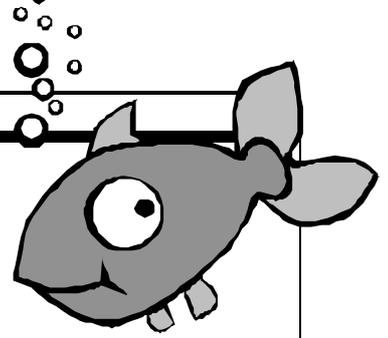


SNAPPETS



Stadium Snappers Masters Swimming Club Inc, PO Box 532, Claremont 6910

November 2010

PRESIDENT'S REPORT

Membership is now 86! With the warmer weather I hope that more Snappers will appear in the pool. In particular, it would be great if we could build up numbers at night and weekend sessions. Younger members are always welcome. Our club succeeds in competition because we have a mix of age groups. We are NOT an "oldies" club!

The financial future of the club continues to exercise the Management Committee but, following the Special General Meeting of September 25, fees have been set for 2011. To ensure that the club does not operate at a loss, lane hire will have to be reduced. From January 1, lanes will be hired for one month at a time. The club still has not identified a significant additional income stream apart from members' fees and weekly raffles. Our financial position will be maintained if all existing members rejoin for 2011, and improved if we find new members. Decisions remain to be made to establish the detailed budget for 2011.

We had a successful Club Swim on October 3. However, we need to identify someone to enter the results into the computer on-the-spot and also to locate the computer safely for this. Without the data there is no immediate feedback to swimmers as to how well they have performed. All eight Snappers who swam at the Mandurah 1500 m were age group winners: Eleanor and Robyn (Freestyle); Gail, Theresa and Lillian (Backstroke); Sue Shilling, Elizabeth and Vic (Breaststroke). Our team of 22 Snappers performed well at the Fremantle Interclub on October 24. Not only did we come second, we were third on handicap (points per swimmer) which usually favours the smaller clubs, so in this case all our swimmers obviously contributed well. The Somerset carnival on November 7 was the last of the pool swims for us this year. Second again!

The Open Water Swims series was to have started on 31 October, but the Rockingham event was cancelled due to a shark attack near Garden Island a few days before! The first swim is now at Mullaloo Beach on November 13. A comprehensive set of such swims through to May 2011 is ahead of us and I hope that many Snappers will participate, do well and enjoy themselves.

Swimmers involved in the aerobics program for this year should have an "end plan" to complete, by the end of the year, their sets of 400s and 800s, and their other swims if possible. I note the extra effort this year and hope that it results in Snappers becoming the top aerobics club in WA for 2010. Swim! Swim! Swim!

Swim to the Nationals 2011

The latest figures I have for our swimming endeavour are given in the table. This shows that we are on target, but only just! Hopefully with more swimmers in the water, and with more reporting their distances swum, we will achieve the target of 500 km every month between now and the end of March 2011.

Month	Distance
May	654.1
June	504.1
July	492.4
August	517.8
September	434.7
Total (Target)	2,603.1 (2,500)

From the Management Committee Meeting 18 October

Apart from the usual items and a discussion of the club's finances and the 2011 budget, the Management Committee looked ahead to its own membership for next year. Anyone interested in serving on the Committee should contact me (barryjohngreen@yahoo.com.au). Remember that the club doesn't run itself: it needs volunteers to do their bit to ensure that, as far as possible, Snappers get their friendship, fitness and fun, the main aims of Masters Swimming.

Barry Green



BIRTHDAYS

November

2 Barry Green
10 Michael Crowley
10 Alison Dougall
22 Belinda Aitken
26 Hazel Spong
29 Helen Green

December

8 Gail Parsons
8 Peter Williams
24 Kylie Leaman
27 Patrick Carden
31 Don Lane

Birthday greetings to these Snappers. May this be the best year of your lives.

And to Gail: Happy 20th anniversary of your 30th birthday! Have you picked out your red hat?

WELCOME

We welcome new Snapper Kate Watson as the 86th Club member for this year. Kate has been a member of Albany Masters and has now moved to Perth. We look forward to seeing her at the beach as she enjoys open water swimming.

DIARY ENTRIES FOR NOVEMBER AND BEYOND

Date	Event	Time	Venue
Saturday 13 November	Water Corp OWS	7:30 am briefing	Mullaloo Beach
Sunday 14 November	Lake Leschenaultia OWS	10:00 am start	Lake Leschenaultia
Monday 15 November	Snappers Committee meeting	7:00 pm	Barry's place
Tuesday 16 November	Council of Clubs meeting	7:00 pm	Sports Lotteries House
Saturday 20 November	Water Corp OWS	7:30 am briefing	Swan River: Barrack St jetty
Sunday 21 November	BBB River Swim	8:30 am start	Bicton Baths
Saturday 4 December	Inaugural Narrogin Masters Open	12:00 noon	Narrogin Recreation Centre
Saturday 4 December	Swim Thru Rottnest	1:00 pm start	Rottnest Island
Saturday 11 December	Fremantle Ports Swim Thru	8:30 am start	South Beach, Sth Fremantle
Sunday 12 December	Snappers Christmas picnic	from 11:30 am	Perry Lakes
Monday 13 December	Snappers Committee meeting	7:00 pm	Barry's place
Saturday 18 December	Tower to Tower	8:30 am start	Scarborough Beach
late January 2011	Snappers AGM	TBA	TBA
27-30 April 2011	National Masters Swimming Championships		Challenge Stadium
Sunday 1 May 2011	National OWS		Matilda Bay

SOCIAL NEWS

Bowls afternoon Sunday 10 October

An enjoyable day was spent at the Dalkeith/Nedlands Bowling Club, in spite of showers and cold winds, unbelievable after weeks of fine, sunny days. Thanks go to Geraldine for arranging the 27 'bowlers' into teams. Each team played nearly all the others until the rain drove us off the rinks! Competition was close and, after a countback, Audrey Bullough's team won the day from George Klug's. Well done everyone for 'having a go'. Thanks to all who brought the scrumptious plates for afternoon tea. I do apologise for the green tea! \$95 was raised for Club funds.



Social organiser Marg Some with winners: Jean Beaton, John Christie, Zee Marsland and Audrey Bullough

Christmas Picnic Sunday 12 December

This is our last social function for the year so it would be great to see all members and friends there. The picnic, from 11:30 am at Perry Lakes, will begin with a barbecue lunch, followed by presentation of trophies and raffle of Christmas hampers. Flyers will be out soon with all the details. Please place contributions for the hampers in the bag in the cage or give to Dee Stephenson or me by Friday 10 December.

Marg Some

CLUB CLOTHING

"Credit where credit is due". Jeff from KC Sports is to be congratulated for top-class customer service. In the recent Club clothing consignment, the reversible vests were embroidered through to the inside lining, thereby rendering them useless as "reversible". Since the embroidery is done by outside contractors it was their mistake but without any fuss Jeff replaced the vests at no cost to the purchaser. I believe such service should be acknowledged.

PS: Maybe Jeff should discuss his embroiderer's contract, because the second attempt resulted in a useable vest but an incorrect badge and I didn't have the heart to complain again! (The AUSSI acronym was not deleted.)

Marg Watson

IMPROVES LIKE FINE WINE AWARD

Congratulations to Zee Marsland who is the most recent proud wearer of the ILFWA. She won it for swimming very well at Snappers' Club Challenge and being almost as good as Hazel! When Zee accepted the award she said, "You need to remember that I am nearly 84, which is older than Hazel." Zee was also a member of our winning 320+ relay teams at the Golden Groper carnival.



ALZHEIMERS STREET APPEAL 2010

This is the tenth year that Stadium Snappers have participated in the annual street appeal. It all began with Geoff Lane's commitment to the Alzheimers Association and his urging for us to volunteer as a group. We started with five collectors in 2001 and raised \$1559 that year. Over time our numbers have steadily grown and we've helped out in shopping centres from City Beach to Wembley and raised in excess of \$14,000.

This year we covered two venues entirely on our own, Herdies Market and Floreat Forum, with sixteen Snappers collecting just under \$3000 of a total of just under \$20,000. Congratulations to Geoff Lane, June Maher, Marg Somes, Pat Sugars, Marg Watson, Helen, Patrick Cooney, Marilyn, Elizabeth, Cas, Hazel Christie, Zee and Geoff, Audrey Wren, Merle and Jeannine. We are now referred to as "The Snappers Team" by the Alzheimers Association - with their grateful thanks!

Marg Watson

Ed: And thanks to Marg Watson and Marg Somes who coordinated our band of collectors this year.

GOGGLE SAW

- Two Club members from way back at the pool recently: former President Christine Ryan in training for the Pink Triathlon and Marianne Yrke, now the mother of two little girls, working on her fitness. Marianne is still wearing a black Snappers cap!
- Around twenty Snappers and friends wearing silly hats and enjoying a Melbourne Cup luncheon on 2 November.
- Brian Somes jaggng the same horse in both sweeps. The horse finished in second place!
- Robyn waving her new status symbol – her Seniors card!



Swimming is good for you....especially if you're drowning

CLUB FEES FOR 2010/2011

Period of membership	Category	MSWA levy	MSA levy	Club component	Total
12 months (1 Jan '11 - 31 Dec '11)	Single	\$30	\$35	\$ 75	\$140
	Couple	\$60	\$70	\$135	\$275
	80 and over single	\$30	\$35	\$ 70	\$135
	Second claim single	-	-	\$ 75	\$ 75
16 months (1 Sept '10 - 31 Dec '11)	Single (new member)	\$37	\$43	\$ 90	\$170

HARD ROCK EXPERIENCE

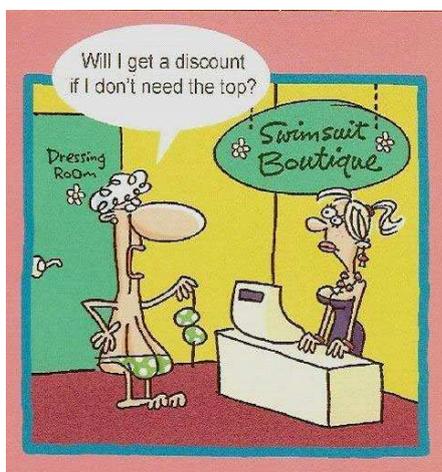
A few Snappers took time out in October to visit Esperance for five days: two for travelling there and back and three for “fun”. June M arrived early to prepare a beautiful meal for the bus-weary ones – Dee, Audrey, Nomai, Cas, Elizabeth and Pat. Elizabeth organised the whole trip, including bus bookings, accommodation and tours.

On one of the tours, our driver told us that he would take his 4-wheel drive bus up an almost vertical rock face - and he did! After showing us the town of Esperance and a giving us a wonderful tour of all the beaches with their lookouts and talking of the dangers, such as very strong currents and sharks, he let some of the air out of his tyres and headed out along a beach towards a huge rock that we could see in the distance. The beach was very tricky and the driver had to steer close to the edge of the breaking waves to avoid getting his wheels bogged in the loose sand. As we drew closer, the rock looked impossible to drive a bus up and there were a few disbelievers amongst us. However, he stopped at the base, aimed his bus at the vertical rock and went up.

At first the wheels spun in the loose sand, so he started again and up we went, in a very low gear one notch at a time! The gradient was actually 47%, which is pretty steep. It was quite a thrill, except for some of us who covered our eyes in fright! At the top where the rock flattened out we stopped to admire the view. Going down was even more exciting.

Our trip was all very beautiful, except for the weather on the second last day. We were booked on a boat tour of the islands but the tour was cancelled, so we spent the day shopping in the “village”, finishing jigsaws and just walking around. Esperance is certainly a lovely place and the visit was a first for most of us. Next time, I think we would all like to stay longer to check out the good parts, explore the beaches and swim!

Pat Sugars



SWIMWEAR FOR OWS EVENTS RUN BY SWIMMING WA

Swimming WA provides the following information for open water swim participants in Swimming WA events. The Water Corporation Open Water Series follows Swimming Australia Open Water By-Law 8 on swimwear:

- All open swimmers (18 and over) swimming 1.2km, 2.5km, 5km and 10km must wear swimwear that does not cover the neck, extend past the shoulder nor extend below the ankle.
- All suits must comply with FINA Criteria for Materials and Approval Procedures. Visit FINA's list of approved suits for more information.

Cleanliness becomes more important when godliness is unlikely.

P.J. O'Rourke

GALAPAGOS: enchanted and enchanting islands

Andrew and I skipped the country in October and finished up in Ecuador where we spent two weeks on a small boat in the islands of the Galapagos. This archipelago lies nearly 1000 km to the west of mainland Ecuador and straddles the equator.

Snorkelling was just one of the activities open to the 15 passengers on board TipTop IV. For me it was the highlight. At this time of year the Humboldt current streams along the west coast of South America and around the Galapagos. Water holds more oxygen when it is cold and can support more life ranging from microscopic plants and animals to a huge variety of fish, reptiles, birds and mammals.

At our first snorkelling session, we had to come to grips with the surprisingly low water temperature and quickly realised that our specially chosen, new 3 mm wetsuits were inadequate. Mine had short sleeves and legs. However, this gave me a clear advantage: I could get it on or off in around 30 seconds while others took up to 15 minutes putting on one suit over the top of another and struggling into neoprene gloves, socks and helmets. Luckily the boat provided masks, snorkels and fins and we managed to find some that fitted.



Chocolate chip sea star

The panga (Zodiac) took us to the snorkelling site. The first was along a near vertical wall of dark volcanic rock, plunging into very deep water. Although not formed into a reef, coral was present in clumps on the rock face, interspersed with sea anemones, sea urchins, sea stars and seaweeds with fish

of all sizes and bright colours coming and going, singly or in massive shoals. Our two naturalist guides were tireless in pointing out new and magical attractions such as cleverly camouflaged octopus or scorpion fish. Excitement kept our adrenalin levels way up and helped us to disregard the cold for about 40 of the 45 minutes we were in the water each time.

We snorkelled at about ten different sites during the fortnight and found something new nearly every time. The trick to seeing the bigger creatures was to stay still and wait. If you were lucky, you could see a shy reef shark slide out from its rocky hideout, rays glide by or green sea turtles ease gracefully past. Once we came across some marine iguanas munching sea lettuce a metre or two underwater. A couple of times penguins or flightless cormorants flashed past and young sea-lions displayed their effortless manoeuvrability right in front of us.



Kicker Rock: we snorkelled through the gap

Then back to Tip Top IV to strip off and get ready to go ashore to walk amongst the red crabs and iguanas to cliffs where fat albatross chicks were waiting for their parents to feed them or to stroll through a cactus forest or marvel at the giant, old Galapagos tortoises. This really was the experience of a lifetime.

Merilyn Burbidge

CALL FOR VOLUNTEERS for 2011 WAtoday Rottnest Channel Swim

Volunteers over the age of 18 are being sought for the 2011 WAtoday Rottnest Channel Swim, for tasks such as swimmer registrations, marshalling and T-shirt sales. All volunteers will receive a hat and T-shirt to wear at the briefing and on race day and, if assisting at the finish line, will also receive lunch and a return ferry ticket to Rottnest Island.

The Rottnest Channel Swim Association (RCSA) will hold a compulsory Volunteer Briefing at 10:00 am on Sunday 16 January 2011 in the Lecture Theatre at Challenge Stadium. The briefing covers all components of the race, including volunteer duties for the lead-up events and on race day.

To become a volunteer for either of the days listed below, please fill out the Volunteer Expression of Interest form available from the RCSA website at www.rotnnestchannelswim.com.au and email it to admin@rotnnestchannelswim.com.au, post it to PO Box 2004, Claremont WA 6010, or fax it (08) 9287 2550 by Friday 10 December 2010.

- The WAtoday Rottnest Channel Swim Briefing on 8 February 2011 (5:00pm – 9:00pm)
- The WAtoday Rottnest Channel Swim on 26 February 2011 (Cottesloe Beach Start Line or Rottnest Island Finish Line)

For further enquiries email admin@rotnnestchannelswim.com.au.

LEVEL 1 MASTERS COACHING COURSE

A Level 1 Coaching course was held on 30-31 October at Perth College with Snappers contributing in quite a significant way again! 'Tricia was the Course Coordinator, Robyn the Course Administrator, Sue Colyer one of the presenters and Eleanor, 'Tricia and Robyn were demo swimmers.

Robyn Wilson

RESULTS from Recorder Pamela Walter

Snappers BE ACTIVE Club Challenge 19 September 2010

Colin BEATON	BA50 (best since 2008)
Cas BROWN	BR200 (PAB50); FR100 (PAB50, best since 2008); FR50 (PAB50 best since 2008)
Hazel CHRISTIE	FR100 (best since 2007); BR50 (best since 2007); FR50 (best since 2007)
Sue COLYER	IM200 (PB50 by 5 sec); FR100 (PAB50 best since 2008); BU50 (2nd best ever)
William CURTIS	BA200 (best since 2009); FR50 (best since 2009)
Anne EDMONDSON	BR200(PB50 by 12 sec); FR100 (PB50 by 2 sec); BA50 (inaug50)
Elizabeth EDMONDSON	BA200 (PAB50); FR100 (PAB50, 2nd best time)
Jackie EGAN	BR200 (inaug50); BR50 (PB50); FR100 (PB50)
Theresa ELLIOTT	BA200 (2nd best time); BR50 (PB50)
Barry GREEN	BR50 (best since 2009)
Helen GREEN	FR100 (PB50 by 5 sec)
Geraldine KLUG	BR50 (PAB50/CR); BR200 (best since 2009); BR50 (best since 2009)
Corrie LODDER	FR50 (PB50)
Zelda MARSLAND	BR50 (best since 2009); FR100 (best since 2009); FR50 (best since 2008)
Anja MESSMER	BR50 (inaug50/CR); BU50 (inaug50/CR)
Leon MUSCA	BA50 (PB50/CR); BU50 (best since 2008); FR50 (best since 2006)
Eleanor PARSONS	FR100 (PB50/CR); BU50 (PB50/CR); FR50 (PAB50/CR)
Gail PARSONS	IM200 (PAB50)
Wyvern REES	BA200 (PAB50/CR); BR50 (PAB50/CR)
Sue SHILLING	IM200 (inaug50)
Margaret SOMES	FR100 (PAB50)
Dee STEPHENSON	BA50 (PAB50)
'Tricia SUMMERFIELD	IM200 (PAB50, best since 2008); BU50 (PAB50 best since 2008)
Bill WOODHOUSE	BR50 (best since 2009)



Just two of our workers: Geoff Barnard and Hazel Spong

Mandurah 1500 m Short Course 17 October 2010

Eliz EDMONDSON	BR1500 (PB)
Theresa ELLIOTT	BA1500 (PB/CR/State record)
Gail PARSONS	BA1500 (PB/CR/State record)
Sue SHILLING	BR1500 (inaug/CR)
Lillian HADLEY	BA1500 (inaug/CR/State record for 1500, 800 and 400)
Eleanor PARSONS	FR1500 (PB/CR/State record for 1500 and 800)
Robyn WILSON	FR1500 (best since 08/CR/State record)

Club Swim 3 October 2010

William CURTIS	BA200 (best since 2009)	Jil MOGYOROSY	FR50 (best for '10); BA50 (best for '10); BR200 (best for '10)
Anne EDMONDSON	BA200 (inaug50); FR50 (PB by 2 sec); BR50 (inaug50)	Eleanor PARSONS	BA200 (PAB50); BR50 (PAB50)
Jackie EGAN	FR200 (inaug50); FR50 (PB50); BA50 (inaug50)	Sue SHILLING	BA200 (inaug50); BA50 (inaug50); BR50 (PB50)
Barry GREEN	BA200 (best since 2008)	Pat SUGARS	BR50 (best since 2009)
Helen GREEN	FR50 (2nd best time ever); BR50 (best since 2008)	Robyn WILSON	BA200 (inaug50); BA50 (PB50); BR50 (PB50/CR)
Beng HOOI CHUA	BR200 (PB by 7 sec)	Bill WOODHOUSE	FR200 (PB50); FR50 (PB50)
Corrie LODDER	FR50 (PB by 2 sec); BA50 (PB by 2 sec); BR50 (PB by 5 sec)		

Fremantle BE ACTIVE Club Challenge 24 October 2010

Cas BROWN	FR50 (PAB best since '08); BR50 (PAB best since '08); BR200 (PAB best since '09)
Hazel CHRISTIE	FR50 (best since '09); BR50 (best since '07)
Sue COLYER	FR50 (PB50); FR200 (best since '08)
Julie CROWLEY	FR50 (best since '09); BU50 (PB50)
William CURTIS	FR200 (best since '09)
Elizabeth EDMONDSON	BA200 (best since '09)
Jackie EGAN	FR50 (PB50); BR50 (PB50); FR200 (PB50)
Theresa ELLIOTT	FR50 (PB50)
Barry GREEN	FR50 (best since '09); BR50 (best since '09)
Lillian HADLEY	BA50 (best since '09)
Eleanor PARSONS	FR50 (best since '09/CR50); BU50 (PB50/CR50); FR200 (CR50)
Wyvern REES	BR50 (PAB best since '09/CR50); BA200 (PAB best since '09/CR50)
Sue SHILLING	BR50 (PB50/CR50); BR200 (PB50 by 29 sec); FR50 (PB50)
Margaret SOMES	BA50 (best since '09)
Tricia SUMMERFIELD	BR200 (best since '08)
Pamela WALTER	BA50 (best since '03)
Bill WOODHOUSE	BU50 (PB50);FR200 (PB50)

Marg Watson was our timekeeper at the Fremantle BACC. We had 22 present and came second. Fremantle won, but had a much bigger team. Bill Woodhouse did a sterling job as stand-in Captain as neither Gail nor Geraldine was able to be there. Our relay performance was outstanding: five teams scored four firsts and one second and the margin here was 0.74 sec!

Somerset BE ACTIVE Club Challenge Sunday 7 November 2010

Snappers' team of 7 men and 17 women maintained consistency at Somerset: we finished a very close second, just 6 points behind the host club. We also came second to Somerset at their carnival last year and in 2007 – and didn't attend in 2008! Thanks to star supporter Marg Watson for being our full-time timekeeper. Marg was favourably impressed by Somerset's high quality service: coffee and homemade cake was delivered to timekeepers between heats.

DEADLINE

*Many thanks to Barry Green, Pamela Walter, Marg Somes, Marg Watson, Robyn Wilson, Geraldine Klug, Pat Sugars and Elizabeth Edmondson for providing material for this issue of Snappers. Please send your contributions for the next issue to amburbidge@westnet.com.au by **Thursday 9 December.***

Merilyn

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received from our sponsors**

