

**Gary Strachan**  
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Hertfordshire AL7 1RN

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### **Swimming Teacher**

**Experience 1990- 1992 sir Frederic Osborn School Herts Lane  
Welwyn Garden City Herts AL7 2AF**

Employed by Welwyn and Hatfield Council  
Teaching secondary school children as part of the schools curriculum  
Implemented various lesson plans

**1995-1996 kalumunda Swimming Pool Shire of Midland  
Perth Western Australia**

Teaching swimming full time as part of the schools curriculum  
Teaching school children of all levels and abilities from complete  
beginners through to competitive level

**2011-2012 active Luton Putteridge Recreation Centre,  
Putteridge Road, Luton LU2 8HJ**

Working part time Saturdays 10.15 am to 1.15 pm  
Teaching children as part of the A.S.A National teaching plan  
I give confidence and teach strength to all pupils  
I also teach one to one when swimmers need extra development

**2010-Present watersplash Swim School Marlborough School  
Watling Street, St Albans, Hertfordshire AL1 2QA**

**Working** part time Tuesday 4.00 pm to 5.00 pm Wednesday 4.30 pm to  
6.00 pm and Sunday 9.00 am to 10.30 am  
Teaching groups of children as part of the A.S.A National teaching plan  
I give confidence and teach strength to all pupils  
I also teach one to one when swimmers need extra development  
I teach wet and dry as and when needed

**2010 – Present Hertfordshire County Council  
Skyswood School St Albans**

Working part time Wednesday 1.30 pm to 2.30 pm  
Teaching junior aged school children as part of the school's curriculum  
Implemented lesson plans as part of the A.S.A National teaching plan  
I also have experience of with working with children with special needs  
and have recently supported an autistic boy in overcoming his fear of  
water. This has been a real success over the past term and I was  
delighted to receive such positive feedback from the boy's parents and  
the head teacher.

**2010-Present Letchworth Swim School**

Working part time Monday evenings 6.00pm – 8.00 pm  
Teaching children as part of the A.S.A National teaching plan  
I give confidence and teach strength to all pupils  
I also teach one to one when swimmers need extra development  
I teach wet and dry as and when needed  
I teach diving and mini water polo

**2000- 2010 Hatfield Swimming Pool Lemsford Road  
Hatfield Herts AL10 0EB**

Working part time Saturdays 9.00 am to 1.00 pm  
Teaching parent and toddler  
Teaching children and adults as part of the A.S.A National teaching plan  
I give confidence and teach strength to all pupils  
I also teach one to one when swimmers need extra development  
I teach wet and dry as and when needed  
I teach diving and mini water polo

**September 2004- 2012 Dolphin Swimming School  
Queen Elizabeth Boy's School  
Queens Road Barnet, EN5 4DQ**

Working part time Mondays and Fridays 4.00pm to 6.00pm  
Working with small groups of children in a private and exclusive school

Teaching in the water giving confidence and good stroke development  
Able to give anonymity to the clients children

**September 2008- 2010 Aspire Enfield Leisure Centres Ltd**  
**Southbury Leisure 192 Southbury Road**  
**Enfield Middlesex EN1 1YP**

Working part time Tuesdays 4.00 pm to 7.00pm  
Teaching small groups of children 5 years to 15 years to A.S.A National  
teaching plan  
Teaching adults to swim from complete beginners to master classes

**September 2007-Present Cannons north London collegiate school**  
Canons Drive, Edgware, Middlesex, HA8 7RJ

Working part time Sundays 12.00 pm to 3.00 pm  
Teaching mainly Asian children to swim in small groups as part of the  
A.S.A Teaching plan  
Giving confidence and improving stamina and stroke development  
I train the children in the skill of life saving

**September 2012- present Swimming 4 Everyone**  
**St Albans School for girls Sandridgebury Lane, St Albans**

Working part time Saturday 8.30Am – 10.30Am Monday 4.00pm  
-5.00pm and Friday 4.30pm-5.30pm  
Teaching children to swim in small groups as part of the A.S.A  
Teaching plan  
Giving confidence and improving stamina and stroke development

**January 2011- present swim with Me**  
Sandringham School, St Albans AL4 9NX

Working part time Thursday 4.00pm-6.00pm and Saturday 3.15-4.45pm  
  
Teaching children to swim in small groups as part of the A.S.A  
Teaching plan  
Giving confidence and improving stamina and stroke development

**September 2011-present UK academy of swimming**  
**Queen Elizabeth Boy's School**  
**Queens Road Barnet, EN5 4DQ**

Working part time Friday 6.15pm-7.45pm and Saturday 12.30pm  
-2.30pm

Friday I coach and train competitive swimmers for an hour  
implementing drills and stamina conditioning stroke correction and  
strength training also I teach non swimming adults catering for their  
needs and giving confidence

Saturdays are teaching small groups of children as part of the A.S.A  
Teaching plan

The swim school works with children with special needs and autism and  
I have taught several children during my time at the swim school and  
have had positive results with the children and great feedback from the  
parent

**Education** 1985 Preliminary A.S.A Swimming Teachers Award

1991 Full A.S.A Swimming Teacher's award

1991 bronze medallion life saving Award

1996 Australian Surf Lifeguard Award

2006 RLSS NPLQ Lifeguard Award

2007 A.S.A Continuing Professional Development  
Flip n Fun and Mini Water Polo

2008 National Swimming Teachers Rescue Award

2009 A.S.A Continuing Professional Development  
Parent and Toddler

2011 National Swimming Teachers Rescue Award

2013 National Swimming Teachers Rescue Award

**References** available upon request

