



BERWICK LITTLE ATHLETICS OPEN DAY

Saturday 3rd February 2018

- Date:** Saturday 3rd February 2018
- Time:** Commencing at 2.00pm (approx. 9.00pm finish)
- Venue:** Edwin Flack Reserve Manuka Rd Berwick
- Registration:** Online at www.berwicklac.com.au/openday
- Entry Fee:** \$6.00 per event or 4 events for \$20.00
Plus \$1.50 IMG Fee per entry
Entries close Sunday 21st January 2018 (10.00pm)
NO LATE ENTRIES WILL BE PERMITTED
Once entry is accepted **NO** changes are possible
NO REFUNDS WILL BE PROCESSED
- Enquiries:** Berwick Contact – E-mail berwicklac@gmail.com
- Canteen:** Hot and Cold food and drinks and confectionery will be available at all times. Additionally a full BBQ will be in operation at 'dinner time'
- Awards:** Berwick LAC Medals will be awarded to the first three place getters and Ribbons for 4th to 8th place.
- Conditions:** All athletes must be registered with Little Athletics Victoria
Centre or Club uniform must be worn
No protests will be entered into
Spikes (maximum 7mm conical or Xmas tree) are permitted for U11-U16. Specialist High Jump and Javelin footwear spikes shall not exceed 9mm and ONLY for these events.
Each athlete may progress **ONE AGE GROUP IN TWO EVENTS ONLY**, if preferred event is not offered in correct age group. (please select these events first)
Berwick LAC reserves the right to cancel or postpone the entire event due to extreme weather conditions.
Individual events may be cancelled due to insufficient entries.

DUTY IS COMPULSORY FOR PARENTS OF COMPETING BERWICK LAC ATHLETES

BERWICK LITTLE ATHLETICS CENTRE - OPEN DAY EVENTS														
Age	Available Events													
U6	70	100	200						LJ			Disc	Shot	
U7	70	100	200						LJ			Disc	Shot	
U8	70	100	200	400		60H			LJ			Disc	Shot	
U9	70	100	200		800	60H	700W	HJ	LJ			Disc		
U10	70	100	200	400		60H	1100W		LJ			Disc	Shot	
U11		100	200		800	60H	1100W	HJ	LJ	TJ		Disc		
U12		100	200	400		1500	60H	1500W			TJ		Shot	Jav
U13		100	200		800		80H		HJ	LJ		Disc		Jav
U14		100	200	400		1500	80/90H	1500W	HJ		TJ		Shot	Jav
U15		100	200	400	800		90/100H	1500W	HJ	LJ		Disc		Jav
U16		100	200	400		1500	90/100H	1500w	HJ		TJ		Shot	Jav