Little Athletics Victoria E-News

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Keep up to date with what's happening at LAVic by 'Liking' Little Athletics Victoria on Facebook and following us on Twitter

Get Set for the 2013/2014 Season!

Welcome to the new season of Little Athletics in Victoria.

Registrations for the 2013/2014 season are open, although only Athletes of affiliated Centres will be able to register. To check if you Centre is affiliated, please click on the button below:

Affiliated Centres – Little Athletics Victoria

In preparation for your registration it is recommended that you contact the Centre you are looking to register with (prior to completing any registration) to ensure that you are aware of all their requirements regarding fees, competition day, times and duty commitments that are relevant. Click HERE to login to the Little Athletics Victoria Registration Portal to renew your membership.

Little Athletics Victoria 50th Anniversary

Little Athletics Victoria will celebrate its 50th anniversary this season. Get ready to help us celebrate with some great activities and special events planned for the 2013/2014 season, including:

- 5 October – Opening Day 'Centres' 50th Season
- 20 October – LAVic 50 Years Open Day (Geelong)
- 20 October – LAVic 50 Years Region Challenge (Geelong)
- 20 October – LAVic 50 Years U6/U7 'On Track' Gala Day/Workshop (Geelong)
- 2 May 2014 – Australian Little Athletics Championships (Albert Park)
- 4 October 2014 – LAVic 50th Anniversary Dinner (Melbourne)

Additional information will be provided closer to the events so stay tuned!

50 Years Open Day & Region Challenge

Sunday 20th October 2013

John Landy Athletics Field, South Geelong

On the 20th October Little Athletics Victoria will be hosting a special 'Region Challenge', bringing together a select group of U10-U16 athletes to compete for their Region in a handicapped event. Held in conjunction with the LAVIC 50 Years Open Day and available to all U9-U16 registered athletes, this event promises to be a fun, exciting day of competition and participation.

Region Challenge:

Each Region will select a team of 34 athletes, consisting of two boys and two girls from each age group from U10-U16, plus six 'wild cards' (three boys and three girls) from U10-U16 to contest the Region Challenge. The Region Selection Committees will select a team of eligible athletes derived from the first place-getters of the U9 to U15 age groups of the 2012/13 Region Track & Field competitions.

In this fun team event, athletes will be awarded points from each performance towards their Region's aggregate total. Medals will be presented to the top three placed Region Teams, as well as commemorative medals and certificates presented to all competing athletes.

50 Years Open Day:

The 5o Years Open Day is open to all registered athletes from U9-U16. Athletes can enter a maximum of three events and may compete up one age group where there is not an equivalent event in their age group. Please note this Open Day is capped at 24 athletes per event, so get in quick to avoid missing out!

Entries for the 50 Years Open Day & Region Challenge open 9am Tuesday 8th October and close 5:00pm Friday 11th October 2013.

The following events will be contested for the 50 Years Open Day:

U9	U10	U11	U12	U13	U14	U15	U16
70m	70m	70m		70m			
100m		100m	100m	100m	100m	100m	100m
	200m		200m		200m	200m	
400m		400m		400m			400m
	800m	800m		800m		800m	
			1500m		1500m		1500m
60mH		60mH	80mH	80mH		90mH(G)/100mH(B)	
					300mH		300mH
	1100mW		1500mW		1500mW		1500mW
	HJ		HJ		HJ		HJ
LJ		LJ		LJ		LJ	
	TJ		TJ		TJ		TJ
	Discus		Discus		Discus		Discus
Shot Put		Shot Put		Shot Put		Shot Put	

Education and Development

Most of the Education programs for the upcoming season have been released, with courses already being delivered and many more to follow. The courses for our parents and volunteers include:

ITCC – Introduction to Coaching course
Starters Seminar
On Track Workshops
ITOC – Introduction to Officials course

All of the course information can be found on the LAVic website by clicking on the button below, which is also found on the home page. From there, you can select any course and will be directed to the relevant section.

Alternatively this information and more can be found under the Education and Training tab on the home page of the LAVic website.

The Race Walking Judging seminar will be conducted on Sunday 20th October in Geelong, in conjunction with the 50th Years Open Day. The online portal will be opened as soon as the final details are confirmed.

Upcoming Officials Education

New courses, seminars and workshops are continually being introduced into the calendar so please visit our website for an up-to-date list.

Cred – Up & Cash up Level C Officials Course – Geelong (John Landy Field, Geelong South)

- 30 September – Jumps

View the Application Form for more info.

Cred – Up & Cash up Level C Officials Course – Bendigo (La Trobe University Athletics Track)

- 21 November – Jumps

View the Application Form for more info.

Vale Tom Kelly 1931-2013

On behalf of the Board of Management, Staff and Little Athletics community, it is with great sadness that we extend the Kelly family our deepest condolences on the tragic passing of Tom Kelly on Saturday evening in Mount Evelyn.

Tom's involvement in the sport of athletics as both an athlete and coach traversed a wide variety of organisations and personnel. His initial involvement in athletics, representing both Ireland and Australia, saw him win an international marathon in Korea in 1961 representing Box Hill Athletic Club.

Tom's involvement as a coach was initially at Box Hill. For the last 35 years, Tom was involved with Doncaster where he virtually coached at the track every day, teaching athletes a variety of disciplines including sprinting, hurdles and middle/long distance events. Tom has also served as a committee member at Doncaster for many years. He was Cross Country, A-Grade, Interclub and State League Team Manager, which included all of Tom's trimmings being advisor, counsellor, driver, psychiatrist and jack of all trades. Tom was awarded Life Membership in 1994.

Tom's commitment to Little Athletics was also extensive. He was involved in the Junior Development Squad for many years and trained our State Squad members prior to National Championship competition. Tom was always involved in the JDS Camp in January at Melbourne University and would assist at clinics and carnivals regularly. He was one of the most flexible coaches because of his array of knowledge. His coaching prowess led him to countless state, national and international titles in conjunction with his army of athletes throughout his proud, passionate and determined association on and off the track.

Tom always enjoyed 'the banter' being an Irish larrikin, and relishing in a laugh with everyone around him. His participation and generosity will be long entrenched in the memories of many in the wider athletics community. He will be sadly missed.

Casey Little Athletics Track Upgrade

This season will be Casey Little Athletics last season on a grass track after the City of Casey were recently successful in obtaining a $1.2M grant from the Regional Development Australia Fund. A new synthetic track is planned for the 2014/2015 season and is fantastic news for Casey Little Athletics and athletics in general. Laura Smyth, the current Federal MP for the Latrobe area, visited the Centre on Tuesday, 27th August to make the official announcement.

Upcoming Calendar of Events

September

21 Sept	U11 Skills Clinic - Nunawading / Albert Park
22 Sept	On Track Workshop - Albert Park
22 Sept	Starters Seminar - Albert Park
26 Sept	U7 - U10 Mc Donald's Clinic - Bendigo
29 Sept	Introduction to Coaching Course (Diamond Valley)
29 Sept	Introduction to Coaching Course (Echuca-Moama)
30 Sept	Cred-Up and Cash Up! Officials Course – Jumps Level C (Geelong)

October

2 Oct	U7 - U10 McDonald's Clinic - Collingwood
5 Oct	Opening Day 'Centres' 50th Season
6 Oct	Little Athletics Australia National U15 Camp – AIS Canberra
7 Oct	Little Athletics Australia National U15 Camp – AIS Canberra
7 Oct	Online Region Relay Entries Open
7 Oct	Online State Multi Event Entries Open
7 Oct	Online Region Track & Field Entries Open
8 Oct	Little Athletics Australia National U15 Camp – AIS Canberra
8 Oct	Online Registrations Open for 50 Years Open Day
9 Oct	Little Athletics Australia National U15 Camp – AIS Canberra
11 Oct	Registrations Close for 50 Years Open Day – 5pm
13 Oct	Starters Seminar - Ringwood
13 Oct	Melbourne Marathon
20 Oct	Little Athletics Victoria 50 Years Open Day (Geelong)
20 Oct	Little Athletics Victoria 50 Years Region Challenge (Geelong)
20 Oct	LAVic 50 Years U6/7 'On Track' Gala Day/Workshop (Geelong)
20 Oct	Race Walking Coaching Clinic - Geelong
20 Oct	Race Walking Judging Seminar - Geelong
20 Oct	On Track Workshop - Geelong
22 Oct	SSV (Secondary) Track & Field Championships – Albert Park
25 Oct	Victoria All Schools Track & Field Championships – Albert Park (Day 1)
26 Oct	Victoria All Schools Track & Field Championships – Albert Park (Day 2)
27 Oct	Victoria All Schools Track & Field Championships – Albert Park (Day 3)