Modified 6s rules are based on the same rules as Indoor

1. The ball must be pushed at all times, **NO** hitting of the ball or overheads are allowed.

 a. The stick must remain in contact with the ball when pushing;

 b. The ball may not be raised above knee height.

2. **NO** long corners;

3. Attacking and Defensive Penalty Corners

 a. Each team must have a fully equip Goal Keeper or a player with a bib and a helmet;

 b. The ball must **NOT** be raised above back board height;

4. There must be a **minimum of 3 female** on the field per team at all times;

5. Game duration is:

 a. Juniors 2 x 15 min halves with 2 min half time

 b. Mixed Senior 6s 2 x 20 min halves with 2 min half time

6. Minimum age of juniors playing in a senior team is **14**.

7. Each team **MUST** supply an umpire for the duration of the Summer Comp

8. All players must be registered with Hockey QLD to play for insurance purposes

9. Teams forfeiting without sufficient notice will be required to pay the full game fee.

PLEASE REMEMBER

It is mixed summer social hockey not the World Cup, **ALL** players and spectators must adhere to the IHA codes of conduct.