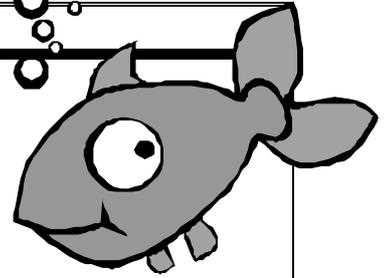


SNAPPETS



Stadium Snappers AUSSI Masters Swimming Club, PO Box 532, Claremont 6910

March 2008

PRESIDENT'S MESSAGE

There is a new enthusiasm detectable in the club as we move into 2008, having ended 2007 with many new members to swell our numbers to 83. This means that we keep our position as one of the largest Masters Swimming clubs in WA. So welcome to the new club year, and a very big welcome to our newest members. It is also good to see some of our "distant" members back in Perth from Dear Old Blighty¹: Welcome to Beryl and Cliffe Webb, and more recently arrived, Barbara and Derek Fentiman. And, of course, welcome back to all our long-term members. It was good to see so many participating in the first club swim of the year, and the first social event, the Beach Picnic.

**For contents of
this issue:**

See back page

We also start this year with a substantially different committee of management of the club, elected at the AGM on 30 January 2008. Welcome to the incoming committee members and welcome back to the returning members, some of whom have moved into new roles. It is good to have committee people with experience of club affairs, especially when the President, Secretary and several committee members are new to their positions.

Many thanks to the coaches who have signed on again this year and who often give up their own swim time to work with all swimmers to improve their technique and fitness.

We have a big year ahead, especially with the FINA World Masters on our home ground in April 2008, for which a small group of swimmers is training hard. I know that many members were motivated by the idea of swimming in the Worlds, but some have held back for various reasons. If you were excited about the idea of participating in the Worlds, but don't feel able to commit to the time involved, don't let your motivation to improve your swimming and fitness slip away. There are opportunities to participate as volunteers in a range of categories, and many of you have already registered as volunteers. Don't let your swimming efforts slip away either, as there are plenty of swimming opportunities to come in the remainder of the year at which you can demonstrate your skills. Every swimmer at BACC²s earns at least one point for the club; every swim may get you a PB³ or a PAB⁴, or even a record of some sort (club, State, National) or a listing in the Top Ten and every Aerobic swim adds to the club's total points – and maintains your fitness.

Again, welcome to the 2008 swim year and may it be a great one for you and the club.

Sue Colyer
Club President

Footnotes

1. **Blighty** is a British English slang term for Great Britain, deriving from the Hindustani word *bilāyatī*, meaning "foreign". The term was more common in the later days of the British Raj, but can now be considered self-consciously archaic and, when used by speakers younger than the collapse of the British Empire, is generally intended slightly ironically. According to World Wide Words, Sir Henry Yule and Arthur C Burnell explained in their Anglo-Indian dictionary, *Hobson-Jobson*, published in 1886, that the word came to be used, in British India, for several things the British had brought into the country, such as the tomato (*bilayati baingan*) and soda water, which was commonly called *bilayati pani*, or "foreign water". During World War I, "Dear Old Blighty" was a common sentimental reference, suggesting a longing for home by soldiers in the trenches. The term was particularly used by World War I poets, such as Wilfred Owen and Siegfried Sassoon. During that war, a "Blighty" was also used to mean a wound serious enough to require recuperation away from the trenches (that is, in Blighty).

Retrieved 17 Feb 2008 from Arabic words in English

<http://www.1001inventions.com/words/index.cfm?fuseaction=main.viewWord&vcWord=blighty>

2. BACC Be Active Club Challenge (inter-club swimming carnival)
3. PB Personal Best time for a swim
4. PAB Personal Age Best time, based on five year age groups 30-34, 45-49 etc.

FROM THE EDITOR

This is the first edition of Snappets that I've put together since handing over to Sue Colyer four years ago and I'm a little nervous in the role that she has filled with such excellence. My thanks to Sue for giving us a wealth of interesting reading and for issuing the 2008 Club Handbook so promptly.

Thanks to Sue, Pamela, Gail, Eleanor and the new Committee members for contributing to this issue. To help me to keep the newsletter entertaining, I look forward to receiving your contributions: opinion, humour, Goggle items, swimming-related articles are all welcome. The deadline for the next issue is Friday 18 April to amburbidge@westnet.com.au.

Merilyn Burbidge

THUMBNAIL SKETCHES OF NEW COMMITTEE MEMBERS

To give you an inkling into what makes a Committee member tick, each newly elected member was asked to provide three biographical points. Two are true, but the third may or may not be true. See what you think! Thanks to the five for exposing themselves, or their alter egos.

Richard Diggins (Membership and PR)

1. I am Subiaco's second longest serving Mayor.
2. I was awarded the Order of Australia Medal for services to the community.
3. I have a park [in Park Street, Subiaco] named after me: this is somewhat unusual as generally you have to be dead for this to occur!

Barry Green (Vice President)

1. I worked as a nuclear physicist.
2. I have lived longer outside Australia than in it, yet somehow I manage to speak and understand the language here.
3. I collect stamps and play music.

Julie Crowley (General Member)

1. As a child and young adult, I owned horses and rode competitively.
2. I began open water swimming with my father about ten years ago, but only the Byron Bay swim. He is now 86 and I am planning to go east this year to swim with him again. I am hoping that one son will swim too so we can have three generations.
3. I started learning Mandarin after a year teaching in China.

Robyn Wilson (Captain of evening group)

1. I played tennis with Charlton Heston at White City, Sydney, in 1967.
2. Dawn Fraser hugged me at David Jones in Sydney when I was about 8 years old. She said I looked lovely in my kilt!
3. I hold the 50 metre Freestyle State Masters record in my age group because I am such a good swimmer.

Peter Williams (General Member)

1. I have been a member of a surf club since university days and can be found at the club every morning at 5.30.
 2. I rate joining Snappers as one of the best things that I have done and consider swimming to have contributed the most to my rehabilitation following open-heart surgery for severe coronary disease.
 3. Last year I baked my first cake, which Snappers ate at afternoon tea!
-

DIARY ENTRIES for MARCH and APRIL 2008

Saturday 15 March	Talk by dietitian: Nutrition for the Worlds, 2.30 pm, Challenge Stadium
Monday 17 March	Snappers Committee meeting
Thursday 20 to Monday 24 March	Masters Swimming Australia National Swim, Melbourne
Sunday 23 March	Closing date for entries to XII FINA World Masters Championships
Saturday 29 March	Dale Alcock State OWS (1 km or 2 km) Coogee Beach
Saturday 5 April	Club Swim (50 m and 100 m events), Challenge Stadium; warm-up 1 pm
Tue 15 to Sat 25 April	XII FINA World Masters, Challenge Stadium (Pool swims 18 to 24 April)
Monday 21 April	Snappers Committee meeting
Friday 25 April 2008	FINA World Masters OWS 3 km, Barrack Street jetty, Perth

HAPPY BIRTHDAY TO:

March

6	Pamela Walter
14	Nomai Jago
16	Beatie Norris
17	Brian Somes
20	Robert Shand
23	Geoffrey Barnard
27	Trudy Vandewerdt

April

1	Jeannine Heinrichs
5	Barbara Stuart
8	Eleanor Parsons
18	Barbara Fentiman
18	Geraldine Klug
18	Murray Kornweibel
18	Julianne Crowley
22	Margaret Somes
25	Geoffrey Lane
30	Carmen Harrison

Perhaps some stats whizz can tell us the probability, in a club with 75 members, of four members sharing the same birth date? At least one of our four will be swimming in the Worlds on her birthday. We hope that's a good omen.

ILFWA WINNERS

Since its resurrection the ILFWA (Improves Like Fine Wine Award) is presented each month to a Snapper who has made advances on the swimming front. Congratulations to these people on their achievements:

Audrey Bullough November 2007	for continual improvement in Back and Free times and extension of distances swum in the Aerobic Program
Merle Loukes December 2007	for overcoming her apprehension to swim in an interclub event and performing very well at Somerset BACC
Barry Green January 2008	after his first 400 m OWS in December, Barry has now completed two more 1600 m OWSs
Patrick Cooney February 2008	for entering his first Club swim on 16 Feb, first OWS (400 at Leighton) on 9 Feb and first BACC at Newman on 24 Feb.

GREETINGS FROM QUEENSLAND

Lynda Joachim, now living in Queensland, was the first Snappers President and is the only life member of the Club. Here is part of an email Lynda sent on learning that Sue had accepted the position of President of Snappers:

Well done. Please pass on my best wishes to all. I do enjoy the newsletter and the club handbook is excellent. Congrats all round.
Lynda



Goggle saw and heard!

Goggle heard that

Presidents wear black

'Tricia's fins disappeared after Tuesday training; she was sure she'd collected them from poolside but couldn't find them after her shower. She searched the cage - there are a lot of fins in the cage! - and gave up in frustration. Next morning she received an email from Sally Bell, Claremont, with whom she'd been chatting in the changeroom: "Subject: Thief - It was me, it was me... You are the only person whose fins are the same as mine and somehow they ended up in my bag last night! Must have been because we were next to each other in the changerooms. Cheers and sorry, Sal."

Robyn Wilson was mentioned in dispatches for her excellent contribution to the 2007 State Swim, and continues as State Swim Meet Coordinator in 2008. Also noted that Lillian Hadley will continue as State Records Officer and 'Tricia Summerfield as Director of Swimming.

Goggle saw

'Tricia tying up Sue's bathers so that she could stay decent at the recent club swim – the bows at the shoulder were no hindrance to Sue's times.

A sizeable school of Snappers at the start of the Rottnest Channel Swim to cheer off our two club members, Gail and David.

REMINDER FROM SNAPPERS' SENIOR COACH

In the run up to the World Masters, there is an increased demand on your coaches' time and resources. Coaches give their services voluntarily. To ensure that poolside coaching continues, your cooperation is valuable.

As a courtesy to coaches and fellow swimmers, it will help if you observe the following:

Training Start Time

Please ensure you are in the water and swimming at the program start. Ideally you should aim to arrive 15 minutes early to allow time for program review, stretching, information exchange, gossip, etc. If you arrive late, please warm up without interruption to the other swimmers and join in the program as soon as possible.

Swim Equipment

Assist the coach in preparation for training by moving the swim equipment poolside. Check with the coach as to equipment required for the session.

Aerobic Swimming

Plan to arrive at least 30 minutes prior to the lane booking time to ensure all members are allocated sufficient time for their aerobic swims.

Thank you

Eleanor Parsons

SWIMMERS TO DO LIST (from Mat Luebbers' Swimming Blog)

Here are a few things that you can do to improve your swimming:

Do swim frequently

If you don't average about three swims a week you will lose your feel for the water and your technique will begin to deteriorate. No feel, no technique, no speed. If the option is between one or two long workouts or three or four shorter workouts, swimmers seem to do better when they swim more frequently as opposed to only doing a few longer workouts each week.

Do swim with good technique

Maintain the best possible technique at all speeds during a workout. If you try to go fast with bad technique, you are wasting energy. If you can teach yourself to go fast WHILE USING good technique, you will make bigger gains.

Do streamlines

It might be a start, a push-off, or a turn, but you should always do things the same way - streamline, then into the transition between the streamline and swimming. But first, always a streamline.

Do leave the wall the same way every time

Always push off the walls the way you would if you were coming out of a turn. When you are starting a set, you should push off the wall exactly the same way that you would be pushing off the wall if you were coming out of a turn. Most races have more turns than starts, and getting some extra practice with any part of a turn is a bonus.

SWIM AROUND AUSTRALIA

Q: Are we there yet? A: Very nearly, but not quite!

Distance swum in February: 201.3 km

Total distance swum: 14,170.55 km

Present position: Port Bouvard

Distance left to reach Bell Tower: 100 km (approx)

We've got time up our sleeves and have decided to swim upriver to Barrack St, so we'll be in the right place for the start of the World's OWS on Anzac Day.



AEROBIC SWIMS: PROCEDURES AND RANKINGS

The Snappers handbook explains the procedures for completing swims in the National Aerobic Trophy Program. At its meeting on 18 February 2008 the Committee resolved to make a minor change to the procedure for aerobic swims timed outside the usual club swim sessions. Strictly speaking, alternatively organised aerobic swims are *ultra vires* the rules of aerobic swims (http://www.home.aussimasters.com.au/National_Aerobic_Manual_July_2003.pdf page 5), which state that: "3. Swims for the [Aerobic] Trophy must: (b) be organised by the club, not individuals ...". The change in our procedures will mean that such swims can be considered as "official" club swims with times and/ or distances verified by club timekeepers.

"Times for Aerobic swims may be recorded at most official Club training sessions. Longer swims are usually recorded on Saturday afternoons, Sunday mornings or at other times by arrangement with two Club timekeepers."

The rationale behind this minor change is to encourage club swimmers to participate fully in club swims, and also to allow for aerobics to be swum at other times and venues within the Masters Swimming Australia rules for the conduct of aerobic swims. This arrangement will also allow for such swims to be officially accepted as club records, Top Ten listings and of course, Aerobic Trophy points. Swim recording sheets will be amended to accommodate this change. The use of one timekeeper for aerobic swims at official club swim sessions does not change, but it is good to have two timekeepers if a club record is possible.

Some Aerobic Swim Statistics

The table shows a trend developing for Snappers. In 2006 we dropped back from second place in the Aerobic Trophy points, which we had held for a number of years. Maybe the 2007 results will show an improvement due to the greater encouragement we gave to aerobic swimmers last year.

Year	National Ranking	State Ranking
2003	9 th with 4180 points 20 th in participation (43.54 points per member)	2 nd 5 th
2004	9 th with 4004 points 20 th in participation (48.42 points per member)	2 nd 5 th
2005	10 th overall with 3303 points 20 th in participation (46.52 points per member)	2 nd 6 th
2006	17 th overall with 2800 points 26 th in participation (35.44 points per member) 30.38% of members participating	5 th 9 th

It is interesting to note that the clubs that topped the aerobics points in 2006 had about 60% of members swimming aerobic swims (Somerset 61%; Sunshine Coast 68%). So it is not only quality, but also quantity that gets the top points.

Let's see if we can commit to swim more of the Aerobic Program to regain our former position or even surpass it in 2008!

Sue Colyer

BEACH PICNIC

More than fifty Snappers spent a delightful morning at the Beach Picnic on Sunday 17 February, our first social event for the year. Thanks to Geraldine and her team for the hearty breakfast and Pamela for her typically different mini golf course. Not sure whether the tennis balls made it easier or harder, but at least one triumphant trier scored a hole in one. Although City Beach is usually one of our calmer local beaches, the sea was up that day, making it difficult to find a way through the breakers for a swim. However the water wasn't cold and there weren't too many stingers, except for the one that got Barbara. Must have been lying in wait for our UK visitor.

SCULLING CONTEST



During a visit to a GP, a member mentioned that she had come third in her club sculling contest. The doctor asked her how much she had consumed!

OPEN WATER SWIM RESULTS

The "Barry Green" Story

Very remiss of the Open Water Roving Reporter to omit a Snapper participating in the open water swims. My humble apologies to Barry. Here are his results:

Event	Date	Time swum	Age group place	Overall gender place
Trigg Tower to Tower (1.6 km)	15 Dec 2007	35:13	8th	162
Cottesloe Classic Mile (1.6 km)	12 Jan 2008	36:09	9th	256

Australia Day Swim 26th January 2008

Age Group	Swimmer	Time	Age Group Place	Overall Place
	PARSONS Eleanor	36:21:00	1st	37
	PARSONS Gail	37:41:00	2nd	52
	CORNEY David	42:44:00		122
	COLYER Sue	45:33:00		176
	CARDEN Patrick	48:01:00		200
	BURBIDGE Marilyn	51:20:00		233
	CROWLEY Julianne	51:33:00		234
	STUART Barbara	55:54:00		254

Weather: typical summer's day, with an early sea breeze; **Conditions:** south-west winds, rough;

Stinger Count: the odd one with a mean sting

Good turn out by Snappers and what better way to start the Australia Day celebrations than attending the Australia Day swim run by Carine AUSSI. The day always starts with everyone singing the National Anthem really badly. There were a few problems with the results as you can see from the gaps in the table above. Eleanor didn't win her age group because someone who did not swim won! Gail won her age group but didn't! The results were finally sorted out, Gail handing her prize over to the correct winner and Eleanor receiving her prize from the non-swimmer. Barbara Stuart dusted off her open water swim suit to participate and a huge effort, well done, as the conditions weren't all that favourable.

Background Nonsense



What Tha!!!

A couple of casualties.....Eleanor won the stinger competition wearing a lovely stinger wrap around her neck. She was closely followed by Patrick who could have auditioned for Phantom of the Opera with his stingers injuries.

Cottesloe to Swanbourne 2nd February 2008

Age Group	Swimmer	Time	Age Group Place	Overall Gender Place
50-59	PARSONS Eleanor	34:53:00	1st	27
40-49	PARSONS Gail	36:55:00	8th	36
50-59	CORNEY David	41:20:00	23rd	155
50-59	HOFF Philip	44:41:00	37th	231
60-69	COLYER Sue	47:25:00	5th	117
50-59	CROWLEY Julianne	53:13:00	16th	148

Weather: one of those mild summer days; **Conditions:** moderate south-easterly; **Stinger Count:** nil

We swam and we finished. The last turning buoy was supposedly 200 metres out but it was a very long 200 metres (or should I say 300 metres) or someone kept moving the beach further away. All in all it's a good swim to participate in. The results were out by 9:30 am and we were in the car heading home by 10:00 am. PB in Open Water presentations.



Background Nonsense

What Tha!!!

There wasn't time to mess around because the results were done so efficiently.

Busselton Jetty Swim 3rd February 2008

Age Group	Swimmer	Time	Age Group Place	Overall Gender Place
50-54	PARSONS Eleanor	47:00.00	2nd	24
45-49	PARSONS Gail	01:01.35	4th	46
50-54	CORNEY David	01:05.27	16th	163
45-49	STUART Barbara	01:32.32	20th	253

Weather: pleasant summers day; **Conditions:** mild easterly; **Stinger Count:** no stingers

Over 1000 swimmers participated in this event.

It was such a lovely day in Busselton and the swim was just fantastic. The water was relatively calm, there were no stingers and the water temperature was actually quite pleasant. Barbara Stuart is a quiet achiever, she registered, she swam and no one saw her. She did really well considering she hasn't been training or is she in secret training? At the start of the first wave Eleanor was seen with the GWN camera crew in her face. Never did find out if she appeared on the television.

Background Nonsense



What Tha!!

David trotted out in his new Blue Seventy Point Zero 3 suit that he will wear in the Rottnest Channel Swim. An admirer from the same age group sidled up to him and said "that's a nice suit Dave". David was a little nervous about the comment but considered this person to be suffering from suit envy, suit envy, and more suit envy.



This is the suit
This is not David

Swim Thru Leighton 9th February 2008

Age Group	Swimmer	Time	Age Group Place	Overall Gender Place
1600 m course				
45-49	PARSONS Gail	24:12:00	3rd	20
50-54	CORNEY David	25:28:00	2nd	76
50-54	WILSON Robyn	27:17:00	5th	45
65-69	GREEN Barry	28:37:00	3rd	126
60-64	COLYER Sue	29:34:00	2nd	72
50-54	HOFF Philip	29:57:00	9th	139
55-59	CROWLEY Julianne	32:46:00	9th	92
65-69	BURBIDGE Merilyn	32:47:00	2nd	93
400 m course				
	Dee Stephenson	no times		
	Pat Sugars	no times		
	Patrick Cooney	no times		
	Richard Diggins	no times		

Weather: another beautiful summer's day; **Conditions:** calm; **Stinger Count:** nil

Good turn out of Snappers for this swim. Congratulations to all those who came 2nd in their age groups, great effort. Bit of friendly rivalry going on between Julianne and Merilyn so watch that space.

Background Nonsense



What Tha!!

Gail and David trotted out in their matching new Blue Seventy Point Zero 3 suits that they are both planning on wearing for the Rottnest Channel Swim. Lots of people had suit envy.

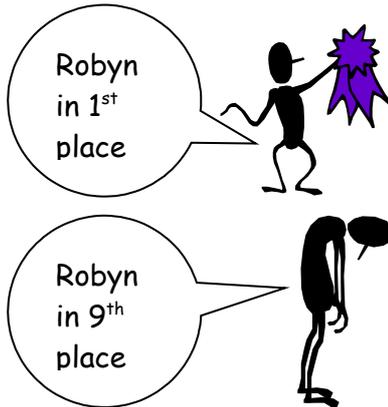
Mandurah Canal Swim 10th February 2008

Age Group	Swimmer	Time	Age Group Place	Overall Gender Place
50-54	PARSONS Eleanor	37:19:00	1st	12
45-49	PARSONS Gail	40:27:00	1st	15
50-54	CORNEY David	41:53:00	1st	21
55-59	WILSON Robyn	44:38:00	2nd	24

Weather: calm; **Conditions:** near perfect; **Stinger Count:** nil but a very friendly dolphin

The start of the race had a ripper of a current: it was very difficult to stay on the start line, consequently a very quick start to the race. Robyn was merrily swimming in the shallow waters admiring the scenery, took a breath and when she put her head back in the water arghh.....dolphin!! It was so close and Robyn was so close to a heart attack. The dolphin hung around her for a bit (I think till her heart rate came down) then popped up in front of her where they both looked into one another's eyes and then it was over.

Background Nonsense



What Tha!!

Gail won her age group, Eleanor won her age group, David won his age group and Robyn won her age group.....a quadrella! Robyn's winner's certificate showed a time of 39:38, faster than Gail and David. Quizzical looks, could there be an error? The judges were called. "No need to fuss," says Robyn and we all reply in unison "No no no we insist". After careful analysis the meet director found that Robyn had been given the wrong coloured cap sending her off in the first wave instead of the second and therefore had 5 minutes incorrectly deducted from her time. This meant her placing changed slightly from 1st to 9th - well that is what it felt like, but it was really 2nd. She got to keep her bottle of wine and winner's certificate. Go Robyn!

Robyn was very quiet on the way home,sulking we think.

Rottnest Channel Swim 16th February 2008

Category	Name	Team Name	Time	Category Place	Overall Category Place
75+ mixed duo	David Corney Gail Parsons	60/40	6:59:31	7 th	67th

Conditions The breeze was a SSE, the sea was from the SW and caused a few problems when breathing on the left side. David only breathes on the left side so that was a bit of a problem for much of the day. One would get pretty good at breath control after a while. The southerly breeze kept much of the fleet, including us, on the northern edge of the course for most of the time resulting in congestion at the boundary markers. Eventually this gave us a good line in past Philip Rock with no extra distance swum.



The Swim It felt like 2 years in the making as last year's Rottnest Channel Swim was cancelled. Gail started on the beach with paddlers Eleanor and Ryan, and David waited nervously in the boat with Skipper Curly and his crew of Barry and Kimberley and our Manager Robyn Jane Wilson. It was quite a messy start, swimmers and paddlers meeting early. Gail and Eleanor had trouble meeting up..... and Ryan, where was Ryan at the start? All eventually met up, next step find the boat, which was quite easy, and so off we headed to Rottnest. We made the half-way point in just under 3 ½ hours and were feeling good maintaining a stroke rate of 62-66 strokes per minute. At that point though, the stingers were released and for the next few k's did a bit of underwater swearing. The chop increased as we closed in on Rotto, but once around Philip Rock, the water was calm and great for swimming the final leg. Gail sprinted the last 400 metres (just to get that sub 7 hours) and then had to wait for David for 4 painstakingly long minutes whilst he casually made his way down the channel. He must have been doing side stroke to take so long.

Our Goal To finish and to complete the crossing in under 7 hours and made it in 6.59.31. We were both swimming quite strongly at the end and beside a bit of chafing and sunburn (only David suffered sunburn – bordering on 3rd degree burns) were in good condition.

Our Thanks We would not have made it without the support of Curly our skipper and assistant skippers Barry and Kimberley, Ryan and Eleanor our paddlers who both paddled the whole distance and Robyn our ever so reliable Manager (except where re-applying sunscreen comes into it). Thank you so much team.

David Corney and Gail Parsons

One for the 'Gipper'! [See Footnote]. Well done Snappers!!

On Sunday 24 February 2008, Stadium Snappers achieved a resounding victory at the Newman Churchlands BACC (Snappers 262, Osborne Park 246, Claremont 243). We did it by sheer weight of numbers (36 swimmers) and by strategic, excellent swimming. Pamela's urging over the last couple of years finally paid off. We didn't have to break records. We just needed to have Snappers in the water swimming! Every swim earned at least one point and relays brought double points. Possibly for the first time ever, Snappers fielded as many men's relay teams as women's, a total of six teams. It was good to see our new members participating too. Who saw Brett, Gary and Mike, in adjacent lanes in the 50 Free, shaking hands after they all took less than 30 seconds to finish within a splash of each other? The bonus was that they are all in different age groups.

In a very well organised swim meet that followed closely the procedures for the Worlds to be held in April, we were able to practise the "dive over" start that certainly speeds up the running of the event. Full credit to Newman Churchlands for an excellent carnival. Theirs is a small club and they graciously sacrificed their own swimming potential so that the events ran smoothly. Thanks to the other participating clubs for their friendly competition. We also appreciated the commitment of all the volunteer officials who kept us in order in a friendly, yet efficient manner. The sausages and cake were delicious too - a great way to finish the carnival. And I think Snappers took away lots of the raffle prizes as well.

Thank you to our members who were timekeepers and supporters. Thanks to the Captains for organising us and making sure we were marshalled on time. Well done everyone.

Sue Colyer

Footnote: Oh! and the reference to "the Gipper"? It is from a quote by Ronald Reagan. George Gipp was a famous USA football champion of the 1920s, whom Reagan portrayed in 1940 in *Knute Rockne, All American* and was often referred to as "The Gipper". Reagan's most famous use of the phrase was at the 1988 Republican National Convention when he told Vice President George Bush, "George, go out there and win one for the Gipper." The term was also used by President George W. Bush at the 2004 Republican Convention when he honoured the recently deceased President Reagan by stating, "this time we can truly win one for the Gipper." In the light of the current USA Presidential candidate selection processes, this phrase seemed appropriate, irrespective of one's political preferences! It also seemed an appropriate expression, when after all her urging for BACC attendance, Pamela was not able to receive the win on behalf of the club in our moment of glory.

NEWMAN CHURCHLANDS 24/2/08: Results from the Recorder

Just a reminder that not all swimmers' results are included in this report – only those who have broken a record of some sort, swum an inaugural or best time or swum close to a previous best.

Geoff Barnard	FR 50 (PAB 50)
Patrick Cooney	FR 50 (PB 50, by 4 sec)
David Corney	FR 200 (PB 50)
Julie Crowley	BR 100 (PB 50)
Michael Crowley	BR 100 (inaug 50), FR 50 (PB 50, 3 sec off previous time)
William Curtis	BA 50 (PAB 50), BU 50 (PAB 50)
Barry Green	BA 50 (missed PB by .20 sec), BR 100 (PB 50, CR 50 by 5 sec), FR 50 (missed PB by .20 sec)
Lillian Hadley	BR 100 (PAB 50, CR 50), FR 200 (PAB 50)
Philip Hoff	BA 50 (PB 50), BR 100 (inaug 50, CR 50)
Mike Kane	FR 50 (PB 50), FR 200 (inaug 50)
Kim Klug	FR 200 (PB 50)
Brett Machielsen	BR 100 (inaug 50, CR 50), BU 50 (inaug 50), FR 50 (PAB 50)
Zee Marsland	BR 100 (PAB 50), FR 50 (PAB 50)
Brian Somes	BR100 (PAB 50), FR 50 (PAB 50)
Gary Steenkamp	FR 200 (inaug 50, CR 50), FR 50 (inaug 50, CR 50), BR 100 (inaug 50, CR 50)
Barbara Stuart	FR 50 (PB 50), FR 200 (PAB 50)
Cliffe Webb	FR 200 (PAB 50)
Margaret Watson	FR 50 (PAB 50), FR 200 (PAB 50), BA 50 (PAB 50)

CLUB SWIM 16/2/08: Results from the Recorder

Colin Beaton	50 BA, (PAB 50, CR 50)	Philip Hoff	50 BA (Inaug 50), 50 BR (Inaug 50), 200 FR (Inaug 50)
Audrey Bullough	200 FR (Inaug 50)	Cathie Plowman	50 BA (Inaug 50)
Sue Colyer	50 BU (PB 50), 200 FR (PB 50 by 3 sec)	Brian Somes	50 BA (PAB 50), 50 BR (PAB 50)
Patrick Cooney	50 FR (Inaug 50), 200 FR (Inaug 50)	Pat Sugars	200 BA (PB 50, CR 50 by 13 secs), 50 FR (0.11 sec off PAB)
Julie Crowley	200 FR (PB 50 by 3 secs)	Gary Steenkamp	50 BR (Inaug 50, CR 50), 200 BR (Inaug 50, CR 50)
Michael Crowley	50 BR (Inaug 50), 50 FR (Inaug 50)	Cliffe Webb	50 BA (PAB 50, CR 50)
William Curtis	50 BA (PAB 50), 200 FR (PAB 50)		
Lillian Hadley	200 FR (PAB 50)		

Early notice of Golf Day

The Ambrose-style play off for the unique Simpson Cup will be held at the Wembley Golf Complex on Monday afternoon, 26 May.

WANTED! ASAP!

Basket carriers, runners and false-start rope controllers for the XII FINA World Masters at Challenge Stadium from 18th to 24th April. Willingness to help is the only skill needed.

If you are available between these dates, please email Kim: kklug@westnet.com.au or speak to Geraldine (9284 3229).

In this issue

Regular features

President's message.....	1
From the Editor.....	2
Deadline for next issue.....	2
Diary Entries.....	2
Birthdays.....	3
ILFWA.....	3
Goggle.....	3
Swim around Oz.....	4
Swimmers' to do list.....	4
OWS report.....	6
Club swim results.....	10
Humour.....	10

Special features

New Committee member sketches.....	2
Coach's reminder.....	4
Aerobic swims timing change.....	5
Beach Picnic.....	5
Newman Churchlands BACC.....	9

A BIT OF NONSENSE

- Time flies like an arrow; fruit flies like a banana
- When a clock is hungry, it goes back four seconds
- With her marriage she got a new name and a dress
- Bakers trade bread recipes on a knead to know basis
- The short fortune teller who escaped from prison was a small medium at large
- It is better to have loved a short woman than never to have loved a tall.

Editor's note:

It is true that laughter is the best medicine. Sadly, jokes are a bit light on this time. Please help to keep our spirits up by sending in your best for future editions.

Stadium Snappers values the support we receive from our sponsors

