

Stadium Snappers

Snappers took part in our last BE ACTIVE Club Challenge for the season at Fremantle in October and were very pleased that our team swam well enough to finish second to the host club. Bad luck that the giant crocodile took to the water before the medley relays could be run! Thanks to Fremantle for their carnival and super lunch.

A handful of hearty hardies began the 2011-2012 Open Water Swim series at Lake Leschenaultia. Maida Vale was right. There were no sharks! Nor were there stingers nor jellyfish and none of us picked up any leeches although we watched some blokes communally grooming on shore afterwards.



Some of our aerobic swimmers are relieved to have completed their swims for 2011. Others are squeezing in the odd 1 hour breaststroke or 800 metre fly before the deadline in an attempt to retain the State Aerobic Trophy that was ours to hold for the first time this year. We look forward to the introduction of Endurance 1000 next year as the more flexible program will make it easier for more of our swimmers to take part and reap the benefits of aerobic swimming.



Planning is well underway for celebrating our club's 20th anniversary in 2012. Recently we enjoyed a social lawn bowls afternoon and our Christmas picnic and annual awards presentation on the banks of the Swan is coming up soon.

Best wishes to all for a relaxing Christmas and great swimming in 2012.

MANDURAH MANNAS

After braving the ocean's freeze all Winter, six of our Saturday Seals have decided to challenge the English Chanel. They swim in July 2012 as a team, then relax and enjoy the European Summer. Deb Bloor, Ray Reynolds, Alex Gailbraith, Ken Phillips, Sue Giles and John Reyburn are training hard with advice from Barb Pellick. Couldn't get much colder than our Winter,--- Could it???

All twenty of the Seals are benefiting from this training so entered two teams for the 18.5km Geographe Bay Swim. They reveled in the weekend and are sure that the prevailing winds helped to break a few records.

Sue and Sue, our Social Directors are keeping us active, with Pizza Nights, nibble, at the Spanish Tap Bar, and the Bike Hike. On a beautiful sunny Sunday we cycled down the bike paths to Miami Bakehouse at Falcon and tempting rewards of cream doughnuts and chocolate fudge sundaes. These we justified by believing that the 30km round trip pedaling would relieve us of a few calories.

The Golden Groper Relays run by Claremont was a lot of fun. Fremantle well organized BACC Swim in their open air pool was a pleasure to attend, even if that scary Puff the Magic Dragon chased us out.. Thankyou to both clubs for two really good days.

We are looking forward to competing in the Narrogin BACC Swim in December. It was a wonderful weekend lat year.

Don't forget to come down to compete and picnic at our Alcoa Mandurah Masters Ocean Swim on Sunday 19th Feburary 2012.

Summer is nearly here! For you may the Sun Shine and the Ocean Sparkle.

Best wishes for the Festive Season and Good Luck in 2012.

From all of us at Mandurah



Westcoast Masters

This has been a relatively quiet last quarter of the year. Membership numbers are still up around 120, although numbers in the pool haven't always reflected that. However now with summer weather starting to shine through the lanes are getting busier.

No carnivals attended recently, a few swimmers taking part in open water events, but the main focus has been on our annual sojourn to Rottneest for the Swim Through. Have 38 members booked in for the weekend with a few day trippers tagging along.

Christmas Breakfast is being organised for after training on 17th December, where we look forward to egg and bacon rolls and a Secret Santa exchange of gifts.

We would like to take the opportunity to wish everyone in the office, the Board and all other masters swimmers a very safe and happy festive season. Keep fit and stay out of trouble, if at all possible.