

THE SOUTH AUSTRALIAN LITTLE ATHLETICS ASSOCIATION INC.

'be active' STATE INDIVIDUAL CHAMPIONSHIPS 2013/2014
SANTOS STADIUM - Mile End
Saturday 22nd and Sunday 23rd March, 2014

5 Event Specific Rules

5.1 Specified Dates

Nominations Close: 3rd March 2014 (at 3:00pm)
Registration Cut Off: 31st December 2013
Qualification Period: 1st September 2013 to 2nd March 2014

5.2 General Information

1. The rules of this event are specified in the following pages, and should be read in conjunction with the General Rules of Competition.

5.3 Eligibility

5.3.1 General

To be able to enter this competition, athletes must be registered with the association by the registration cut off date.

5.3.2 Qualifications

1. Athletes must have met the qualifying standard for the nominated events on at least two occasions within the specified Qualification Period.
2. To be eligible for the State Individual Championships, an athlete must participate in a number of meets equivalent to half the number of competition weeks from their date of registration to the end of the qualification period.
3. A competition week is a week in which:
 - (a) a meet is conducted by an athlete's Little Athletics Centre
 - (b) the athlete's Centre has a joint meet at another centre
 - (c) there is an open Association meet (Regional Games, Personal Best Day)
4. In addition to the meetings specified above, the following may be counted towards an athlete's total meets:
 - (a) State Relay Championships
 - (b) State Multi Event Championships
 - (c) Holiday Coaching Clinic Meet
 - (d) At most two individual visits to an affiliated Little Athletics Centre within Australia
5. For a meeting to be counted for qualification, the athlete must have competed in at least half of the events offered for their age group.
6. Performances achieved by an athlete making an individual visit to another centre are only valid for qualification purposes when both of the following conditions have been met:
 - (a) The performance has been recorded by the Recorder of the visited Centre
 - (b) The performance has been verified by the athlete's own Centre Recorder either by telephone or in writing
7. Qualification criteria must be certified by the athlete's Centre recorder.
8. Spot Checks of eligibility will be performed by Association officials.
9. Athletes who are unable to meet all of the above qualification requirements due to illness or injury, or other satisfactory reason, may appeal in writing to the Competition and Technical Director (c/o the Association Office) to have certain eligibility requirements waived to enable them to compete.
 - (a) Any request for exemption should be accompanied by a copy of the athlete's competition record for the season, along with any other supporting documentation such as doctors' certificates or letters from other health practitioners.

5.4 Nominations

1. Athletes wishing to compete at this meeting are required to nominate **through their Centre** prior to the meeting.
2. Parents/athletes must therefore ensure that they provide nominations to their Centre in sufficient time to ensure that they can be forwarded and received by the Association Office by the closing time. Late entries are unable to be accepted.
3. Athletes may nominate for a maximum of five events only.
4. Centres are to submit a completed Centre Summary Entry Form via email to competition@salaa.org.au by the closing time for nominations. Individual nomination forms do not need to be forwarded to SALAA.
5. Centres are to forward all entry fees to SALAA to arrive no later than seven days after the close of nominations.
6. By submitting the Centre Summary Entry Form, the Centre certifies that all athletes have met the qualification criteria for this event. Where an entry requires special consideration, the original entry form along with supporting documentation should be forwarded to SALAA.

5.5 Events Provided

1. All standard events (except Relays and Cross Country) will be provided for each of the Under 9 to Under 17 age groups.
2. The number of events that an athlete can compete in is limited to five.
3. Should there be too many entries for a particular event, the Competition and Technical Director may limit the fields to a manageable number. Performances on entry forms will be used to assist this process.

5.6 Entry Fees

1. The Santos Stadium has been hired at considerable cost to the Association for this meeting.
2. To help cover such costs a nomination fee for competitors has been set at **\$3.00 per event**.
3. The nomination fee must accompany the entry form.

5.7 Centre Responsibilities

Promote this meeting at the Centre and ensure that athletes and parents are aware of this competition and the rules and conditions of entry.

5.8 Parent Responsibilities

Parents are to provide full support to the running of events including reporting to the specified marshalling area and events on time and to personally arrange alternatives if unable to attend at the allocated time.

5.9 Marshalling

1. Athletes are required to report to the designated marshalling area 15 minutes for Track Events and 30 minutes for Field Events prior to the scheduled start time of each event.
2. Where an athlete fails to marshal prior to the event being ready to leave the marshalling area, then that athlete will not be permitted to join the event.
3. Parents acting as officials are required to report to their allocated event 15 minutes prior to the scheduled start of their time-slot.

5.10 Special Competition Rules

1. Changes to the program, rules or other conditions will be announced over the public address system. The onus is on competitors to be aware of any changes.
2. Every athlete must compete in their own age group.
3. A competitor may leave a field event to take part in a track event, but only after notifying the official in charge of that field event.
4. A competitor may rejoin a field event after returning from a track event. The competitor will rejoin at the current status of the event (not the status existing when the competitor left it to compete at the track event).
5. A competitor is not permitted to join a field event after it has started unless the official in charge of that event has been notified beforehand that the athlete will be delayed by a clash in their events.
6. Where more than one heat is programmed for a particular event, and only sufficient athletes report to fill one heat, then at the discretion of the Arena Manager, that heat may be run as a final.

7. The only persons permitted to enter the competition area are those athletes involved in an event and others directly involved in officiating of an event or the meeting generally, except with the express approval of the Arena Manager.
8. Pacing or Coaching in the arena or any other competition area, or in any marshalling area is prohibited.
9. Any breach of the rules of this competition renders the competitor liable to disqualification.

5.11 High Jump Bar

The bar will start at 5cm below the qualifying height, and then go up in 5cm increments until 6 or fewer athletes are remaining, then will go up in 2cm increments.

5.12 Practice Jumps and Throws

Practice trials will be allowed in all field events.

5.13 Progression from Heats to Finals

5.13.1 Field Events

1. In all field events (excepting High Jump), if there are 8 or less competitors at the start of the event then all those competitors will be given 6 trials (ie throws or jumps).
2. If there are more than eight competitors then all will start with 3 trials.
3. After the initial three trials, the leading 8 competitors (and any equals) are determined and then these competitors will be given an additional 3 trials.
4. Performances for an athlete are determined over all of the trials they contested.

5.13.2 Track Events

1. The final of all track events will be made up of the 8 best competitors over all of the heats.
2. The following teams shall progress to the final in their event:
 - a. 2 heats: 1st, 2nd and 3rd in each heat plus the next 2 fastest times
 - b. 3 heats: 1st and 2nd in each heat plus the next two fastest times
 - c. 4 or more heats: 1st in each heat with the remaining lanes filled by the next fastest times
3. Lane allocations for finals will be performed as follows.
 - a. Following the running of the heats, athletes shall be ranked on the following basis:
 - i. Fastest heat winner, second fastest heat winner, etc
 - ii. Fastest 2nd place in heat, second fastest 2nd place in heat, etc
 - iii. Concluding with: Fastest next qualifier, second fastest next qualifier
 - b. Using the rank determined above, three random draws will take a place
 - i. one for the highest four ranked athletes to determine placings in lanes 3, 4, 5 and 6;
 - ii. another for the fifth and sixth ranked athletes to determine placings in lanes 7 and 8;
 - iii. another for the two lowest ranked athletes to determine placings in lanes 1 and 2.
4. Where tied times occur for a position in the final, and if there are sufficient lanes available all tying athletes shall qualify for the final. If there are insufficient lanes, then the following will be applied:
 - a. In the first instance this will be resolved by selecting athletes with the best placing in their heat.
 - b. If a tie still occurs for a position in the final, the positions in the final will be randomly drawn.
5. A list of athletes to compete in a final will be posted on the windows of the grandstand approximately 45 minutes after the completion of the heats.
6. Where only sufficient entries are received to fill a single heat, that event will be conducted as a straight final at the scheduled heat time.

5.14 Protests and Appeals

Protests may be lodged at this meeting in accordance with General Rule 1.13.

5.15 Recording and Awards & Scoring System

5.15.1 Recording and Awards

1. Medals will be presented to the first three place getters in the finals of events.
2. A Boy and Girl "Athlete of the Meet" will be chosen based on performances over all of their events at this Championship. Winners will be announced at a later date.

3. Presentations will be delayed in order for medal winners who are competing in other events to complete those events without interruption.
4. Medal winners who must leave the venue prior to their medal presentation are requested to notify the Presentation Area so that the other medal winners in their event are not unfairly delayed in their medal presentation.
5. Please note that placings for medals on track events are based solely on the judged order of finishing and not simply on the basis of recorded times for the event.

5.15.2 Scoring System

The scoring system for the selection of the athletes of the meet is as follows:

1. Points are awarded to athletes who reach the finals on the following basis:

Competitors	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
8 Starters	10	7	5	4	3	2	1	0
7 Starters	10	7	5	4	3	2	1	
6 Starters	10	7	5	4	3	2		
5 Starters	10	7	5	3	2			
4 Starters	10	6	4	2				
3 Starters	10	6	3					

2. No points are awarded if there are less than three athletes in the event.
3. Bonus points are awarded when an athlete achieves or exceeds an existing State Best Performance.
 - a. Equal SBP 3 Points
 - b. New SBP 5 Points
4. Bonus points are awarded where an athlete achieves or exceeds an existing Australian Best Performance
 - a. Equal ABP 8 Points
 - b. New ABP 10 Points
5. If an Australian Best Performance that also happens to be a State Best Performance were achieved, only the points for the Australian Best Performance would be awarded.
6. In the event of a tie for the athlete of the meet, all athletes tying will be awarded the Athlete of the Meet.

5.16 State Best Performances

State Best Performances (SBPs) may be claimed during this competition but must be ratified in accordance with the rules of the SALAA.