

**MOOROOLBARK**



**Success runs in their genes**

TAKE on these Mooroolbark siblings at your peril. Tiara, Tayleb and Lateisha Willis, pictured, are all excelling on the athletics track.

All members of Yarra Ranges Little Athletics, the siblings are breaking records and improving every day.

Tiara, 6, in Year 1 at Croydon's Ruskin Park Primary School, is celebrating recently breaking a 30-year club record for long jump, jumping 2.67m.

Tayleb, 10, in Year 4 at Ruskin Park, has achieved success in long jump, 100m and 200m events.

And Lateisha, 13, a Year 8 Mooroolbark College student, has broken five club records.

She competes in various running events and in hurdles, and represented Victoria at last year's School Sport Australia Track and Field Championships.

Their mum Christine Willis said she was incredibly proud of her children's achievements.

"They just love competing," Ms Willis said. "I did little athletics when I was younger but I wasn't as fast as my kids!"

**CROYDON**

**Danny returns to his roots**

A FAMILY connection has brought former Melbourne Victory and Soccerero striker Danny Allsopp back to Croydon City Arrows.

Allsopp, 34, pictured, will represent the Arrows in Football Federation Victoria's State League 4 East competition this season.

His return to the club continues a family history started by his father Tony and that will be carried on by sons Ethan, 9, and Joshua, 7.

Allsopp played with the Arrows, Monbulk and Knox City as a junior before embarking on a worldwide professional career.

He said he wanted other young footballers in Melbourne's east to believe they could also make it to the top of the world game.



**LILYDALE**



Olympic gold medalist Russell Mark with Raphael Michael.

**Olympian offers insight**

EXCITED Lilydale High School students enjoyed a special lesson from Olympic Gold medal shooter Russell Mark last week.

Students from the school's clay target shooting club spent time getting tips from Mark last Monday at the Melbourne Gun Club in Lilydale.

Program co-ordinator Garry Bennett said Mark had been very generous with his time.

"They loved it: some of them didn't sleep the night before because they were so eager," Mr Bennett said.

"He was great with the kids... and they really looked up to him."

**8 Steps to Wellness**

When: Saturday May 11, 2013  
 Time: 6.00 pm  
 Venue: Senior Citizens Hall  
 401 Warburton Highway Wandin North  
 Opening Topic: Does my lifestyle really make a difference

Coordinator: Dr Harold Waldrip  
 Dietitian, Diabetes Educator

Reservations: Phone 5967 1272

A free home cooked vegetarian meal follows the seminar.

A free Community service sponsored by the Yarra Valley Seventh-day Adventist Church.

**ANXIETY AND DEPRESSION RECOVERY SEMINAR**

When: Wednesday May 15, 2013  
 Time: 7.30 pm  
 Venue: Senior Citizens Hall  
 401 Warburton Highway Wandin North  
 Opening Topic: Anxiety and Depression Recovery  
 Speaker: Dr David Bird  
 Reservations: Phone 5967 1272

A free Community service sponsored by the Yarra Valley Seventh-day Adventist Church.