletes and athletes will not be individually notified of changes to the draft timetable. **All athletes must check the website after close of entries to confirm the start times of their events.**

2. RULES AND PROCEDURES

Please refer to the Athletics NSW State Championship procedures and the amendments/additions as printed below.

- 2.1 Athletes must report to Athlete Check-In at least 60 minutes before the start of their first event to confirm their entry for the day's events. Failure to check in may result in the athlete being scratched from the event/s.
- 2.2 Once checked in, TRACK athletes must report to the start of their event at least ten (10) minutes prior to the event starting time.

2.3 Once checked in, FIELD athletes must report to the start of their event at least twenty (20) minutes prior to the scheduled start time of the event, to allow warm ups to be completed. Athletes who report later may get fewer warm up attempts.

2.4 Spikes must be no longer than 9mm for High Jump and Javelin, or 7mm for other events.

2.5 In all FIELD events, except for the high jump and pole vault, each athlete will be allowed three trials and the eight athletes with the best valid performances will be allowed a further three trials. Competition management may reduce the number of attempts if circumstances require.

2.6 Starting heights and increments for High Jump and Pole Vault will be determined by the referee on the day of competition. Athletes are required to supply their own pole vault poles.

2.7 Lane draws and qualification in track events:

2.7.1 In events where heats are required (60m and 100m), where possible, not less than nine (9) athletes will advance to the finals.

i. If there are two (2) heats - then 1st, 2nd, & 3rd from each heat and fastest others qualify.

ii. If there are three (3) heats - then 1st & 2nd from each heat and fastest others qualify.

iii. If there are four (4) or more heats, winners from each heat and fastest others qualify.

2.8.2 For events between 100m to 800m inclusive, using 9 lanes, lanes will be drawn as follows-

i. In the first round, athletes will be allocated to heats based on advice of best times this season. A draw by lot will be made for the order of heats and the lane of each athlete.

ii. For the final, athletes will be ranked according to their positions and times in the previous round.

(See IAAF Rule 166.4) Then three draws will be made:

- one for the four highest ranked athletes or teams to determine placings in lanes 4, 5, 6 and 7,
- another for the fifth & sixth ranked athletes or teams to determine placings in lane 8 and 9, and
- another for the two lowest ranked athletes or teams to determine placings in lanes 1, 2 or 3.

2.8 If an athlete is entered in both a track and field event held at the same time (or two field events), the athlete may move between the two events and where appropriate the referee may change the field event competition order in any given round. However, if an athlete misses their attempt and the competition continues into the next round, the athlete will be deemed to have passed that attempt. Athletes will need to manage their own events and liaise with event officials.

2.9 Please note, when heats are no longer required, the final will be conducted at the heat time.

2.10 The Championships will be conducted under the WMA false start rule: in any race, individual athletes who are charged with a false start, shall be warned. Individual athletes who are charged with their second false start in the same race shall be disqualified.

2.11 The Championships will be conducted in accordance with the 2012/13 IAAF rules, WMA rules and Athletics NSW State Championship rules, with modifications as printed above.