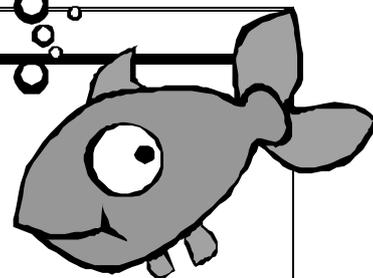


SNAPPETS



Stadium Snappers AUSSI Masters Swimming Club, PO Box 532, Claremont 6910

October 2008

BACK TO THE BACC

Snappers convincingly won our own trophy at our Be Active Club Challenge on 21 September.

Club	Points	No. of swimmers registered	Average points per swimmer!
Snappers	313	33	10.0
Claremont	208	22	9.5
Maida Vale	112	12	9.3
Leeming	85	10	8.5
Whitford	78	9	8.7
Riverton	68	8	8.5
Swan Hills	11	1	11.0

The success was due to several factors: 33 Snappers registering to swim across a variety of age groups and events and, of course, good swimming. The result is evidence that the first step to doing well at Club Challenges is to field a big swimming contingent. Snappers started ahead with at least 80 points, as we score one point just for just getting to the finish line – that may be four points if you are lucky enough to be the only entrant in your

age group in the event! Notice the pattern in the results: clubs finished in order of the size of their team. In addition, Snappers recorded more points per swimmer on average. We were winners in many ways. So well done swimmers!

Snappers also excelled themselves by contributing to the smooth running of the event, for which new Meet Director, Barry Green, was very grateful. Special thanks are due to Barry for doing an excellent job organising his first BACC. I counted at least 31 volunteers helping as timekeepers, carrying water, check starter, collecting money, announcing, starting, processing results and being available as back-up supporters. Some of these volunteers were also swimmers.

Special thanks are also due to Geraldine Klug, who had many sleepless nights worrying over the catering arrangements. It all went well on the day, Geraldine! And thank you to all those who provided plates of delicious goodies for the lunch. There was plenty for everyone. A big thank you, too, to Marg Somes for arranging the wonderful raffle prize baskets, made possible by some very generous contributions. I am sure the winners would have enjoyed their prizes. I need to mention the behind-the-scenes efforts of Elizabeth Edmondson in chasing up some great donations from several sponsors to swell the raffle baskets.

Some very experienced honorary members also gave their Sunday to help Snappers: Andrew Burbidge and the “Walter” sisters, Janette and Judith. We greatly appreciate the support you give Snappers in many ways. Thank you. Well done, volunteers!

I don't like to finish on a negative note, only to say that it was disappointing that more swimmers from other clubs assigned to our carnival were not there to take part in the event with us. Notwithstanding, we enjoyed a great carnival. Go Snappers!

Sue Colyer

In this issue

Regular features

Birthdays.....	2
Diary Entries.....	2
Welcome.....	3
Goggle.....	4
News from the UK.....	5
Masters Swimming WA.....	5
Coaching tip.....	6
Deadline for next issue.....	6
Swim results.....	8

Special features

Back to the BACC.....	1
Coaching changes.....	2
Moral from the garden shed.....	3
Melbourne Cup luncheon.....	4
Recent award winners.....	5
Member's travelogue.....	7

Thank you to our generous sponsors and supporters of this event:
CHALLENGE STADIUM, INNALOO AMCAL CHEMIST, ROB COLLINS,
CICCONI'S RESTAURANT WEMBLEY, HEALTHWAY,
GOOD LIFE HEALTH WESTFIELD INNALOO

Birthdays

October

7	Cas Brown
8	Cliff Webb
16	Malcolm Hay
19	Hazel Christie
20	Arthur Jenkins
22	Robyn Wilson

November

2	Barry Green
10	Michael Crowley
22	Belinda Aitken
23	Susan Phillips
29	Helen Green



Hippie birdie two ewes!

Best birthday wishes to all October and November babies!

DIARY ENTRIES FOR OCTOBER AND BEYOND

Date	Event	Time	Venue
Saturday 18 October	Club Swim: 50/100	1.00 pm for 1.30 pm	Challenge Stadium
Sunday 19 October	Ford and Doonan Coaches workshop	10 am to 3 pm	WA Sports Lotteries House/Challenge Stadium
Monday 20 October	Snappers' Committee mtg	7.00 pm	
Sunday 26 October	Daylight saving begins in WA		
Sunday 26 October	Fremantle BACC	8.00 am for 8.45 am	Fremantle Aquatic Centre
Saturday 1 November	HeartSwim 2008	1.00 pm to 4.00 pm	Challenge Stadium
Sunday 2 November	Swimming WA OWS 1.25, 2.5, 5 or 10 km	7.00 am rego	Champion Lakes, Armadale
Tuesday 4 November	Melbourne Cup Luncheon	11.30 am	Roundhouse Tavern, Amelia St, Balcatta
Sunday 9 November	Snappers' Bowls day	Play: 1.00 pm A'noon tea: 3.30 pm	Dalkeith Bowling Club
Sunday 9 November	Lake Leschenaultia 1.6 km Swim	10.00 am start	Lake Leschenaultia, Chidlow
6 – 9 November	Pan Pac Masters Games		Southport, Qld
Saturday 15 November	MSWA Club Captains' mtg		
Monday 17 November	Snappers' Committee mtg	7.00 pm	
Tuesday 18 November	MSWA Council of Clubs mg		
Saturday 29 November	Club Swim: 50/200	1.00 pm for 1.30 pm	Challenge Stadium
Sunday 14 December	Snappers' Christmas picnic	TBA	Jabe Dodd Park Mosman Park
20 February - 1 March 2009	12th Australian Masters Games		Geelong, Vic
30 April - 4 May 2009	34th Masters Swimming Australia National Swim		Brisbane, Qld

CHANGES TO WEDNESDAY/FRIDAY COACHING ARRANGEMENTS

- Through October and November, either Sue or Marilyn will be on deck on Wednesdays. Neither coach will be on deck on Fridays. Programs used on Wednesdays will be available for use again on Fridays. This arrangement is in place while Lillian is away and will allow day coaches more swimming time.
- The opportunity for aerobic timed swims over 400 or 800 metres will continue to be available in one lane every third training session. Swimmers are to be responsible for organising the sessions and timing each other.
- This change of coaching pattern does not mean that coaches will not help you on Fridays. If you have a question or need advice about your swimming or the program, just ask!
- Through December 2008 and January 2009, coaches will not be assigned on Wednesdays and Fridays. For two weeks during this period, lanes will not be booked for Snappers.
- Daytime coaching will be reviewed in the New Year.

Sue and Marilyn

THE MORAL FROM THE GARDEN SHED

Young Darren, aged 11, had not long been promoted from Cub Scout to Scout, and was about to take part in his first “bob-a-job” drive to raise money for his local scout group. Not far from Darren’s house lived Mr Wise. Although now in his eighties, Mr Wise, or Ol’ Man Owl, as the local children called him, clearly remembered the great times he had enjoyed as a Scout and was always willing to donate to Scout projects.

Knocking on Mr Wise’s door, Darren politely said, “Hello, Mr Ow ... er ... Mr Wise. Would you like to donate to the local Scouts ‘bob-a-job’ this year?”

“I’m a bit short of cash this week,” said Mr Wise. “If you come back about 10 o’clock next Saturday and clean out my garden shed, I will have something for you.”

On Saturday Darren arrived on the dot of 10 am. He stood back as Mr Wise opened the creaking shed door to expose a jumble of garden tools, old plant pots, some bags that had once held fertilizer or potting mix, and a rusty old mower. Cobwebs and dust everywhere. Darren looked in dismay.

“When you have tidied it all, young fella, come up to the house to let me know you have finished,” said Mr Wise.

Darren went in and shuffled around amongst the mess for a while. Then, thinking that he should try to make an impression, he stacked the front row of tools, folded the top layer of bags, piled up a few stacks of pots, swept up some of the dust and wiped the cobwebs that he could reach. The shed looked tidy and cleaner. Darren looked dusty and dishevelled. He trundled up to Mr Wise’s door and knocked.

“I’ve come for the ‘bob-a-job’”, he said. Mr Wise looked at him and asked, “Didn’t you find the money I left for you in the shed?” “No!” replied Darren.

Mr Wise led the way back to the shed. He opened the squeaking door, walked in and lifted up the bottom pot from the back pile. There was a crisp new \$5 note. Then he lifted up the bottom bag to find another \$5 note. He moved the mower and found another in the catcher and then another behind the last row of tools. Darren kicked his feet in the dust and looked very shame-faced.

Mr Wise patted him on the shoulder and said kindly, “You can still earn this \$20 if you do the job properly. What if you come back next Saturday and finish it? But learn from this experience. If something is worth doing, do it to the best of your ability – even if it is only cleaning up an old man’s shed.”

This story is rewritten to the best of my memory. The words might be different, but the essence is the same! And the moral? Put simply: Nothing for nothing! And the application to swimming: Training in, results out!

Of course, Scouts are not allowed to undertake the long time fundraiser introduced in 1949 and discontinued about 1999 due to fears of child abuse. And decimal currency didn’t provide the same alliteration!

Sue Colyer

WELCOME

Snappers welcome three new members and hope they enjoy their association with us:

Robin Barnes – Robin trained under Coaches Eleanor and Tricia when she was preparing for the Women’s Triathlon.

Vic Paul – Vic is already a member of Bold Park. However, provided Bold Park hasn’t nominated to swim at a particular Club Challenge, he may swim and gain points for Snappers at that meet.

Jil Mogyorosy – Jil’s face is familiar to many as she has been a member of Snappers before.



GOGGLE SAW!

- A senior swimmer scramble out of the 10-lane pool, fling a towel around her waist and dash off to the carpark. Thirty minutes later she returned to the pool, surprised that everyone had got out, but very relieved that she had turned off the oven (in which she was cooking a chicken) before leaving home the first time!
- Elizabeth following Coach Sue's good advice about keeping her legs crossed at the Snappers BACC. As a result, E swam her best ever 50m Backstroke time, beating by 4 seconds a time set as an 18 year-old in 1968 on her way to 200m and another PB.
- The look on one Snapper's face when she realised she had walked into the Men's changeroom instead of the Women's! Fortunately no one else saw or was seen either!
- Lots of happy faces on day swimmers' faces when they were allocated lanes in the 8 lane outdoor pool twice in one week!
- Wayne Davies playing cricket at Lords. (We'd love to hear more about this Wayne!)

MELBOURNE CUP LUNCHEON

11.30 am on Tuesday 4 November

The Roundhouse Tavern
Main and Amelia Sts, Balcatta

Menu

*Calamari Salad
or Traditional Bruschetta*

*Filet Mignon
or Chicken Saltimbocca*

*Citrus Tart
or Chocolate Mousse Cheesecake
Champagne, beer or orange juice*

Mystery bets; prizes and giveaways

Cost: \$49.50 per head

Contacts: June M 9383 4629
Elizabeth 9345 3330

CHECKING OR CHEQUEING?

Eye have a spelling chequer:
It came with my pea sea.
It plainly marques four my revue
Miss steaks eye kin knot sea.

Eye strike a quay and type a word
And weight four it two say
Weather eye am wrong oar write:
It shows me strait a weigh.

As soon ass a mist ache is maid
It nose bee fore two long
And eye can put the error rite.
Its rare lea ever wrong.

Eye have run this poem threw it,
I am shore your pleased two no.
Its letter perfect awl the weigh:
My chequer tolled me sew.

*Perfection is elusive, but those familiar with
Schonell's Essential Spelling List are closer
to achieving it!*

CLEVER BARGAINING

A couple employed a maid. One day, the maid asked for a pay increase. Feeling very upset about this the wife asked the maid why she wanted a pay increase.

Maid: "There are three reasons why I want an increase. The first is that I iron better than you."

Wife: "Who said you iron better than me?"

Maid: "Your husband said so."

Wife: "Oh."

Maid: "The second reason is that I am a better cook than you."

Wife: "Nonsense! Who said you were a better cook than me?"

Maid: "Your husband did."

Wife: "Oh."

Maid: "The third reason is that I am a better lover than you."

Wife (really furious now): "Did my husband say that as well?"

Maid: "No. The gardener did."



NEWS FROM THE BRITS

From the Fentimans, by telephone and email

Both Barbara and Derek are well, despite Barbara continuing to be troubled by a painful right arm while swimming. She is waiting to have an MRI for a more accurate diagnosis of the cause. Barbara is swimming three or four times a week but only as a social exercise rather than building up for competition.

Derek had his cataract op a few days ago and is excited that he can now read without glasses.

The Fentimans enjoy hearing about what Snappers are up to, as a club and as individuals, too. They are spending Christmas in the Canary Islands, hoping for lots of sun.

Barbara and Derek send their love.

From the Webbs, by email

Spent a few days up in the lake district a couple of weeks ago - managed to swim twice a day in the hotel pool.

Cliffe: Had the cataract removed from my other eye. That's "looking good" but will be a lot better after I get a pair of specs suitable for my "new eyes". Unable to see optometrist till six weeks after the op.

Our daughter and grandchildren will be coming over from France to stay with us for a week at the end of the month. We are really looking forward to seeing them as it will be a year since we last saw them.

Take care, regards to all, Cliffe and Beryl.

RECENT AWARD-WINNING SNAPPERS

Congratulations to Pamela Walter for being the only Snapper to complete all 62 swims in the 2007 National Aerobic Program and gaining 390 points for the Club, the maximum number possible.

Congratulations also to the following members for qualifying in 2008 for these official roles:

Elizabeth Edmondson	Marshal	Geraldine Klug	Timekeeper
Lillian Hadley	Timekeeper	Pat Sugars	Timekeeper
Jeannine Heinrichs	Timekeeper	Pamela Walter	Inspector of Turns

Thanks to these people, Snappers' core of officials is growing steadily.

MASTERS SWIMMING WA BULLETIN

"SWIM" Number Plates - as advertised in the 2008 BE ACTIVE State Swim program our days of having our number plates will be numbered if our members don't purchase 10 or more sets of plates annually. Deadline is now 31 December and we have now sold 6 sets of plates. Please promote to members.



2008/09 OWS calendar - is out there now, and please support Westcoast's breakfast at the SWA event at Mullaloo and also think about heading to Geraldton via Jurien Bay in March 2009 - two great events on one weekend and swimmers get double points for country swims in the annual Dale Alcock OWS Series. (*Copies of the 2008/2009 OWS calendar are available in the cage.*)

Healthway funding - Congrats to Mandurah, Westcoast, Stadium Snappers and Carine for gaining funding from Healthway's Healthy Club Sponsorship program for the summer round. (*Sue is organising a group to attend an injury prevention talk through SMA on a Saturday afternoon in November.*)

Carine AUSSI forced to move - Sad news about Carine Glades pool closing, with Carine now swimming at the new Balga pool in the interim. More news to follow, however we wish them good luck.

Vale Graeme Williams - Even more sad news: Graeme Williams, who has delivered many coaching workshops for MSWA, passed away suddenly on Friday, 3 October. Graeme will be remembered for his great sessions at our Coaching Accreditation Courses and also for delivering the country coaching clinics as part of the BE ACTIVE Sandgropers project - and for being a great guy.

Wendy Holtom, Executive Officer

Experience is a wonderful thing: it allows you to recognise a mistake when you make it again

COACHING TIP

The value of streamlining (modified from Coach Matt's Swimming Blog: gcitswimming.blogspot.com)

We've been out of the bog too long! The human body, with all its lumps and bumps, is not ideally shaped for rapid movement through water. However, by making the body as streamlined as possible, a swimmer can do quite a bit to reduce drag and pass through the water more easily and effectively. The best place to improve streamlining is when pushing off the wall out of a turn. Run through this checklist at each push-off:

- One hand placed on top of the other, fingers stretched and pointing in the direction of travel.
- Arms extended, pointing in the direction of travel, biceps behind the ears so that the head "bump" is on the chest side.
- Arms squeezing together behind the head, as if trying to make the elbows touch.
- Torso tight and straight, muscles pulling in toward the centre, making the swimmer longer and thinner.
- Legs squeezed in and held together, toes pointed.

Now put the theory to the test - push off first without paying attention to streamlining and then try again using the above suggestions. See how much further you have travelled!

FROM AUSSI MASTERS NEWS OCTOBER 2008

GOOD IDEAS

Masters Swimming Australia is re-establishing its "Good Ideas" Award. This promotion encourages clubs to submit their "Good Ideas" for publication in each issue of the national newsletter, with a prize for the club declared to have the best idea. Examples of what might constitute "Good Ideas" are strategies for increasing membership, new programs implemented, innovative fundraisers, etc.

Perhaps Snappers' policy of reducing Club fees for our over-80 members could be a winning "Good Idea"? Let the Committee know of any suggestions you have.

E NEWSLETTER

Masters Swimming Australia is planning to introduce an e-newsletter in 2009.

Currently 73% of Snappers receive their Snappets via email. This helps the Club to reduce its carbon footprint by cutting down on use of paper and ink.

SNAPPERS AS A 'HEALTHY CLUB'

Over the years, Snappers has been successful three times in applying for funding offered by Healthway under the Healthy Clubs Program. The first grant allowed us to buy Meet Manager software for conducting our Club Challenges and the second enabled many members to benefit from coaching clinics run by Kareena Preston. Early in October, we received confirmation that a third grant had been approved. This will be used to educate our members in injury prevention and first aid.



DEADLINE

Many thanks to Sue C, Pamela, Beryl and Cliffe and Barbara and Derek for providing material for Snappets in October.

I'm always on the lookout for contributions, especially from new sources, so please let me have yours by Friday 7 November for the next issue.

Thank you, Marilyn

Email: amburbidge@westnet.com.au

Stadium Snappers values the support we receive from our sponsors



COAST TO COAST WALK

Pamela Walter

When our son, John, was accepted at an English school for a 'gap' year, Graeme and I planned to visit him during his summer break. We decided to include the Coast to Coast walk into our holiday, thinking John might walk part of the way with us. In the end we walked it all together. Malcolm and Rosemary Hay had done the walk several years before and they kindly invited us to dinner to tell us about their experiences.

About 50 years ago a man called Wainwright designed the walk by linking parts of existing walks and public paths to create a 192 mile (309 km) walk across England from west to east, starting at St Bees in Cumbria. At the outset, we dipped our walking boots into the Irish Sea and stowed a few smooth pebbles from the beach in our packs. We then set off to climb up and walk along the cliff edge for several miles before turning inland through the Lakes District. Up fells and pikes (hills and peaks), over becks and gills (mountain streams), along lakes, tarns and reservoirs and through copses (small woods), then up and down more steep hills. The first four days through the Lakes District were classified 'strenuous' but the scenery was breathtaking and the small villages where we stayed in B&Bs or pubs overnight were picturesque and had great character.

The fifth day was 'moderate but long'. All day we walked across paddocks, over stiles and over moorland, seeing no fences or roads, taking a detour to a small village for tea (hot chocolate instead of hot water for me) and scones with jam and loads of cream. It took us 9 hours to walk 22 miles to the lovely village of Kirkby Stephen. By this stage it was very difficult to reach my feet to remove my boots. The next day we had to walk only 11 miles, so we looked around the village, bought a blackcurrant pie from the town market for an afternoon treat (with cream of course) and set off, passing two large rail viaducts on our way. As always the day started with a steep climb out of the valley. The weather was overcast with occasional rain and once we'd done the climb the mist was extensive as were the bogs and wet splashy pastures. Up and over the top where we passed 'The Nine Standards' which are old, very large stone cairns about 10-12 feet high. There is plenty of conjecture as to why they were built but no-one really knows. We found shelter beside a minimal grouse-shooter's hut and ate our pie and cream then a little further on found a farmhouse selling cream teas so stopped and had a lovely long conversation with the farming family who were taking a break from shearing. My hot water tasted good but looked like weak black tea as it came from a peat spring.

The next morning the breakfast conservatory in our B&B had a wall of windows overlooking a peaceful scene of hills, farmhouses and the contrast of long shadows and early morning sunlight on bright green moorland pastures. As the owner said, you don't get the colour without plenty of rain. Another steep climb to start the day, this time to the ruins of an abandoned lead mine and peat store in a mountain valley where we stopped beside a rapid mountain stream. I wonder whether, in the harsh living conditions in the days of the mine, the people had time to appreciate the beauty of their surroundings. Here I had a nasty encounter with stinging nettles and then it was on to the picture book village of Reeth where we feasted on homemade ice cream and yet another cream tea. The next day from Reeth to Richmond was a short walk of 11 miles over becks, through woods and through farm paddocks where we found 'Elaine's Teas' and stopped for rhubarb pie and cream. We arrived in Richmond by early afternoon and had time for a good look around. Next day was a 23 mile day. It was long, hard and largely uninteresting, mostly across farm paddocks. When we arrived at Ingleby Cross at the end of the day we found that our B&B was up a steep incline still about 1½ miles away! I can tell you at that point there was a bit of swearing. The next morning the legs and frame of mind had recovered and we set off through the Cleveland Forest, skirting the edge of the moors to Great Broughton where Cliffe and Beryl Webb had driven to meet us. They stayed overnight and we had a lovely evening with them. It was really kind of them to take the time to be part of our adventure. We met again for breakfast and when they waved us goodbye Cliffe was wearing his Worlds Volunteer shirt.

The next night we were in Beggar's Bridge. The bridge wears a 1619 date, said to be when it was renovated not originally built, long before Australian settlement. The last day, our twelfth, was a delightful walk through Grosmont, where we had apple pie and cream, past the original railway station which is where Hagrid greets the students returning to school in the Harry Potter movies and where 'Sir Nigel Gresley', a beautiful streamlined Pacific Class locomotive, is ready to wind its way through the Dales. We continued down valleys, over becks and through a wooded area where we found 'Falling Foss', a waterfall with a lovely tea house beside. We sat in the glorious sunshine and had toasted bacon sandwiches and (yet again!) cream teas before continuing over the moors. When we first glimpsed the Whitby Abbey ruins on the east



coast we knew we were close. We walked along the cliffs anticipating the first sighting of Robin Hood's Bay, a gorgeous little village with a fascinating 'old town' of alleyways on the slopes down to the North Sea. We high-fived, dipped our walking boots into the sea and threw our pebbles into the ocean. Tired, but immensely satisfied, we retired to the Bay Hotel, the haunt of all Coast-to-Coasters, to celebrate and exaggerate our deeds.

What next for the walking Walters, we wonder.....?

RESULTS from Pamela Walter, Recorder

State Short Course Championships 23 and 24 August 2008

Colin BEATON	BA25 (PB25, CR25), BA100 (PB25, CR25), FR25 (PB25, CR25), FR100 (PB25, CR25), FR200 (PB25, CR25)
Audrey BULLOUGH	BA25 (inaug25), BR25 (PB25), FR25 (PB25)
Merilyn BURBIDGE	BA100 (PB25), BR25 (PB25, CR25), FR25 (PB25, CR25)
Patrick CARDEN	BR25 (inaug25, CR25), FR25 (inaug25, CR25)
David CORNEY	BR200 (PB25, CR25), BU25 (inaug25, CR25)
William CURTIS	BA25 (PB25, CR25), BA100 (PB25, CR25 beating an '05 time), BA200 (PAB25, CR25), FR100 (PAB25), FR200(PAB25, CR25)
E EDMONDSON	BA25 (inaug25), BA200 (PB25), BR25 (PB25), FR50 (PB25), FR200 (PB25 by 15 secs)
Helen GREEN	BR50 (PB25), FR25 (inaug25)
Barry GREEN	BR50 (PB25, CR25), BR100 (PB25 by 4 secs, CR25), BU25 (inaug25, CR25), FR25 (PB25, CR25), FR50 (PB25, CR25)
Lillian HADLEY	BR50 (PAB25, CR25), BR100 (PAB25, CR25)
Mike KANE	FR25 (PB25, CR25), FR50 (PB25), FR100 (PB25)
Kim KLUG	BR25 (PB25, CR25), BR100 (.08 sec off PB)
Geraldine KLUG	BA25 (inaug25)
Laiene MAXTED	BA25 (PB25, CR25), BA100 (PB25), BA200 (PAB25), IM100 (PAB25)
Gail PARSONS	BA200 (PAB25, CR25)
Eleanor PARSONS	BU25 (PB25, CR25), BU50 (.15 sec off PB), FR25 (PB25, CR25), FR50 (PB25, CR25), FR100 (PB25, CR25), FR200 (PAB25, CR25)
Wyvern REES	BA100 (PB25 by 4 sec, CR25)
Margaret SOMES	BR25 (PB25), FR200 (PB25 by 6 sec)
Brian SOMES	BA25 (PB25, CR25), BA50 (PAB25), FR25 (inaug25, CR25), FR50 (PAB25)
Pat SUGARS	BA25 (inaug25), BR25 (PB25), FR25 (PB25)
'T SUMMERFIELD	BU25 (PB25), FR25 (PB25), IM100 (PAB25), IM200 (inaug25)
Pamela WALTER	BR25 (PB25, CR25), BR100 (PB25)

Congratulations to our great Snappers team. Every swimmer achieved a personal milestone, resulting in the Club finishing in 3rd place in the State. Eleanor broke 5 State records and Colin broke 3 State records and 1 National (ratification pending).

Club Swim 6 September 2008

Colin BEATON	FR100 (PAB50, CR50 by 3 secs)	Brian SOMES	BA50 (missed a PAB by .01 sec), FR50 (missed a PAB by .19 sec)
Sue COLYER	BU50 (best this year)		
E EDMONDSON	BA50 (best this year), BR100 (best this year)	Peter WILLIAMS	BA50 (best this year), FR50 (best this year)
Kim KLUG	BA50 (best this year)		

Snappers' BE ACTIVE Club Challenge 21 September 2008

Colin BEATON	FR100 (PAB50, CR50)	Mike KANE	FR50 (PB50), FR100 (PB50 by 2 sec)
Patrick CARDEN	BU50 (inaug50)	Geraldine KLUG	BR200 (best since '05)
Sue COLYER	BU50 (PB50), IM200 (.12 sec off PB)	Kim KLUG	BA50 (best this year)
David CORNEY	BR50 (PAB50, .23 sec off PB)	Gail PARSONS	BA200 (PB50 by 6 sec, CR50)
Julie CROWLEY	BR50 (.09 sec off PB)	Eleanor PARSONS	FR100 (.33 sec off PAB), IM200 (PAB50, CR50)
William CURTIS	BA200 (PAB50), BU50 (PAB50)	Wyvern REES	BR50 (best this year)
Wayne DAVIES	FR50 (PB50), FR100 (PB50 by 3 sec)	Brian SOMES	BA50 (PAB50 by 3 sec)
E EDMONDSON	BA200 (PB50 by 15 secs)	Gary STEENKAMP	FR100 (inaug50, CR50)
Helen GREEN	BR50 (PB50)	Pat SUGARS	BA200 (PB50, CR50)
Barry GREEN	BR200 (inaug50, CR50), FR100 (inaug50, CR50)	'T SUMMERFIELD	BU50 (best this year), IM200 (best this year)
Philip HOFF	BA200 (PB50, CR50), BR50 (PB50 by 3 sec, CR50), FR50 (PB50 by 2 sec)	Peter WILLIAMS	FR50 (PB by 5sec)
June HOUGH	BR50 (PAB50 by 3 sec)		

Peter was so pumped in his first appearance as a swimmer at a Club Challenge that he took 5 sec off his 50 m Freestyle time!

