



# **Australian Little Athletics Championships**

**Little Athletics Association  
of Victoria Incorporated**

## **Regulation 19**

**Registration Number: A0003260D**

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**AUSTRALIAN LITTLE ATHLETICS CHAMPIONSHIPS**  
**of**  
**LITTLE ATHLETICS ASSOCIATION OF VICTORIA INC**  
**Registration Number: A0003260D**

**SECTION 1 - AUSTRALIAN LITTLE ATHLETICS CHAMPIONSHIPS**

**1.1 PURPOSE**

- (a) This Regulation sets down the procedural requirements of the Association for participation in the Australian Little Athletics Championships.

**1.2 MANAGEMENT TEAM**

**1.2.1 Composition**

- (a) The Management Team will comprise no more than five members, with both genders being represented.
- (b) The members of the Management Team must:
- (i) Not have any direct relationship (e.g. Parent) with any of the athletes available for selection;
  - (ii) Be available to attend the State Multi Event, Region Qualifying and State Track & Field Championships;
  - (iii) Be able to demonstrate the ability to work with young people aged between twelve and fifteen;
  - (iv) Be available for all squad/team activities, and Management/Selection meetings;
  - (v) Attend any other athletic events deemed necessary by the Board of Management including Junior Development Squad activities; and
  - (vi) Have a current Drivers Licence and Working with Children Card.

**1.2.2 Team Manager**

- (a) The Team Manager is responsible for the leadership and direction of the Australian Little Athletics Championship (ALAC) Management Team, in accordance with the policies and established procedures/practices laid down by the Association.
- (b) The appointment is for a term of one year and advertised in June/July of every year.
- (c) Applicants must have prior experience as a member of the ALAC Management Team.
- (d) The CEO and at least one Director will interview applicants.
- (e) The responsibilities of the Team Manager are to:
- (i) Assist the Board of Management each year with the selection process for the Management Team and Coaches;
  - (ii) Develop a working relationship with coaches throughout Victoria who would be willing to add team members to their squads;
  - (iii) Work with other members of the Management Team to ensure team members perform to the best of their capabilities;
  - (iv) Form part of the Selection Panel;
  - (v) Motivate the team before and during the ALAC competition;
  - (vi) In consultation with the Team Management ensure that all administrative requirements have been fulfilled and confirmed for both squad and team activities;
  - (vii) Participate in all team activities;
  - (viii) Monitor potential team members performances in the months preceding ALAC squad/team selection; and
  - (ix) In consultation with members of the Management Team prepare a detailed report of the ALAC activities for the Board of Management to review for future reference

### **1.2.3 Team Co-ordinator**

- (a)** The Team Co-ordinator coordinates team travel, uniform, accommodation and social activities in co-operation with the LAVic Office to ensure that the trip is fulfilling, purposeful and successful for all team members.
- (b)** The appointment is for one year and advertised in July/August.
- (c)** Applicants will ideally be a member of the LAVic Staff.
- (d)** The Team Manager, the CEO and one Director will interview applicants.
- (e)** The responsibilities of the Team Co-ordinator are to:
  - (i)** Liaise with the other members of the Management Team to organise the coaching program including venue selection and booking;
  - (ii)** Manage the measurement, sizing, embroidery and distribution of the uniforms;
  - (iii)** Produce and work within a designated budget as approved by the Board of Management;
  - (iv)** Motivate and provide counselling for the athletes;
  - (v)** Organise travel and accommodation for all athletes and Team Management in conjunction with the LAVic Office;
  - (vi)** Liaise with the Office staff to ensure that all paperwork and bookings have been completed;
  - (vii)** Attend the Team Management Meeting at the event;
  - (viii)** Form part of the Selection Panel;
  - (ix)** Organise for athletes to be advised of their inclusion in the squad/team;
  - (x)** Help promote the ideals and selection policy of the LAVic ALAC Team;
  - (xi)** Motivate the team before and during the ALAC competition; and
  - (xii)** Be responsible for the acceptance and safe return of team members at the beginning and end of each ALAC team activity.

### **1.2.4 Team Management (3)**

- (a)** There will be three Managers, nominally an U13 Girls' Manager, an U13 Boys' Manager and an U15 Multi-Event Manager.
- (b)** The managers will take responsibility for all coaching activities related to the selection and development of the team.
- (c)** The appointments are for one year and advertised in July/August.
- (d)** Applicants must be a financial member of the ATFCA/AA with a minimum of Level 1 qualification and must be an active LAVic coach.
- (e)** The Team Manager, the CEO and one Director will interview applicants.
- (f)** The responsibilities of the Team Management are to:
  - (i)** Form part of the Selection Panel;
  - (ii)** Assemble and lead a panel of coaches who will assist with squad/team training.
  - (iii)** Develop a working relationship with coaches throughout Victoria who would be willing to add team members to their squads.
  - (iv)** Motivate the Team before and during the ALAC competition.
  - (v)** Work with other members of the Management Team to ensure that team members perform to the best of their capabilities.
  - (vi)** Ensure that all team members have a monitored training schedule.
  - (vii)** Communicate with coaches of team/squad members as required.
  - (viii)** Assist in the selection of training venues that offer all required event facilities.
  - (ix)** Monitor potential team member's performances in the months preceding ALAC squad/team selection.
  - (x)** Assist ALAC Co-ordinator in the preparation of the post competition report.
  - (xi)** Provide counselling for the athletes

**1.3 SELECTION PANEL**

- (a) The role of the Selection Panel is to name a squad of athletes from which the final team is selected.
- (b) The Selection Panel will comprise:
  - (i) Two Board representatives
  - (ii) Two Membership representatives – appointments are advertised in July/August and selected by the Board of Management;
  - (iii) Two representatives from the Management Team; and
  - (iv) The Team Manager;
- (c) The Board and Membership representatives must be available for all squad/team activities, and Management/Selection meetings.
- (d) The Selection meeting will ideally be the Sunday night after the State Track & Field Championships and be attended by all members of the Selection Panel and all members of the Management Team.

**1.4 SELECTION CRITERIA AND PROCESS****1.4.1 Eligibility for Selection**

- (a) To be eligible for selection an athlete must have:
  - (i) Competed in the LAVic State Track & Field or Multi-Event Championships;
  - (ii) Been registered a minimum of one season prior to the season of selection;
  - (iii) For Under 13 athletes, been registered by 30 November; and
  - (iv) For Under 15 athletes, been registered prior to the close of entries for the State Multi-Event Championships.

**1.4.2 Under 13 Athletes**

- (a) The initial squad will contain sufficient Under 13 athletes as determined by the Selection Panel to facilitate selection options in each event.
- (b) The final team will consist of twenty-two athletes.
- (c) Athletes are selected, who in the view of the Selection Committee, can obtain the maximum possible points score for the Team. The calculated score uses a table of "Points vs. Performance" based on a ten-year average of performances in all events at the Little Athletics Australia Championships.
- (d) While primarily based on results at State Championships selectors may consider other verified performances for selection.

**1.4.3 Under 15 Multi-Event Athletes**

- (a) The first five male and female placegetters from the Under 15 Multi-Event Championships are invited to form the initial squad.
- (b) In the event of an athlete declining the invitation, the next best-placed athlete will be invited to join the squad.
- (c) The two athletes of each gender to compete at the ALAC shall be selected from the squad. The selection to be made by the selection committee as in 1.4.5 (b).

**1.4.4 Squad and Team Training Sessions**

- (a) Athletes will participate in a number of training sessions, including a sleep over, determined by the Management Team.
- (b) Attendance at all training sessions is vital to the selection process. Athletes who cannot commit to this may jeopardise their chances of selection.
- (c) The members of the Selection Committee will attend the training sessions.

**1.4.5 Final Team Selection**

- (a) The final team selection generally takes place on the Sunday of the sleepover.
- (b) The Panel for the final selection will be:

- (i)** The Team Manager;
  - (ii)** One Director;
  - (iii)** One Membership representative; and
  - (iv)** Two members of the Management Team.
- (c)** The panel will consider all squad athletes and will make their selection based on athlete performances, commitment and attitude over the training sessions.
- (d)** The twenty-two (22) athletes selected will be the best combination available to cover the thirty (30) event positions for each gender and earn the maximum points for the Team.

## **1.5 ADMINISTRATION**

- (a)** All Team members will be provided with a uniform.
- (b)** Each athlete selected in the LAVic Team will be required to pay a levy. The Board of Management will determine this levy annually.
- (c)** The balance of the cost of travel, accommodation and meals will be divided equally between the athlete's Centre and LAVic.