

NSW 3000m Championships – 10/11/18 - SOPAC

<u>WOMEN</u>	<u>MEN</u>
Heather Vrachliotis 11:24.35 Kirsten Horley 12:10.81 Nina Helm 14:42.48	Lachlan Nairn 9:24.68 Rohan Nairn 11:19.86

Treloar Shield #4 – 10/11/18 - SOPAC

<u>WOMEN</u>	<u>MEN</u>
High Jump Isabella Rudolph 1.60m Hannah Maxwell 1.60m	High Jump Matthew Tilley 2.00m
Triple Jump Liz Scott 10.20m	Javelin 700g Will Irish 46.79m Javelin 800g Cameron McEntyre 65.14m
60m Rowena Craker 7.90 Bethany Halmy 8.12 Olivia Wrightson 8.57 Ava Walker Charles 8.70 Maddie Owen 8.76 Stefanie Fejes 9.01 Jayda Bouveng 9.52	60m Para Jackson Love 10.22 60m Sean Hayashi 7.34 Hayden Wong 7.40 Herman Izzo 8.14 William Irish 8.38 Michael Lynch 8.39 Dean Taylor 8.60 Sam Vaid 8.81 Jeffrey Wrightson 8.89
200m Rowena Craker 25.25 Bethany Halmy 25.74 Olivia Wrightson 27.64 Maddie Owen 28.04 Stefanie Fejes 28.10 Ava Walker Charles 28.12 Jayda Bouveng 30.66	200m Para Jackson Love 34.80 200m Hayden Wong 23.70 Herman Izzo 26.29 Michael Lynch 26.77 Dean Taylor 26.86 Sam Vaid 27.82 Jeffrey Wrightson 29.55
800m Bethany Halmy 2:12.77	800m Conor Carroll 2:09.46