



A Sub-Committee of The New South Wales Ski Association T/A NSW Snowsports  
 ABN 91 001 086 339

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## Welcome to XC Winter 2012

What a ripping start to winter! A Long Weekend with entertainment AND snow enough to get the skis out for a trial run. THEN the perfect snowfall to get the groomers out for the initial pack and groom. It is cold. The weather has been kind. There is a full calendar of events, training and social activity. All the pieces are in place for a fine winter ahead.

### NEWS OF THE DAY

**ON-LINE ENTRIES:** The On-Line entry system is now active !!

On-line entry for the following events is available on the [NSW Snowsports](http://www.nswsnowsports.com.au) website, then select the XC page.

1	ACT Jr/Open/Masters 2.5/3.5/5/10 km Championships	CL	14/07/12
2	NSW Jr/Open/Masters 2.5/3.5/5/10/15 km Championships	FS	15/07/12
3	Australian Jr/Open Sprint Championships	FS	28/07/12
4	Australian Jr/Open/Masters 2.5/5/10 km Championships	CL	29/07/12
5	City Tattersalls Club Boonoona Open	CL/FS	05/08/12
6	Australian 15/30 km Long Distance Championships	FS	11/08/12
7	Snowy Mountains Classic	FS	11/08/12

Please [contact](#) us if you have problems or comments on the system.

### GROOMING:

Welcome to our new groomer Kirk Petersen. He is an experienced groomer and plant operator, now adding specialist cross country grooming to his CV. He is a quick learner and we have a lot of fine tracks ahead of us this winter.

Daily grooming reports are going out early each morning. Let us know if you would like to be added to the list. A link with NPWS and Twitter distribution of the report are being investigated. All very high tech.



And many thanks, as always, to NPWS.

## MASTER SKIERS SERIES 2012:

Information about this season's event series is attached at the end of this newsletter.

The challenge is aimed at encouraging skiers who might think that they aren't fit or fast enough to try some of the wide variety of events on offer.

Event Organisers love participants, the more the better! Event Organisers are a dedicated lot and work hard for the sport – support the events, have some fun and maybe win a prize!



## SPECIAL EVENTS:

Some of the special and worthy events from the National XC Race Calendar (available on [AUSXC](#)) to put in your calendar this winter –

- Night relays – Mon 6/8/12 – a night for fun and Nordic Shelter fundraising.
- Sundeck Cup – Thur 9/8/12 – Something completely different to raises funds for the Aust XC Team.
- Fast & Female – Sun 22/7/12 - a new initiative in conjunction with ACTXC Ski de Femme

**Ski De Femme**  
Ski De Femme



SnowSport ACT presents  
an event for women and girls at Perisher

## Ski De Femme / Fast and Female

Sunday 22nd July 2012

9am - Check in at Perisher Nordic Centre

- to pick up or purchase your buff
- be allocated into groups

10am - Coaching clinics for all ages and abilities

12pm - Novelty relays for U19 participants  
great spot prizes to be won!!

1pm - Lunch

1:30pm - Presentations  
and guest speakers Brooke Darlington and Sally Cunningham

## BOOK IN ONLINE OR JUST ROLL UP ON THE DAY

Under 20's register online and for \$10 you will receive an official Fast and Female Buff  
Register on the day for \$20 Under 20 includes buff and lunch.  
Adults \$30 includes lesson, morning tea and lunch.

register at: [www.FastandFemale.com](http://www.FastandFemale.com)

For more information contact Allison Stoddart: 0416627747 or Rhonda Cunningham: 0405963450

**GRANTS:** NSWXC has been the fortunate recipient of a number of grants this past year:

- Local Sporting Champion grants from the Aust Sports Commission have supported NSWXC athletes travelling to national competitions.
  - NSW Communities (Sport and Rec) and K7 have subsidized members of the NSWXC Team and Squad in obtaining XC Instructor and Coach qualifications. This valuable project is in its third year and has ensured that there is a continuing stream of new qualified XC instructors and coaches, as well giving the athletes another way to participate in their sport.
  - Volunteer grants provided by FaHCSIA have provided chef jackets for the BBQers to save their good ski jackets, mats to save the feet of event officials and timing equipment.
  - The Amelia McGuiness Foundation (AMASDF) provided significant travel grants to promising young snowsports athletes, including 8 XC skiers. For more information about the Amelia Fund, go to the NSW Snowsports website.
  - Perisher Resort created a fund for local community organisations from the income of the pre-season weekend, and the Nordic Shelter was one of many recipients – thanks to Perisher for a generous initiative.
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## A NEW WAY TO BE COUNTED!!



Ski and Snowboard Australia (SSA), in partnership with the Australian Sports Commission, has introduced **SnowRacer**, an innovative program that can provide long-term benefits to our sport and some immediate benefits to you. Please click this link - [SnowRacer](#) - for all of the information you need (individuals and clubs/organisations).

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## A REQUEST:

Southern Alps Ski Club is working with a group of keen young members interested in XC skiing and building a small collection of skis and boots for their use. Please contact Arthur Owens (<mailto:owensja@airlan.com.au>) if you have spares cluttering your garage and would like to donate some reasonable skis and boots.

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**AND FINALLY:** The inevitable Nordic Shelter donation form is attached below.

- Significant increases in the cost of power and insurance are anticipated.
- Fundraising activities events occur throughout the winter, so please support those.
- The generous donations from individuals, club and other organisations are vital and give the volunteers much appreciated reinforcement.

A handwritten signature in black ink that reads 'Peter Ward'.

Peter Ward  
Chair NSW Snowsports XC Committee  
25 June 2012



## **CALLING ALL MASTERS SKIERS!**

### **2012 NSWXC Master Skiers Series**

- \* **Luxurious Holiday courtesy of Lake Crackenback Resort (2 nights for 4 and a dinner for 4)**
- \* **Free entry in the 2013 Master Skiers Series events**
- \* **Prize to be Confirmed**

2012 will be the 4th year of the NSW Masters Cross Country Skiers competition. Competitors over 30 years of age who compete in at least **Seven (7)** of the nominated events during the 2012 season, including at least **2 of the 4 NSW/ACT or National events ( \* )**, will be in the draw at the end of winter to win exciting prizes!

Last year's winners were Marg Hayes and Bruce Wharrie (we are pretty sure it wasn't rigged!).

There are 14 events to choose from starting with the first Cooma Ski Club event in July, "Clean out the Cobwebs" and concluding with the Kosci Tour in September.

Special participation points will be available to volunteers who sometimes miss out on the chance to compete because they are busy helping organise and officiate at events. Two events (including one state or national event) will be included if you participate as a race official.

Event entry forms and further information will be available at the Nordic Shelter in Perisher once the season commences. Entry for the events in ***Italics*** (and others) is also available on-line. Go to [www.nswsnowsports.com.au](http://www.nswsnowsports.com.au) and the XC page to access the On-Line Entry system.

A great variety of events are organised in the Perisher Range area for all levels of skiers. Don't be put off by the term "Championships". These are fine events that benefit from greater participation. Support the volunteers who put these things on and participate – test those years of training (and enjoy!).

There is no registration fee to enter the Masters Series Competition, only the normal race entry fees. HOWEVER – it is a requirement that skiers are a member (either a full voting member – \$60.50, or a Sports Class non-voting member – \$22) of Ski and Snowboard Australia (SSA), **ticking your choice of State Snowsports body** (NSW, ACT or VIC).

Join SSA and your State Snowsports body at [www.skiandsnowboard.org.au](http://www.skiandsnowboard.org.au).

See the complete SAXC/SSA National XC Race Calendar on [www.nswsnowsports.com.au](http://www.nswsnowsports.com.au) for the "big picture" of cross country competition and citizen events in Australia.

**Remember – being the fastest isn't all that counts, but being part of it all does!!**

#### **2012 Masters Series Events**

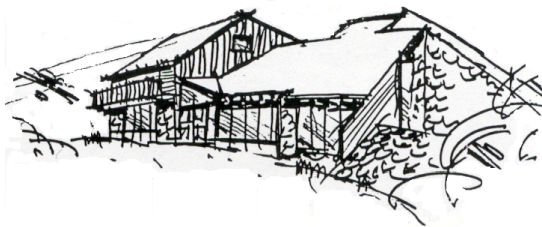
**(participation in 7 events required, including 2 with an \*, to be eligible for the draw):**

Sun July 1	Cooma - Clean out the Cobwebs (F) 5km
Sun July 8	Cooma - Clean out the Waxbox (C) 5km
* <b>Sat July 14</b>	<b><i>ACT Distance Championships (C) 2.5/5/10km</i></b>
* <b>Sun July 15</b>	<b><i>NSW Distance Championships (F) 2.5/5/10/15km</i></b>
Sat July 21	Cooma Open (F) 10km
* <b>Sun July 29</b>	<b><i>Australian Distance Championships (C) 2.5/5/10</i></b>
Sat Aug 4	KCros Tour @ Smiggins (C) 12km
<b>Sun Aug 5</b>	<b><i>City Tatts Boonoonoon Open (C) or (F) 5km</i></b>
Mon Aug 6	Charlottes Pass Open (C) 5km
Mon Aug 6	Nordic Shelter Night Relays
Wed Aug 8	KAC Classic (C) or (F) 9km
Thur Aug 9	Sundeck Handicap (F) 7.5km
* - <b>Sat Aug 11</b>	<b><i>Australian Long Distance Championships (F) 15/30km</i></b>
	<b>OR</b>
* - <b>Sat Aug 11</b>	<b><i>Snowy Mountains Classic (F) 7.5/15/30km</i></b>
Sun Sept 2	Canberra X/C Ski Club Kosciusko Tour (C) 18km

For further information about the 2012 NSWXC Masters Skiers Series, other NSW XC information and for daily XC trail grooming information during the winter season, contact [nswxc1@gmail.com](mailto:nswxc1@gmail.com).

Please return this form to:

Nordic Shelter  
NSW Cross Country Committee  
PO Box 107, Jindabyne NSW 2627  
Ph.one / Fax (02) 6457 1161  
Email: nswxc1@gmail.com



Sverre Kaaten  
Nordic Shelter  
Perisher Valley

<b>Personal Details:</b>		
First Name		
Last Name		
Business Name		
Mailing Address		
Town/Suburb	State	Post Code
Phone #	E-mail address (Please print clearly)	
Fax #		

**Donation (for the operation, upkeep and upgrading of the Nordic Shelter):**

I/We donate the sum of: \$50 \$100 \$250 \$500 \$1000 Other-\$ \_\_\_\_\_

**Payment Details:** Please indicate your payment method by ticking the appropriate box.

Cash  Direct Deposit  Cheque  BPay DATE \_\_\_ / \_\_\_ / \_\_\_

I require a receipt (Note: donations are not tax deductible)  Yes

I would like to receive XC skiing news and information  Yes

I would like to receive winter daily Perisher XC track reports  Yes

**PAYMENT OPTIONS**

**DIRECT DEPOSIT**

BANK: Westpac

ACCT NAME:

The NSW Ski Association

BSB: 032-728 Acct # 168910

**Include "NS Your Name" in the description/reference field.**

\* Please forward your donation form to an address above.

**CHEQUE**

Make Cheques payable to:

NSW Snowsports XC

\* Please attach the cheque to your donation form and forward to an address above.



BILLER CODE: 126359

REFERENCE #: 690007011

\* Please **attach the deposit details** to your donation form (so your donation can be easily identified) and forward to an address above.



The Cross Country Committee of NSW Snowsports is the caretaker of the Sverre Kaaten Nordic Shelter, located at the Cross Country Skiing Trailhead in Perisher Valley, and is responsible (with the help of many volunteers) for the upkeep and operation of the Nordic Shelter.

The Nordic Shelter is freely available to all XC skiers. All operating expenses are met through fundraising activities and donations.

The Cross Country Community appreciates your support.

