



CANTERBURY JUNIOR HOCKEY
KWIK STICKS U13s (6 a-side) 2017

- Age Level:** Year 7 & 8
- Concept:** This grade is designed to accommodate players less experienced and/or new to the game in a more relaxed competitive environment.
- Team Size:** Six (6) players on the field at any one time with rolling substitutions. Goalkeepers are permitted in this Grade.
- Field Size:** Games are played on artificial surface which are approximately 1/2 of full-sized turf.
- Game length:** Games are 2 x 20minute halves with a 2-minute half-time and 3 minute changeover between games.
- Rules:** All current rules of Hockey are played and enforced, except:
- In a Penalty Corner, there will be only four defending players. The other two defending players must be behind the half way line and must remain there until one of the attacking players (other than the player taking the ejection/push out), or a defender has touched the ball, or ball reaches half way.
- Coaching:** Basic skills of passing, receiving on both sides of the body in a static & dynamic position. Elimination skills including dribbling to set up a pass or goal shot. Defensive skills of tackling, engaging and delaying. Tactical emphasis on team dynamics, decision making, defensive and attacking concepts, positional understanding and concepts of space.
- Entries:** There is no limit to the number of teams in this grade. Teams will be sorted into ability-graded divisions. Where a Club/School has two or more teams, it is strongly recommended that these are graded by the Club or School to provide appropriate skill-level games for all abilities.
- Kwik Sticks 11 Aside Goalies** Goalkeepers playing in the Kwik Sticks 11 aside grade may be named in a field position of this grade. However note that CHA will not accommodate timetable conflicts between these grades.