

Club News – Summer Edition Different Strokes

Osborne Park Masters

The club is very proud of our National and State Record recipients gained earlier in this period. They are Bryce Jones, Heather Whitehead, Delise Griffiths, Ian Jennison and John Fussell with State records, along with Penny Green, Helen Bird, Dave Cuzens and John F. who received one for mixed medley relay. John F. also received a National Record.

John F. was the only club rep at the Worlds in Sweden and came home with a handful of medals.

Our captains - Geraldine P and Jeff M - have been busy with our participation in recent BACC's and the Golden Groper Relays. We enjoyed coming 2nd at the Belmont Oasis Pool at the BACC hosted by Belmont and Maida Vale clubs - and also the lovely lunch in the great function room!

Ian Jennison, a new member this year is swimming very well with State Records and now is doing the Level 1 coaching course. He also figured in the social scene with his recent house-warming party, enjoyed by many Occies, held on Guy Fawkes Night!!

The club is readying for our own BACC, at end of Nov, and also several members are travelling to Narrogin for their first BACC on 4th Dec. We wish the new(ish) club well and good swimming!!

We've been out & about on the social scene, too. Enjoyed the "Sound of Music" at the Regal Theatre - unfortunately one member thought she'd try the Burswood Theatre first and arrived at interval - the Christmas show at the Tivoli, a picnic in Whiteman Park and soon - our Christmas and Presentation Party at the Rosehill Country Club.

The club is very pleased to have received, in the last round of funding in the current format, funds from the 2008 World Masters Financial Legacy.



Lake Leschenaultia Prize Winners –
Jo Kocik, Helen Morris & Evan Jones



Osborne Park Members at the Lake Leschenaultia swim.

*Toni Morris
President*

Westcoast Masters

We hosted our BACC in June, which ran smoothly and took part in the Gropers Relay Carnival with maximum participation from our members. Great effort from all of them, making us the winners on the day! A much smaller group swam in the Fremantle BACC and all enjoyed the morning.

Our training programs are now dedicated to the open water season. A few swimmers are 'over' Fartleks and pyramids already. We have started the season with swimmers entering in to the Maida Vale Lake Leschenaultia Open Water Swim and the Geo Bay Swim.

Our annual pilgrimage to Rottnest for the swim thru' is coming up, with accommodation bookings from 36 members and more only going over for the swim.

The club has had a weekend away at Club Capricorn near Yanchep. Bushwalking, beach walking and socialising being the order of the weekend! We hired out the Jaffa Room for a movie evening; Swimming Downstream was screened and although an oldie, it went down a treat. A group of riders took off around Lake Joondalup while the more intrepid continued with their attack on the Bibbulmun track.

As the weather warms up beach swims are becoming more popular again and the Saturday sessions in the Craigie outdoor pool are very well attended.

On behalf of all the Westcoast members I would like to take the opportunity to wish all fellow masters swimmers a very happy and safe festive season.

*Viki Shelver
President and Publicity*

Stadium Snappers

Our participation in the 2010 BE ACTIVE Club Challenge series reached an exciting climax in November at Somerset's carnival. Over the last four years we have attended this meet three times and finished in second place on each occasion. This year's was our best effort – Somerset pipped us by a mere six points. Thanks to Somerset for a great day! We are disappointed that there will be no opportunity to try again in 2011.

Earlier this year our club clothing organiser, Marg Watson, placed an order for shirts, tracksuits and vests with Jeff King, whose company KC Sports is the MSWA preferred supplier. This was the first batch to be embroidered with our revised club name (sans AUSSI). Our members were pleased with their new clothes, except those who had chosen reversible vests. The contract embroiderer had stitched the logo through both layers so that the reverse showed the ugly "wrong" side. Without hesitation Jeff replaced the vests, with logo correctly applied, at no charge. Jeff is to be congratulated for top-class customer service!

Sadly long-standing member Laiene Maxted (pictured right) recently succumbed to cancer. Laiene was multi-talented. As well as serving the club as Captain, she also designed the club logo that we adopted nine years ago when we changed our club colours. Laiene was generous in offering practical tips to help our older swimmers improve their stroke technique, especially in backstroke, at which she excelled. We will miss her friendship and wacky sense of humour.

*Merilyn Burbidge
Publicity Officer*



Mandurah Mannas

Our Polar Bear Group, who began Winter swimming in the OCEAN each Saturday morning, has now doubled in numbers. They are no longer *cold blue mannas*, but are now 'rosy' and celebrating summer. The beach is a wonderful place to be.

I missed the Spring Edition so now take this time to thank all officials who came and the 10 clubs who competed in our June BACC Swim. Without you a lot of fun would be lost. Somerset won, again, well done. Look out, next time we may claim the trophy back. Thank you also to Claremont for the well run Golden Groper Relay Swim - a great afternoon. Just love those 25mt Relays. Congratulations also to Ken Phillips, who achieved and was presented on this day with his Event Referee Certificate.

On the 19th Sept. our team of 13 swimmers competed in and enjoyed Stadium Snappers BACC. We managed to place third overall. Well done to all the swimmers who made the trip down to our 1500mt Event on 17th Oct. Many records were broken. Fremantle hosted our 2nd last BACC swim on 24th Oct. Their open air pool is a joy to swim in (sunshine special) and the tucker was terrific. Thank you.

One Friday a small group went to the dogs! (greyhounds). Good food. Good night. And no-one lost their shirt. Four of our members and their partners braved the desert track to tackle the Alice Springs Games. Enjoyed the competition, the trip, came home jingling medals, but found the weather different? It rained, it blew, and rained.

Most of our members have returned from holidays and we now look forward to the very last Inter-Club swim at Narrogin on 4th December. Will be a good weekend. All Open Water Swimmers. Mark your calendars at **13th February 2011** for the **Cambria Island Swim**. Promise no sharks just one or two dolphins. Check our web site for updates <http://mhmannas.tripod.com/>

Happy Christmas and Good Luck for 2011.



Enjoying the Christmas Festivities and the Cambria Isle Swim

*Lyn McPhail
Publicity Officer*

Masters Swimming Albany

The winter months have seen the Club struggling with numbers but recently there are signs that our missing members are emerging from hibernation and venturing back into the pool. A small number of members are also braving the chilly Southern waters to prepare for the Open Water season.

Following the great experience of 13 swimmers competing at Nationals in Launceston last April we are keen to follow up with a team to compete in Perth next year and are busy planning this.

Also well under way in planning is our annual Harbour Swim to be held on Easter Saturday 23 April 2011. We are hopeful some of our Eastern States competitors for Nationals may see this as an opportunity to compete in an icon event on their way to Perth. With the opportunity for Duo teams to swim just 2km each or Solo swimmers to complete the 4km swim from town to the Princess Royal Sailing Club this swim offers something for all in relatively protected waters in a picturesque setting. All past swimmers are again invited to take up the challenge to improve on your past performances and for those who have never competed before – come and see what you have been missing.

Happy swimming to our counterparts throughout the State and we hope to catch up with many of you as the season progresses.

*Kaye Bolger
President*

Leeming Masters

Leeming Masters was represented by a dozen swimmers at the BACC meeting hosted by Somerset on Sunday, November 7, and the club used the occasion to publicly unveil its new banner. The photo shows club members after the swim in t-shirts and caps supplied by major sponsor Total Marine Services.



Leeming Masters with their new banner

Following a successful application to MSWA's World Legacy Funding Project and officially dropping the word AUSSI from the title, Leeming was able to order the 3m x 1m banner designed by club member Tarita Atkinson.

The club also used the artwork for printing on a set of white, long-sleeved and collared t-shirts which will be ideal for wearing at the beach before and after summer open-water swims.

*Doug McIvor
President*

Inglewood Masters

On Sunday Inglewood Masters celebrated their 32nd anniversary with a picnic at Whiteman Park. The weather was kind which was a blessing after our bout of extremely hot weather. About 30 of the members and their partners attended. We met at noon and had a picnic after which presentations were made for the Club Person and the President Trophy. Irene Dembo won the Club Person for all the good work she does for the Club. Ruth Andrew was presented with the President Trophy. This is awarded for the most points won for times trials that are held during the year. After we cut the cake and all feasted on it, quite a few came back for seconds, we all got on a bus for a sightseeing trip around the Park.

Glen Boorn who is a volunteer for the Bus Renovations and Museum was able to get a loan of the Bus. What an amazing place the park is. We stopped at Resolutions which has the history of Transport in West Australia. A very interesting place with all types of transport vehicles. Glen took us to the Bus workshop, which was an eye opener with the number of buses in all states of repair, that at some point were used for public transport around the city and country. It was quite nostalgic for some of us.



Inglewood Masters Members at their 32nd Anniversary Celebration

*Noelle James
Publicity Officer*