

2013 IGA State Track & Field Championships

Event Newsletter

Phone: (03) 8646 4510
Toll Free: 1800 689 112
Fax: (03) 8646 4540
E-mail: office@lavic.com.au
Website: www.lavic.com.au

26 March 2013

No shortage of excitement on Day 1

Bendigo's La Trobe University Athletics Complex was bathed in sunshine as athletes travelled from all across Victoria to compete in the 2013 IGA Little Athletics State Track and Field Championships.

It didn't take long for the energy to explode as families, centres and athletes packed the stadium ready for a full day of action and excitement.

Straight off the mark, records were broken, tears of happiness were shed and roars of joy could be heard from a mile away.

The competition was fierce in the U15 girl's javelin as two competitors, **Maree Muscara** (Essendon), and **Kathryn Brooks** (Box Hill) battled it out for overall glory. The steel tape was brought out on multiple occasions during the event as both girls continued to break the state record. It was Kathryn's final throw of 41.99 that declared her the overall victor.

Adding to their medal tally and continuing their friendly rivalry were **Celeste Mucci** (Williamstown) and **Kara Olsen** (Keilor). The pair just returned from Junior Nationals in WA where they performed superbly and took home multiple medals between them. In today's events, Celeste took the win from Kara in the 80m hurdles only to be beaten by Kara in the high jump. Yet, Celeste's spirits weren't dampened as she came back in full force to steal victory away from Kara in the long jump.

Amongst other record breaking highlights:

- **Abbey Krippel** (Geelong) was outstanding in the girl's U10 80m hurdles, as she eclipsed the competition (with a time of 13.96) and broke the state record (14.01)
- **Ellie Sanford** (Waverley) blitzed the straight to break the state record (2:14.44) and win the girl's U15 800m (2:13.62)
- The boy's U10 200m record (28.53) was broken by **Brodie Hicks** (Altona) who won in a time of 28.44
- **Michael Cann** (Frankston) demonstrated impressive form in the boy's U14 triple jump as he catapulted through the air with a leap of 13.31, breaking the state record by 18cm
- **Ryan Patterson** (Yarra Ranges) ran an inspirational race in the boy's U15 800m, breaking the record (1:59.57) in a time of 1:55.95
- The U13 boy's 200m was won by **Harry Ma'o** (Knox) in a time of 24:15 breaking a 1996 record of 24:49
- **Georgia Laven** (Yarra Ranges) was in impeccable form in the girl's U10 800m, claiming gold in a time of 2:29.65 and breaking the existing state record of 2:30.10
- **Sam Flockart** (Sandringham) rose to the occasion in the boy's U9 800m by breaking the state record (2:30.10) by a mere three hundredth of a second (2:30.07).

Athletes shine as the Championships wrap up

Crowds flocked to Bendigo's La Trobe University Athletics Complex for the final day of the State Track and Field Championships.

Spectators cheered, athletes soared, friendships were formed, and the energy at the stadium remained electric.

Taylor Vasiljevic (Casey) was excited to walk away with gold medal in the Girls U14 1500m "Last year I came second, so I am happy with the way I performed. I've been training really hard for the last week, trying to get my time down. Overall, I had fun" said Vasiljevic.

Records continued to be broken as incredible performances were in abundance. Some VBP's are as follows:

- **Abbey Krippel** (Geelong) broke another state record (10.46) in the girl's U10 60m hurdles (10.44), as did **Harry Ma'o** (Knox) in the boy's U13 100m (11.86, VBP 12.05), and **Brodie Hicks** (Altona) in the boy's U10 400m (1:02.98, VBP 1:04.11)
- **Jilven Dias** (Keilor) blitzed the straight to break the state record (11.15) in the boy's U15 100m (11.08)
- **Lachlan Grist** (Geelong) and **Branden Valentan** (Waverley) both broke the state record in the boy's U9 400m (VBP 1:07.39) with Lachlan winning gold (1:06.41) and Branden coming in a close 2nd (1:06.52)
- **Adam Spencer** (Moorabbin) broke the state record (1:01.07) in the boy's U11 400m (59.78) as did **Caitlin Pinto**, also from Moorabbin, in the girl's event of the same distance (1:03.47, VBP 1:03.53)
- **Michael Cann** (Frankston), who broke the state record in triple jump yesterday, came back in full force to not only win the gold (6.44m) in the boy's U14 long jump, but to jump 13cm further than the recorded VBP of 6.31m.

Kathryn Brooks (Box Hill) who broke the state record and walked away with gold in the U15 Javelin said "This year's competition was a lot tougher. Some of the girls are a lot stronger than they were last year which makes the competition a lot better".

Kathryn, who came 6th at the Junior National Athletics Championships in Perth last week, had a knee injury a couple of years ago where she wasn't able to partake in sport for 12 months. Kathryn, who only started Little Athletics at age 11, competed at State Champs 2 years ago with a broken arm. "Just go as hard as you can, never give up and get through what you can without injuring yourself" responded Kathryn when asked what advice she would give to young athletes.

LAVic Competition Manager, Matt Collister reported that the Championships were a huge success and he is looking forward to returning to Bendigo in 2015.

"It was fantastic to see the level of enthusiasm from all the centres, families, athletes, officials and volunteers. The event's success is a testament to the hours spent and the army of volunteers that not only came out on the day, but travelled in advance to assist with the set-up. The atmosphere was fantastic and it was great to see everyone come together to support our young athletes"

[CLICK HERE](#) to view a compilation of photos from the Championships.

Medal Tally Top 10 Centres



No.	Centre	Medal Tally
1	Diamond Valley	49
2	Geelong	42
3	Knox	37
4	Essendon	34
5	Sandringham	28
6	Frankston	23
7	Mentone	21
8	Box Hill	18
9	Casey	17
10	Bendigo	15

