

**2019/20 Western Plains Zone Championships**

**Barden Park, Dubbo**

**Sunday - Track**

<b>Event Number</b>	<b>Event</b>	<b>Heat/Final</b>	<b>Start Time</b>	<b>Event Number</b>	<b>Event</b>	<b>Heat/Final</b>	<b>Start Time</b>
T95	U/11 Girls 1100M Walk	Final	8:45	T142	U/10 Girls 70M Run	Final	12:00pm
T96	U/11 Boys 1100M Walk	Final	8:45	T143	U/10 Boys 70M Run	Final	12:03
T97	U/10 Girls 1100M Walk	Final	8:45	T144	U/9 Girls 70M Run	Final	12:06
T98	U/10 Boys 1100M Walk	Final	8:45	T145	U/9 Boys 70M Run	Final	12:09
T99	U/9 Girls 700M Walk	Final	8:55	T146	U/8 Girls 70M Run	Final	12:12
T100	U/9 Boys 700M Walk	Final	8:55	T147	U/8 Boys 70M Run	Final	12:15
T101	U/8 Girls Pack Start	Final	9:05	T148	U/7 Girls 70M Run	Final	12:18
T102	U/8 Boys Pack Start	Final	9:05	T149	U/7 Boys 70M Run	Final	12:21
T103	U/7 Girls Pack Start	Final	9:10	T150	U/11 Girls 800M Run	Final	12:25
T104	U/7 Boys Pack Start	Final	9:10	T151	U/11 Boys 800M Run	Final	12:30
T105	U/12 Girls 1500M Walk	Final	9:15	T152	U/12 Girls 800M Run	Final	12:35
T106	U/12 Boys 1500M Walk	Final	9:15	T153	U/12 Boys 800M Run	Final	12:40
T107	U/13 Girls 1500M Walk	Final	9:15	T154	U/13 Girls 800M Run	Final	12:45
T108	U/13 Boys 1500M Walk	Final	9:15	T155	U/13 Boys 800M Run	Final	12:50
T109	U/14 Girls 1500M Walk	Final	9:15	T156	U/14 Girls 800M Run	Final	12:55
T110	U/14 Boys 1500M Walk	Final	9:15	T157	U/14 Boys 800M Run	Final	1:00pm
T111	U/15 Girls 1500M Walk	Final	9:15	T158	U/15 Girls 800M Run	Final	1:05
T112	U/15 Boys 1500M Walk	Final	9:15	T159	U/15 Boys 800M Run	Final	1:05
T113	U/17 Girls 1500M Walk	Final	9:15	T160	U/17 Girls 800M Run	Final	1:10
T114	U/17 Boys 1500M Walk	Final	9:15	T161	U/17 Boys 800M Run	Final	1:15
T115	U/11 Girls 80M Hurdles	Final	9:40	T162	U/10 Girls 800M Run	Final	1:20
T116	U/11 Boys 80M Hurdles	Final	9:43	T163	U/10 Boys 800M Run	Final	1:25
T117	U/12 Girls 80M Hurdles	Final	9:46	T164	U/9 Girls 800M Run	Final	1:30
T118	U/12 Boys 80M Hurdles	Final	9:49	T165	U/9 Boys 800M Run	Final	1:35
T119	U/13 Girls 80M Hurdles	Final	9:55	T166	U/8 Girls 200M Run	Final	1:40
T120	U/13 Boys 80M Hurdles	Final	9:58	T167	U/8 Boys 200M Run	Final	1:43
T121	U/14 Girls 80M Hurdles	Final	10:01	T168	U/7 Girls 200M Run	Final	1:46
T122	U/14 Boys 90M Hurdles	Final	10:04	T169	U/7 Boys 200M Run	Final	1:49
T123	U/15 Girls 90M Hurdles	Final	10:07	T170	U/11 Girls 200M Run	Final	1:52
T124	U/15 Boys 100M Hurdles	Final	10:10	T171	U/11 Boys 200M Run	Final	1:55
T125	U/17 Girls 100M Hurdles	Final	10:13	T172	U/12 Girls 200M Run	Final	1:58
T126	U/17 Boys 110M Hurdles	Final	10:16	T173	U/12 Boys 200M Run	Final	2:01pm
T127	U/10 Boys 70M Run	Heats	10:20	T174	U/13 Girls 200M Run	Final	2:04
T128	U/8 Girls 70M Run	Heats	10:26	T175	U/13 Boys 200M Run	Final	2:07
T129	U/11 Boys 200M Run	Heats	10:35	T176	U/14 Girls 200M Run	Final	2:10
T130	U/12 Girls 200M Run	Heats	10:41	T177	U/14 Boys 200M Run	Final	2:13
T131	U/12 Boys 200M Run	Heats	10:47	T178	U/15 Girls 200M Run	Final	2:16
T132	U/13 Girls 200M Run	Heats	10:53	T179	U/15 Boys 200M Run	Final	2:19
T133	U/13 Boys 200M Run	Heats	10:59	T180	U/17 Girls 200M Run	Final	2:22
T134	U/10 Girls 200M Run	Heats	11:08	T181	U/17 Boys 200M Run	Final	2:25
T135	U/9 Girls 200M Run	Heats	11:14	T182	U/10 Girls 200M Run	Final	2:28
T136	U/9 Boys 200M Run	Heats	11:20	T183	U/10 Boys 200M Run	Final	2:31
T137	U/8 Girls 200M Run	Heats	11:26	T184	U/9 Girls 200M Run	Final	2:34
T138	U/8 Boys 200M Run	Heats	11:32	T185	U/9 Boys 200M Run	Final	2:37
T139	U/14 Boys 200M Run	Heats	11:38	T186	Senior Girls 4 x 100 Relay	Final	2:40
T140	U/15 Girls 200M Run	Heats	11:44	T187	Senior Boys 4 x 100 Relay	Final	2:43
T141	U/17 Boys 200M Run	Heats	11:50	T188	Junior Girls 4 x 100 Relay	Final	2:46
				T189	Junior Boys 4 x 100 Relay	Final	2:49

*\*\*The times listed are the start time of each event. Athletes are to report to the call room 20min prior to the start time.*

**2019/20 Western Plains Zone Championships**  
**Barden Park, Dubbo**  
**Sunday - Field**

	Event	Heat/Final	Start Time
<b>High Jump 1</b>			
	U/11 Boys High Jump	Final	9:00
	U/14 Girls High Jump	Final	10:00
	U/13 Boys High Jump	Final	10:45
	U/12 Boys High Jump	Final	12:00
	U/15 Boys High Jump	Final	13:00
	U/17 Boys High Jump	Final	13:00

	Event	Heat/Final	Start Time
<b>High Jump 2 (Scissor)</b>			
	U/9 Boys High Jump	Final	9:00
	U/10 Girls High Jump	Final	9:30

	Event	Heat/Final	Start Time
<b>Long Jump 1</b>			
	U/7 Girls Long Jump	Final	8:45
	U/12 Girls Long Jump	Final	9:45
	U/10 Boys Long Jump	Final	11:00
	U/13 Boys Long Jump	Final	12:30

	Event	Heat/Final	Start Time
<b>Long Jump 2</b>			
	U/7 Boys Long Jump	Final	9:00
	U/9 Girls Long Jump	Final	9:30
	U/11 Girls Long Jump	Final	10:45
	U/14 Boys Long Jump	Final	11:45
	U/15 Girls Long Jump	Final	12:45
	U/17 Girls Long Jump	Final	13:30

	Event	Heat/Final	Start Time
<b>Triple Jump</b>			
	U/12 Boys Triple Jump	Final	9:00
	U/15 Boys Triple Jump	Final	9:45
	U/17 Boys Triple Jump	Final	9:45
	U/14 Girls Triple Jump	Final	11:00
	U/11 Boys Triple Jump	Final	12:00
	U/13 Girls Triple Jump	Final	12:30

	Event	Heat/Final	Start Time
<b>Javelin</b>			
	U/11 Girls Javelin	Final	8:45
	U/13 Girls Javelin	Final	9:15
	U/15 Girls Javelin	Final	10:00
	U/17 Girls Javelin	Final	10:00
	U/14 Boys Javelin	Final	11:00
	U/12 Girls Javelin	Final	11:45

	Event	Heat/Final	Start Time
<b>Discus 1</b>			
	U/8 Boys Discus	Final	9:00
	U/11 Girls Discus	Final	10:00
	U/7 Girls Discus	Final	10:30
	U/9 Girls Discus	Final	11:00

	Event	Heat/Final	Start Time
<b>Discus 2</b>			
	U/15 Boys Discus	Final	8:45
	U/17 Boys Discus	Final	8:45
	U/10 Boys Discus	Final	9:30
	U/13 Girls Discus	Final	10:45
	U/14 Girls Discus	Final	12:00
	U/12 Girls Discus	Final	13:00

	Event	Heat/Final	Start Time
<b>Shot Put 1</b>			
	U/8 Girls Shot Put	Final	9:00
	U/14 Boys Shot Put	Final	9:45
	U/7 Boys Shot Put	Final	10:15
	U/11 Boys Shot Put	Final	10:45
	U/10 Girls Shot Put	Final	11:45

	Event	Heat/Final	Start Time
<b>Shot Put 2</b>			
	U/13 Boys Shot Put	Final	9:00
	U/9 Boys Shot Put	Final	10:00
	U/12 Boys Shot Put	Final	10:45
	U/15 Girls Shot Put	Final	11:45
	U/17 Girls Shot Put	Final	11:45

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