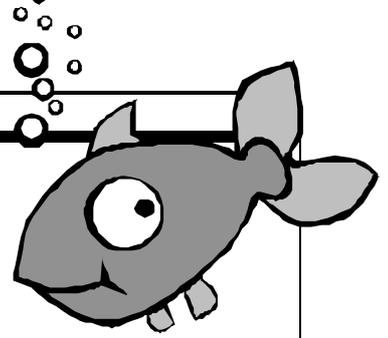


# SNAPPETS



Stadium Snappers AUSSI Masters Swimming Club, PO Box 532, Claremont 6910 December 2009

## PRESIDENT'S REPORT

As you know, I like to incorporate a quote or three in my reports to capture the essence or the spirit of swimming, which for us all is slightly different, but with similar outcomes related to our swimming fitness and achievement, the fun and escape that swimming offers and the friendship that comes from a special group of people who make up Stadium Snappers. I hope that you enjoy the relevance of these offerings:

- *The water is your friend. You don't have to fight with water, just share the same spirit as the water, and it will help you move* Aleksandr Popov
- *H<sub>2</sub>O: two parts Heart and one part Obsession* Author unknown
- *Seven days of no swimming makes one weak* Author unknown



Most of us can relate to the “spirit of the water”, the passion and the obsession that comes with swimming, and the effect that not swimming has on us mentally and physically. Snappers is a great club because of our collective passion. This passion will help us as we wind up our swim program for the year and prepare for Christmas and a new year. In the longer term it will help us adapt to changes, such as our Club name and in the people who make up our Committee.

In the first half of this year we had a very busy swim program, with an event on every weekend (or so it seemed) during May and June. The second half was also busy with our own BACC, which we won. We continued our good results with many State and a couple of National records at the Golden Gropers relay carnival and coming second at Fremantle and at Somerset – giving both clubs a few anxious moments as Snappers scored well. Our relay capability and capacity gets us every time!

My full summary of the year will be in the annual report to the AGM in January 2010, but in the meantime I acknowledge the efforts of all the members who have accepted responsibility this year and thank them most sincerely for their efforts. Members have taken on a range of tasks from the routine of Day group Dereks to help the coaches on Wednesdays and Fridays to the more complex tasks of re-establishing the club's laptop and our swim database after a theft, learning new software to better manage our results and events, conducting raffles, assisting the Treasurer or taking on new jobs as Data Base Manager and Registrar. I greatly appreciate the regular commitment of all the Coaches in helping swimmers refine their technique, learn new strokes and improve their fitness, preparing them for competition in pool and open water events. Thank you too to the Captains who supported the Day and Night groups.

My sincere thanks also go to the Committee members who have contributed to the management of the club, organised the social program, supported the application of grants, developed a new constitution, pursued the 20 year history and been involved in a raft of other activities that will take Snappers into the next decade!

I have just received advice of our successful application for a second volunteers' grant from the Federal Department of Families, Housing, Community Services and Indigenous Affairs. The Committee will use the \$3000.00 plus to purchase a second laptop to be used for event management, a new club banner and finger paddles, all to support the volunteer effort of the club. We were also advised that we can apply for a Healthway grant for first aid or other training in the winter round of applications.

My heartiest congratulations to all swimmers for your achievements during the year. I wish you and your families an enjoyable, restful, safe festive season, and look forward to seeing you back at the pool in the New Year.

Sue Colyer, President

*When the earth floods from global warming, the swimmers will rule the world.* Author unknown



## ANNUAL CLUB AWARD WINNERS

Congratulations to the winners and runners-up of the following Club awards for 2009:

**Kevin Wren Award** for the male Club champion:

Winner **Barry Green**  
 Runner-up **Wyvern Rees**

**Lynda Joachim Award** for the female Club champion:

Winner **Margaret Somes**  
 Runners-up **Eleanor Parsons**

**Cliffe Webb Award** for outstanding performance at the MSWA State Swim and Snappers' BACC:

Winner **Wyvern Rees**  
 Runner-up **Eleanor Parsons**

**Founders' Award** for commitment to and improvement of swimming over the year:

Winner **Theresa Elliott**  
 Runner-up **Julie Crowley**

**President's Award**

**Eleanor Parsons**

For her dedication to the development of Stadium Snappers by setting up and maintaining the Team Manager database to contribute to event and results management, and for ongoing coaching commitment.

**Participation Award**

**Sue Colyer**

Sue attended all Club swims and BACCs and many swim sessions either as a coach or a swimmer. Sue also organised our Swimathon for MND and put our club in the public eye as a result.

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Good King Wenceslas  
 phoned for a pizza.  
 The salesgirl asked, 'Do you  
 want your usual - deep pan,  
 crisp and even?'

## DIARY ENTRIES FOR DECEMBER AND BEYOND

<b>Date</b>	<b>Event</b>	<b>Time</b>	<b>Venue</b>
Sunday 17 January 2010	2010 Xstrata Nickel Swim Thru Perth 4 km solo; 2.2 km solo/teams	9:30 am	Barrack St to Matilda Bay, Swan River
Wednesday 20 January 2010	Snappers SGM Snappers AGM	7:00 pm 7:30 pm	St Cecilia's Church Hall, Grantham St, Floreat
Tuesday 26 January	Australia Day Swim 2 km	8:00 am	Scarborough Beach
Sunday 31 January	Newman Churchlands BACC	TBA	Newman College pool
Sunday 14 February	Alcoa Cambria Island Swim 2400 m	9:00 am	Hall Park, Mandurah
March 2010	Zoo visit	TBA	Perth Zoo, South Perth
7 to 10 April 2010	MSA National Championships		Launceston Aquatic venue

## BIRTHDAYS

### December

8 Peter Williams  
 8 Gail Parsons  
 27 Patrick Carden  
 31 Donald Lane

### January

2 Zelda Marsland  
 2 Bill Ringland  
 7 Bill Woodhouse  
 8 Jil Mogyorosy  
 16 Gary Steenkamp

20 John Dishon  
 22 Pat Sugars  
 26 Alistair Doorey  
 27 Alan Earnshaw



Warm wishes for cool birthdays to all of these Snappers!

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## IMPROVES LIKE FINE WINE AWARD

Brendah Tamberlin received the Improves Like Fine Wine Award in December. Previously a golfer on a reasonable handicap, Brendah decided to give golf away and teach herself to swim, from scratch! In less than a year, with a few tips from the coaches and by reading books and practising three or four times a week, she has succeeded. Brendah's latest milestone was participating in her first Club swim in October - a remarkable achievement for anybody and all the more so for Brendah because she has seen over three quarters of a century of life.

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## CLUB CLOTHING UPDATE

I haven't had much success with new purchases, but the recycling business is flourishing! The order for seven long-sleeved polo shirts was cancelled because of the cost. The price per item for screen printing of logo (back and front) is exorbitant when there are less than 10 items. This is the story everywhere and it may be that we will order only every second year. The Clothing Order Book is in the cage. Winter wear will be next, so start thinking about your needs and enter the details.

The 'recycling' section is doing well. Several new members of the Day Group are proudly wearing aqua polo shirts handed on by ex-Snappers. Thank you to that 'someone' who left two aqua/navy track suit tops in the cage, clean and in good condition. One has gone. Currently I have one tracksuit top (S) and one navy fleece jacket (XL) for the cost of a small donation to the club. Let me know your thoughts.

Marg Watson 9387 5463

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## RENEWAL OF CURRENT MEMBERSHIP

I am busy updating the data base with members who have so promptly returned their forms and paid their annual subs (around 50% have paid). All members should have renewal forms for 2010 and we really hope to see all 86 of you again waving the Snappers' flag in 2010. If you have not received a form please contact me on 0429927357 or at [jcrowley@mgcrowley.com](mailto:jcrowley@mgcrowley.com). I am aware of one person who did not receive a pre-printed form and am concerned I have missed others. I can only blame my computer as I did a mail merge to produce the forms!

The standard individual fee of \$98.00 for 2010 is shown on the form. Variations appear below:

Individual member aged 80 years or over	\$78.00
Couple: both aged 80 years or over	\$156.00
Couple: one member aged 80 years or over; partner aged less than 80 years	\$176.00
Couple: both aged less than 80 years	\$191.00
Second claim member	\$40.00

Please include the correct fee with your membership renewal form. To help Club officers to process your renewal, please pay by 20 December 2009, preferably, or after 1 January 2010.

Best wishes  
Julie Crowley, Registrar.

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## CHRISTMAS HUMOUR



As reindeer say before they tell jokes .... These jokes will sleigh you!  
Did Rudolph go to a normal school? (No, he was "elf"-taught)  
How do you make a slow reindeer fast? (Don't feed it)  
What do you give a reindeer with an upset tummy? ("Elk"-a-seltzer)  
How long should a reindeer's legs be? (Just long enough to reach the ground)  
What do you call a reindeer with one eye higher than the other? (Isaiah)

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## MSWA MATTERS

### HeartSwim 2009 was held on 7 November at Challenge Stadium

- 48 teams provided 240 participants (*Tricia and Sue Colyer were part of a DSR team.*)
- Volunteer support was excellent, especially Fiona Wilkins and Kim Klug as Meet Directors (*A handful of day-swimming Snappers served as volunteers, too.*)
- \$37,000 was raised: "matching" is to be provided by BHP so the total could reach \$50,000.

### National Board meeting decisions

- From 1 January 2010, 18 year olds can join Masters Swimming, eligible from the date of their 18<sup>th</sup> birthday
- The acronym, AUSSI, has been removed from the official title of the organisation.

### 2010 National Swim Meet in Launceston

Feedback received from Dani England (Narrogin) indicates that the new pool is fantastic and members are encouraged to participate. (*Six Snappers are currently planning to attend; two are considering it.*)

### Handicap Awards

Graeme Pow (Riverton) suggests that all Clubs consider presenting a Handicap trophy at BACC events to support participation from smaller Clubs. (*Somerset and Melville have these awards.*)

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## DID YOU KNOW? Snippets from Snappers' history: fifth instalment

- Vic Paul helped coach the "Dappers" from April 2001 for some time. Vic is now a second claim swimming member of Snappers. His first claim club is Bold Park.
- The first Snappers' Handbook was a comprehensive publication initiated by President at the time, Julian Keys, who wrote a very good foreword for it. It was produced in April 1997 to coincide with Snappers' 5<sup>th</sup> anniversary. Thereafter the Handbook has appeared annually. In 2001 it was issued in two parts - Part 1: Members General Information and Constitution which would not require updating each year (but only when necessary) and Part 2: Club Records and Membership which would be updated annually. However, in 2003 it reverted to a one-volume document without the constitution.
- In 2001 Snappers was the second largest Masters Swimming Club in WA (79 members: 32 male and 47 female). Only the West Coast Club, with about 120 members, was bigger.
- The current Club banner first saw the light of day at the Newman Churchlands interclub meet in February 2002. This banner replaced the original black and gold one when Stadium Snappers changed its club colours to correspond with the colours of its sponsor, Challenge Stadium. The logo was designed by Laiene Maxted and the banner was sewn by Marilyn Burbidge.
- Brian Somes swam in his first Interclub Challenge at the same meet the Club banner was unfurled for the first time! Also swimming at his first meet was Geoff Barnard.

Barry Green

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## THE ORIGIN OF THE ANGEL ATOP THE CHRISTMAS TREE

One Christmas, Santa was having a really bad day. The local elves union was up in arms over their contract and were threatening a walk-out. Mrs Claus was annoyed that Santa was never there to appreciate all of the hard work she had been doing around the house. Santa decided he needed to go home, sit in front of the fire and relax.

Then, there was a knock on the door. It was Rudolph. He said the reindeer were sick and tired of Santa not upgrading to the new lightweight sleigh and they were joining the elves walk-out. Santa slammed the door and threatened, "The next person who knocks on that door is gonna get it!"

There was a knock on the door. Santa flung the door open and there stood a tiny angel.

The angel had been searching for the perfect Christmas tree for Santa's house all day long and had finally found it. The angel asked, "Santa, I was wondering where you would like me to put this tree?"

And that is the story of how the angel came to be atop the Christmas tree.



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## NEW SWIMWEAR RULES FOR MASTERS

Applying from 1 January 2010, for pool events, Masters Swimming Australia has adopted the FINA Rules for swimwear with one exception. Instead of being limited to strictly one garment, MSA swimmers will be allowed to wear modesty garments under their competition swimwear. These rules do not apply to open water swims where the only requirement is that the suit worn is not a wetsuit (except where specifically allowed).

Here are extracts from the FINA rules. The full wording is on the FINA website.

- Men's swimsuits shall not extend above the navel or below the knee and are to be in one piece.
- Women's swimsuits shall not cover the neck or extend past the shoulders. Nor shall they extend below the knee. They may be in two pieces.
- No zippers or fastening systems are allowed.
- Shaped novelty caps are not allowed.
- Hard helmets are not allowed (!)

### LANE HIRE OVER CHRISTMAS

- Snappers will not hire lanes from Thursday 24 December 2009 to Tuesday 5 January 2010. Members are free to swim in public lanes.
- Challenge Stadium will be closed between Friday 25 and Monday 28 December and again on Friday 1 January 2010.

## POOL SWIM RESULTS

from Recorder Pamela Walter

### Somerset BE ACTIVE Club Challenge 15 November

Colin BEATON	100BA (PAB50)
Sue COLYER	50BU (PAB50)
Julie CROWLEY	100BA (PB50 by 5 sec)
Theresa ELLIOTT	100BR (PB50 by 6 sec), 100BA (inaug50)
Helen GREEN	50FR (PAB50)
Lillian HADLEY	100BA (PAB50), 100BR (PAB50)
Geraldine KLUG	100BR (best '09)
Merle LOUKES	50BR (best '09)
Jil MOGYOROSY	50BR (PAB, best since 2000)
Bill RINGLAND	50FR (PB50), 100FR (inaug50)
Pat SUGARS	100FR (best since '07)
Pamela WALTER	200IM (best '09), 50BR (PAB50)
Robyn WILSON	200IM (best '09)
Bill WOODHOUSE	100FR (PB50), 50BR (PB50 by 6 sec)

A team of 25 Snappers swam very well at Somerset to finish second to the host team (again!) and win a small trophy for the visiting club gaining the most points. The only name on Somerset's major shield is Somerset! We put the wind up Somerset. No other club has ever come as close to winning their shield as we did this year: Somerset 222; Snappers 211; Melville 162.

We put in a fine relay performance: 2 firsts and 2 seconds, the 280+ women by only 0.16 sec.

Thanks to fulltime timekeepers, Trudy and Jean, and officials Pamela, Theresa, Pat Sugars and Elizabeth.

Bill Woodhouse's performance was notable for achieving 2 PBs. Bill Ringland's was his last in WA for a while – he's now back home in Byron Bay.

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## A NATIONAL RECORD

*At the November Council of Clubs meeting, certificates were presented to the Stadium Snappers 280-319 female relay team members (short course 4 x 100 Freestyle) for the record they set at the Claremont Short Course Relay Carnival on 16 August at Challenge Stadium. Congratulations to Margaret Somes, Cas Brown, Lillian Hadley and Theresa Elliott.*

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## MORE CHRISTMAS HUMOUR

How do you know Santa has to be a man?

No woman is going to wear the same outfit year after year.

What is the most popular wine at Christmas?

'I don't like Brussels sprouts!'

Why doesn't Santa suffer from claustrophobia when he climbs down the chimney?

Because he has had his flue jab.

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## GOGGLE SAW

- ◆ A very experienced Derek stowing the pull buoys incredibly and impossibly neatly one Wednesday.
- ◆ A Snapper's face drop when she went to pay for sale-priced bathers at the Stadium shop. They were priced at \$20, not \$15 as she thought. The original price was \$106!
- ◆ Three day group swimmers getting a taste of salt water and being zapped by stingers at Cottesloe Beach in preparation for the Fremantle OWS.



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## SNAPPERS' ACHIEVEMENTS IN 2009 from Recorder Pamela Walter

The data in the table have been taken from Club Swims, BE ACTIVE Club Challenges, the State Swim and the National Swim and do not include aerobic swims. The figures for these 36 Snappers indicate the continual improvement shown by swimmers young and old. Some have been Club members for a short time and some for many years. Improvement is open to all!

Swimmer	Inaugural	PB	PAB	Swimmer	Inaugural	PB	PAB
Audrey Bullough		3		Julie Crowley	2	10	5
Barry Green		4		June Maher			2
Beng Hooi Chua	8			Kim Klug		17	1
Bill Ringland	2	1		Lillian Hadley			8
Bill Woodhouse	7	3		Marg Somes			23
Brendah Tamberlin	2			Merilyn Burbidge		1	4
Cathie Plowman		1	2	Mike Kane			1
Colin Beaton	1	2	3	Pat Sugars			1
David Corney			1	Patrick Carden	1	5	1
David Fairclough			1	Patrick Cooney		1	
Eleanor Parsons		6		Peter Williams			2
Eleatha Beare	5	2		Robyn Wilson		1	
Eliz Edmondson		11		Sue Colyer		2	16
Gail Parsons		7		Theresa Elliott	16	17	
Gary Steenkamp	1	3	6	Warwick Maxted	2		
Geoff Barnard	1		1	Wayne Davies	1	2	
Helen Green	1	4	4	William Curtis			3
Jil Mogyorosy			5	Wyvern Rees			1

In yet another recognition of Elizabeth Edmondson's swimming achievements, she was recently inducted into the WA Wheelchair Sports Association Hall of Fame. Congratulations Elizabeth.

### DEADLINE

Many thanks to Sue, Marg Watson, Pamela, Barry, Robyn, Eleanor, Geraldine, Pat Sugars and Julie for providing material for this issue of Snappets and to everyone who has contributed throughout the year.

Please send your items for the first issue for 2010 to [amburbidge@westnet.com.au](mailto:amburbidge@westnet.com.au) by Friday 22 January 2010.

Wishing everyone a wonderful Christmas and successful swimming in the new year,  
Merilyn

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## OPEN WATER SWIM REPORT

### *West Coast 1000 and 1600, Cottesloe Beach Saturday 28 November*

Distance	Swimmer	Age Group	Time	Age Group Position	Overall Position
1000 m	Barry GREEN	51+	21:14	2	125
1600 m	Richard DEVLIN	18-34	28:37	26	87

*Barry reports:* Conditions were good, except I encountered my first stingers in WA - an experience I can do without. There were 375 entries in the 1000m event and 282 in the 1600m. It is a nice swim, good for me as I breathe on the left and that allowed me to look shore-wards and round the buoys easily. Going from north to south is often against the current, although for this swim it did not appear to be significant, either for or against. I also quite like the beach start.

It is a shame that the event is not better supported, but I have been told that many object to the cost of entry, which is higher than for other OWS events.

### *BBB 1600 m River Swim, Bicton Baths Sunday 29 November*

Swimmer	Age Group	Time	Age Group Position	Overall Position
Warwick MAXTED	40-49	24:37	1	3

This was a great performance from Warwick, who abandoned his long-sleeved, long-legged suit in favour of speedos for the saltwater river swim.

### *33<sup>rd</sup> Swim Thru Rottnest 1600m Saturday 5 December*

Swimmer	Age Group	Time	Age Group Position
Eleanor PARSONS	50-54	24:39	1
Robyn WILSON	55-59	29:29	3
Sue COLYER	65-69	34:32	2
Vic PAUL	65-69	24:15	1

*Robyn and Eleanor report:* Four Snappers undertook the annual pilgrimage to Rottnest for the Swim Thru. We normally make a decent day of it as it is an overseas trip and all. This year however our ferry organiser, bless her little cotton socks, arranged for an 11:30 am departure and a 4:30 pm return. So when we arrived at the car park, there were only 3-hour bays left 'cos everybody else had taken the 9:30 am ferry. We reached the island just in time to register and do a quick warm-up, finish the swim, run to the coffee house, off to the ferry for the return trip and then back home by 5:30 pm. So we could have risked it in a 3-hour bay.

Apart from the tight travel timetable, the weather was perfect as were the swimming conditions. The sea breeze came in early but did not affect the water conditions. The stinger count was one, found lurking in the first 100 m of the swim. It was a great day for all concerned and we were all delighted with our results. It would be good to see more Snappers over there for 2010.

Stadium Snappers values the support received from our sponsors



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## **NOTICE OF MEETING SPECIAL GENERAL MEETING**

A Special General Meeting of AUSSI Stadium Snappers Inc will be held on  
**Wednesday 20 January 2010**  
**7.00 pm**

**at St Cecilia's Church Hall, Grantham Street**  
(Cnr Kenmore Crescent), Floreat

**The purpose of this meeting is to adopt the new constitution.**

Copies of the proposed constitution will be distributed during the next month.

The new constitution is based on the model rules available from the Department of Commerce, and developed to be applicable to Masters Swimming clubs in Western Australia. The Masters model was presented to the Council of Clubs, and has sufficient flexibility in the optional clauses to suit the needs of AUSSI Stadium Snappers Inc.

Two decisions by the National office of Masters Swimming Australia precipitated the changes: deletion of AUSSI from the name as it causes too much confusion, and the reduction of the minimum age to 18 years. Such major changes in rules require constitutional change, and older constitutions requiring major changes must be brought into line with the prevailing legislation governing incorporated associations.

An Agenda will be distributed shortly that outlines the main clauses that are specific to AUSSI Stadium Snappers Inc.

This meeting will be immediately followed by the AGM, which will be conducted under the prevailing club constitution. It will take several months for the new constitution to be processed and operational.

Sue Colyer  
President

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## **NOTICE OF MEETING ANNUAL GENERAL MEETING**

The Annual General Meeting of AUSSI Stadium Snappers Inc will be held on  
**Wednesday 20 January 2010**  
**7.30 pm**

**at St Cecilia's Church Hall, Grantham Street**  
(Cnr Kenmore Crescent), Floreat

All positions for the 2010 Committee are open for nomination:

President	Social Organiser	2 General Committee
Vice President	Day Captain	Members
Secretary	Night Captain	Membership and PR
Treasurer		

**Please make sure your membership is paid before the end of December, and try to attend the meeting to support your club.**

A small plate of supper for after the meeting would be appreciated.