



Weekly Newsletter

3rd March, 2018

And just like that our season is over again. Thanks to Mornington Secondary College for hosting us again this season, and we look forward to getting back to the track in October.

This Saturday we celebrate the season with presentations of our age group championship awards, boy and girl club champions, centre records, PB awards and attendance awards. There will be prizes to be won for a lucky few, plus a few surprise guests. Please email the club if you are unable to attend this Saturday. Start time is 9am and the schedule for the morning is at the end of the newsletter. Good luck to our 28 athletes attending State Track & Field next weekend.

We have been blessed again this year with the tremendous support from our parents, both completing duties and especially those who step in as Team Managers week in, week out, making it possible for us to seamlessly run our program. Thank you to all. We would really appreciate knowing if our Team Managers are prepared to come back next season - if you are yet to let Lisa Henry know if you can help out or not, please do so at your earliest convenience. We will also need people to step in to the Team Manager roles for the U6 groups too. If you have a younger child starting next season, please consider taking on the role. The Introduction to Coaching Courses will start up again in September - the club is happy to reimburse our parents the cost of this course if you are prepared to take on the role of a Team Manager.

Just a reminder that the age group change will come in to effect for the 2018/19 season. This will mean that athletes born between October to December will be moving up 2 age groups next season. For those affected, we strongly recommend that you take advantage of the training sessions that Little Aths Victoria will be running before the season starts. Those affected will be notified when they are running. They will be designed to aide those kids who will essentially miss out on a year of competition. For those affected, if you are not sure how your child will go in the older age group, can we suggest you try to attend the training sessions and also give your kids 2 weeks to settle in to the season (register, but don't pay) before you make up your mind to stay or not.

We are hopeful the new track build will begin by the middle of this year. As it is a complete new build, we don't anticipate that we will be on it for next season. But it should be ready for us to compete on from the 2019/20 season. Our senior club, MPAC, will be moving onto the track as soon as it is ready. This is an exciting prospect for both our clubs, and will allow our Little Athletes to finally see that they can progress with their aths as they get older. A reminder too that MPAC allow discounted dual registrations for U11's to U14's. We look forward to strengthening our ties with MPAC when we are both occupying the new track.

Thanks again to our committee members who donate a huge amount of time behind the scenes to ensure that the club operates smoothly: from line marking to BBQ and merchandising management, pre-season preparations to end of season championships, region events to state events, early morning set-ups to finalising the recording sheets. The committee this year has been a great bunch of people. We always welcome new members - please consider attending our AGM mid year and/or joining the committee. Many hands make light work! We will be on the lookout for someone to coordinate the BBQ next season, it's a big job and we thank Tim Lambourne for taking it on this season. We always welcome more volunteers and welcome any feedback which will make the centre a better place for our children, so if you have any feedback, good or bad, as always, please don't hesitate to let us know.

Our biggest thanks have to go to our athletes. We hope you've enjoyed the season. We hope to see you all back next year. It is great to see everyone out there week in, week out trying hard and most

of all enjoying themselves. You are credit to yourselves and your parents and we're all very proud of each and every one of you.

The 2018 Cross Country season will begin in April. The schedule is yet to be finalised. Once everything is arranged we will contact members. Please remember that if your child has a friend that likes Cross Country, they can sign up just for the Cross Country season for the price of \$55.

Please read on below as we again thank the local businesses who have helped the club this season. Don't forget to keep an eye out for our AGM. We are hoping to have it in early June.

Finally, to centre records. A massive 10 records fell on the weekend of Regional Track & Field, the 17th and 18th of February:

- Claudia Fogarty broke 2 U11 girls records – the Long Jump with a jump of 4.50m and the Triple Jump with a jump of 9.28m
- Sarai Hughes also equalled Claudia's U11 Triple Jump record with a jump of 9.28m
- Declyn Tanner broke 2 U11 girls records – the 200m with a time of 29.91s and the 400m with a time of 1:06.36
- Sebastian Farrelly broke the U11 boys 400m record with a time of 1:02.98
- Ellie Jenkins-Perry broke 3 U15 girls records – the High Jump with a jump of 1.51m, the 400m with a time of 1:05.28 and the 800m with a time of 2:34.52
- Ella Fischer broke the U14 girls 1500m record with a time of 5:10.03

2 records were broken last Saturday the 24th of February:

- Harry Pearce broke the U6 boys 400m record with a time of 1:32.12
- Connor Yates broke his previous U16 boys Triple Jump record with a jump of 12.61m.

The key points to note this week are:

- Parent Duty Roster
- Club Sponsors
- 2018 Stawell Gift
- A message from Mark Henry: Callout for Committee/SMR committee members
- Results HQ
- Parking
- Dog policy
- Website
- Team App
- Facebook
- Wet Weather
- Weekly Program

Parent Duty Roster for Saturday 3rd March, 2018

Please note that we have 2 age groups rostered on to ensure that each duty is suitably attended.

Set up takes more than an hour and we really do need those rostered on to be there as required. The committee are always on hand but as we all know many hands make light work and it makes a world of difference to how the whole day runs when we can set up on time for the program to start.

The following Age Groups are rostered on this weekend:

Setup : **Committee members** (*please arrive by 7.30am*)

BBQ : **U10 Girls and U9 Boys** (*from set up of the BBQ at 8.00 to pack-up and clean at the day's end*)

Pack Up : **U6 Girls and Open Boys** (*concludes once the containers are locked up*)

Club Sponsors

We'd like to again thank and acknowledge the local businesses that have helped our club in any way this season:

- [Mornington Holden](#)
- [Cafe2U](#)
- [MP Sports Physicians](#)
- [Ritchies](#)
- [Rebel](#)



If any local businesses would like to sponsor us for next season, please [email us](#).

2018 Stawell Gift

**** Please Note: Registrations close this Sunday the 4th of March ****

As part of the 2018 Stawell Gift Carnival, Little Athletics Victoria in conjunction with their partner Telstra, will return to Central Park for their 8th consecutive year and will be conducting five handicap events. Little Athletes will again be provided with the opportunity to run at the home of the historic Stawell Gift Carnival, Central Park during the 100m Semi's and final events. This is an excellent opportunity for our athletes to get up close to some of the best professional runners on the circuit. The event is the inspiration for our own Christmas Handicap.

Events for our Little Athletes this year include:

- **100m Boys** (Heats SUNDAY 1st APRIL) and Semis / Finals MONDAY 2nd APRIL)
- **100m Girls** (Heats SUNDAY 1st APRIL) and Semis / Finals MONDAY 2nd APRIL)
- **400m** (Heats SUNDAY 1st APRIL / Final MONDAY 2nd APRIL)
- **800m** (Heats & Finals SATURDAY 31st MARCH)
- **1600m U11 - U15 athletes ONLY** (MONDAY 2nd APRIL)

Registrations and more information can be found [here](#). Please read all the Entry Requirements and Finer Details before signing up.



A Message From Mark Henry

As Registrar (and main Starter) for Mornington Little Athletics Centre (MLAC) I like to get involved in the running of our club. Some of you may be aware I am also involved in the running of Little Athletics for the Southern Metropolitan Region (SMR). There are seven regions across Victoria and our region consists of fifteen centres in our local-ish area. SMR is responsible for organising and running three events per year, Regional Cross Country, Regional Relays and Regional Track and Field. All of which athletes are required to either attend, or perform well in, to progress through to the State Championships. SMR also hosts approximately eight to ten meetings a year known as Delegates Meetings where delegates from every centre in our region come together to decide upon and discuss topical issues relevant to both centres and our region.

As a local centre, MLAC requires parents to assist in the running of this club whether it is in the form of a General Committee member (someone to provide ideas and input on the running of the club) or an assigned role such as Registrar, Secretary, President etc. As our athletes mature, we tend to lose committee members. We will be losing Lisa Henry as Secretary as she is stepping down after 5 years. These are not roles that should frighten anyone interested in coming forward, instead as committee we are all like-minded people just wanting to give our kids the best experience we can. The same applies to SMR and the region is also seeking people to join the committee and assist in making it better for our athletes.

If you would like to make a difference to our athletes and help MLAC, you can contact any of our existing committee to get an idea of what is involved and how you can help. Or attend our AGM in early June.

SMR also has an open invitation to any that would like to help out. [Contact me](#) for more information.

Results HQ

To view your child's results, you will need to log in to Results HQ. You will need to have paid the club registration fee to have access. The login details are a little confusing:

Username: Your family username is the email address you used to register your primary member with (usually your oldest child)

Password: Your password is the Login ID of your primary member when you log in to LA Vic.

You can view your whole family's results on one page, and also view all MLAC results. Tickets can be printed out to keep. We endeavour to have the results available by Sunday evening.

If you have registered and paid by Thursday evening and there is no bib for your child, please talk to someone at the Registration desk in the Cottage.

If you have any problems logging in, please contact the club mornington@lavic.com.au

<https://www.resultshq.com.au/login>



Parking

Please Note: There is **NO PARKING** available for us in the basketball stadium car park, as this area is for the exclusive use of those attending the basketball stadium. We have also been asked not to park near the swim centre. We are to use the land at the north end of the school for parking. Access to this land is from Eagle Street, which is at the set of traffic lights at the Bata intersection with Nepean Hwy. If this area fills up, there is minimal parking within the school grounds - along the driveway at the front of the school, the fenced basketball courts just past the bus bays, and the staff car park. We have been asked to advise that there is to be **STRICTLY NO PARKING ALONG NEPEAN HWY!!**

Dog Policy

**** If you have family or friends that come to watch, can you please communicate this to them as well.**** Please note that we have a strict **NO DOGS** policy on competition days. There have been a number of incidents and near misses over the past few years, plus we have a few athletes with dog allergies and those who are scared of dogs. We would greatly appreciate if you left your dogs at home.

Website

Our [website](#) was updated last season and has had a lot of wonderful feedback. Most club information can be found here - if there is anything important missing, please let us know.

Team App

As with previous years, we will be utilising [Team App](#) to get information out to our members and their families about news and events around the centre.

Download Team App (it's free!) from iTunes or the Play Store and search for Mornington Little Athletics.



Facebook

We also have a [Facebook page](#) filled with news and photos of our athletes. Make sure you "Like" it to see posts in your Newsfeed. If you do not wish to



have your child's photo published, please send an email to our secretary Lisa Henry lhenny@morningtonlittleleaths.org. She will endeavour to ensure your child's photos are never published.

What happens in the event of Wet Weather/Extreme Heat

When the weather forecast does not look great, the committee makes a decision by 8:00 a.m. on the morning of competition whether the competition day will go ahead or be cancelled. In the event of cancellation a notice will be posted on the following sites by 8:00 am:

Website www.morningtonlittleleaths.org
Facebook www.facebook.com/mlac82
Twitter @mlac82
Team App www.teamapp.com
Instagram www.instagram.com/morningtonlac/

We communicate with our members almost exclusively via electronic means. We will always email you important information, but it is also distributed via our Facebook page and Team App.

Weekly Program

This week's program is our [Presentation Day program](#) or find it on the club [website](#).

If unsure of what to do on the day, or if you have any questions, please do not hesitate to contact us via email or by speaking to one of the committee members on Saturday mornings. They are easily identified in their bright orange polo shirts.

Regards,

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