



Weekly Newsletter

3rd November, 2018

The weather was a little more kind to us last week, albeit that the sun struggled to shine for too long.

A reminder to all parents that we promote a friendly team based approach to little athletics. We encourage our athletes to achieve their best and improve upon their best as often as they can. Whilst a natural tendency for children is to be competitive, which in itself is not a bad thing, we absolutely do not condone teasing/heckling by children who can run faster or jump/throw further than other children. An unfortunate situation like this was observed last week and we seek your support to ensure that this behaviour is not tolerated. Little Athletics is a fantastic opportunity for children to develop new physical and social skills as well as have fun, please help us to ensure that it remains this way.

Regional Relay Carnival

Nominations for relay teams have now closed. After a bit of a slow start we ended up with 60 nominations, quite a sizeable increase from last year. We will have MLAC teams represented across most age groups. Teams are selected based on our relay selection policy which is published on our website and can be found [here](#). Relay running order will be set and determined based on athletes' times, experience and in consultation with the age-group manager (taking into consideration the strengths of each athlete). If you have any suggestions for your little athlete, please speak to Todd (President) on Saturday.

This year's Regional Relay Carnival will be held on Saturday 17th November at Caulfield L.A.C., Duncan MacKinnon Reserve, cnr North Rd and Murrumbeena Rd, Murrumbeena. There will be no club competition at Mornington Secondary College on this day.

Event timetable will be available shortly, as soon as it is finalised we will advise all athletes.

During any carnival/championship event, there is a requirement for parents/guardians of competing athletes to assist with general duties to ensure that the event runs smoothly. We will endeavour to structure duties around child event times, such that you will be able to see your child compete and any duties will be reasonably timed around events, on a best endeavours basis. This information will also be provided shortly.

In addition to the Regional relay event, there is also the traditional lead up relay event at Mentone on Sunday 11th November. Contact will be made this weekend with all athletes to see if they would like to compete at Mentone. Mentone Relays are also offering an opportunity for Under 8's to compete; if you're interested, please talk to Todd on Saturday (as registrations close Saturday).

Please contact Todd Martin (tmartin@morningtonlittleleaths.org) or 0403 223 580 should you have any queries in respect to Regional Relays.

Club Record

Another Club record was broken last week: congratulations **Josie Reichelt** who broke the Girls U15 Javelin record with a throw of **22.61 metres**.



Just a reminder to send through photos of athletes when they break club records so we can celebrate this achievement in our newsletter.

Duty Roster for Saturday 3rd November 2018

The following Age Groups are rostered on this weekend:

Setup: **Open Boys and Under 6 Girls** (please arrive by 7 .30am)

BBQ: **Under 8 Boys and Under 11 Girls** (from set up of the BBQ at 8.00am to pack-up and clean at the day's end)

Pack Up: **Under 11 Boys and Under 8 Girls** (concludes once the containers are locked up)

Please note that we have 2 age groups rostered on to ensure that each duty is suitably attended. Set up takes more than an hour and we really do need those rostered on to be there as required. Committee members are always on hand but as we all know many hands make light work and it makes a world of difference to how the whole day runs when we can set-up on time for the program to start, especially on the first morning of the season! The BBQ is our major fundraiser for the club and we need 3-4 people there at all times over the morning to have it run smoothly. We don't expect parents to spend longer than 45-60 minutes helping out. So if your age group is rostered on, please work out a schedule with the other parents and make sure people are relieved as the morning goes on. We all want to watch our kids compete, and those kids want a sausage at the end of the session!

Race Walking Clinic & Judging

Little Athletics Victoria is offering a Race Walking Skills Clinic and Judging seminar on Sunday, November 25 at the Tom Kelly Athletics track, Doncaster.

Clinic: 10am-12 noon – cost \$10

Judging seminar: 10am-12.30pm – cost free for all parents/volunteers.

This is a great day for all involved in Race Walking, for both the athletes and those who want to learn how to Judge. Details on the website: www.lavic.com.au/competition/events

U6-U8 State Skills Carnival

Details have just been released and all eligible athletes will be sent an email shortly from Little Athletics Victoria. The date is Sunday, December 2 at the Tom Kelly Athletics Track, Doncaster.

Details on the website: www.lavic.com.au/competition/events

Mornington Holden



Just reminding all our members that [Mornington Holden](http://www.morningtonholden.com.au) is our major sponsor and offer our members some fantastic discounts on presentation of your registration fees receipt:

- \$100 cash back on any new or used car purchase
- 10% discount in the service department - they service all make and model cars.

Mark Bartlett, the New Vehicle Sales Manager is excited about the release of the all new Acadia: "The eagerly anticipated all new Holden Acadia 7-Seat SUV has arrived at Mornington Holden, starting at an attractive \$42,990 drive away - what a great way to arrive at the finish line! Call 5975 4433 to coordinate a test drive today with the friendly team at Mornington Holden".

If you are unable to find your receipt, [email the club](#) and we can reissue it for you.

Results HQ

To view your child's results, you will need to log in to Results HQ. You will need to have paid the club registration fee to have access.

The login details are as follows:



Website: [Results HQ](#)

Username: Your family username is the email address you used to register your primary member with (usually your oldest child)

Password: Your password is the Login ID of your primary member when you log in to LA Vic.

You can view your whole family's results on one page, and also view all MLAC results. Tickets can be printed out to keep. We endeavour to have the results available by Sunday evening.

Parking

Please Note: There is **NO PARKING** available for us in the basketball stadium car park, as this area is for the exclusive use of those attending the basketball stadium. We have also been asked not to park near the swim centre. We are to use the land at the north end of the school for parking. Access to this land is from Eagle Street, which is at the set of traffic lights at the Bata intersection with Nepean Hwy. There will be people directing the traffic first thing in the morning as not all of this land is suitable for parking. If this area fills up, there is minimal parking within the school grounds - along the driveway at the front of the school, the fenced basketball courts just past the bus bays, and the staff car park. We have been asked to advise that there is to be **STRICTLY NO PARKING ALONG NEPEAN HWY!!**

Dog Policy

Please note that we have a strict **NO DOGS** policy on competition days. There have been a number of incidents and near misses over the past few years, plus we have a few athletes with dog allergies and those who are scared of dogs. We would greatly appreciate if you left your dogs at home. Can you please communicate this to any extended family members or friends who come down to watch during the morning.

First Aid

We are fortunate this season to have Dr Alex Terris overseeing our First Aid program, ably supported by his wife Ruth. Any first aiders that are willing to assist would be greatly appreciated. Please make contact with a committee member who will introduce you to Alex/Ruth.

What happens in the event of Wet Weather/Extreme Heat

When the weather forecast does not look great, the committee makes a decision by 8:00 a.m. on the morning of competition whether the competition day will go ahead or be cancelled. In the event of cancellation a notice will be posted on the following sites by 8:00 am:

Website www.morningtonlittleaths.org

Facebook www.facebook.com/mlac82

Twitter@mlac82

Team App www.teamapp.com

We communicate with our members almost exclusively via electronic means. We will always email you important information, but it is also distributed via our Facebook page and Team App.

Website

www.morningtonlittleaths.org

Most club information can be found here - if there is anything important missing, please let us know.

Team App

As with previous years, we will be utilising Team App to get information out to our members and their families about news and events around the centre. Download Team App (it's free!) from iTunes or the Play Store and search for Mornington Little Athletics.



Facebook

We also have a Facebook page filled with news and photos of our athletes. Make sure you "Like" it to see posts in your Newsfeed. If you do not wish to have your child's photo published, please email Little Athletics Victoria to notify them, and send an email to our secretary Jodie Fischer jfischer@morningtonlittleaths.org. She will endeavour to ensure your child's photos are never published.



Weekly Program

This week's program is Program 4 and can be downloaded by clicking [here](#).

Remember that if you have any questions or problems, please don't hesitate to approach one of our committee members. We are the ones wearing the orange polo shirts.

Regards,

Mornington Little Athletics Centre

mornington@lavic.com.au

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www.morningtonlittleaths.org