



### Weekly Newsletter

3rd December, 2016

Last week we held our Multi Event program which ran reasonably smoothly. If you haven't already, check out the fantastic photos of the morning on our Facebook page (don't forget these are available to order for a gold coin donation from the Registration/Merchandise tent). The winners of each age group will be announced at our Christmas Handicap, which is occurring on the 10th of December. If your children are **unable** to attend the Christmas Handicap, could you let the club know by Thursday the 8th of December please? ([mornington@lavic.com.au](mailto:mornington@lavic.com.au)) This will enable the program to run more efficiently if we are not catering for athletes who are not present.

The Christmas Handicap is our annual Christmas breakup event. All children attending will run in handicapped 100m heats based on their fastest 100m time this season. As we introduced last year, we have 2 separate finals occurring, the Christmas Handicap (U9-16's), and the Junior Christmas Handicap (U6-8's). The winner of the main race wins the Christmas Handicap Perpetual Trophy (pictured) to keep at home for the next year. It's a fun day, there are other prizes to be won and Santa might make an appearance on a fire truck... Please be aware that only **registered and financial athletes can compete**. We still have 87 athletes in our unpaid list. **Could you arrange to pay your registration fees ASAP** (either online or on Saturday morning at the Registration/Merchandise tent), or contact our Registrar Mark Henry to make other arrangements ([mhenry@morningtonlittleleaths.org](mailto:mhenry@morningtonlittleleaths.org)).



The Christmas Handicap on the 10th of December is our last day of competition before the end of the year. We start back in January on the 7th of January in our annual interclub competition with Frankston, Seaford and Casey LAC's at Ballam Park in a twilight competition. This is a great opportunity for our athletes to get some practice on a synthetic surface before Regional Track & Field in February.

Due to an incident at Mace Oval on Saturday, can we reiterate State Government legislation that states "**smoking is now prohibited within 10 metres of all outdoor public children's playground equipment and skate parks, and during organised under-age sporting events, as well as in outdoor areas of public swimming pools.**" Can all members please pass this information on to family members or friends that might not read our newsletter or be aware of this law. If anyone needs to smoke during competition at Mace Oval, this can be done at the north end of the car park behind the shipping containers. And please dispose of your butts thoughtfully and carefully.

Finally, don't forget to buy your **raffle tickets for our Christmas raffle** (flyer at the end of the newsletter). Tickets are \$2 each or 3 for \$5 from the Registration/Merchandise tent. All money raised will go towards the club rooms to be built at the new track in Mornington.

**On Saturday 26th of November we had 4 club records broken.**

- **Sarai Hughes broke the U10 Girls Long Jump record with a distance of 4.03m.**
- **Joshua Cottier broke the U15 Boys 100m club record with a time of 12.14s.**
- **and Corey Hough broke 2 records again - the U16 Boys 100m club record with a time of 12.53s and the U16 Boys 100m hurdles club record with a time of 16.24s.**

**Well done to these athletes!!**

The key points to note this week are:

- Duty Roster
- LA Vic State Multi Event
- Regional Track & Field
- Ritchies Community Benefits card
- Uniforms/Club Apparel
- Results HQ
- Parking
- Wet Weather
- Team App
- Facebook
- Weekly Program

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### **Duty Roster for Saturday 3rd December, 2016**

Please note that we have 2 age groups rostered on to ensure that each duty is suitably attended.

Set up takes more than an hour and we really do need those rostered on to be there as required. The committee are always on hand but as we all know many hands make light work and it makes a world of difference to how the whole day runs when we can set-up on-time for the program to start, especially on the first morning of the season!

The following Age Groups are rostered on this weekend:

**Setup** : **U11 Girls and U8 Boys** (*please arrive by 7 .30am*)

**BBQ** : **U8 Girls and U11 Boys** (*from set up of the BBQ at 8.45 to pack-up and clean at the day's end*)

**Pack Up** : **Open Girls and U6 Boys** (*concludes once the containers are locked up*)

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### **LA Vic State Multi Event Championships**

After the Subway State Relay Championships, the next big State competition is the LA Vic State Multi Event Championships. This year it is being hosted in Bendigo at the Latrobe University Athletics Complex over the weekend of the 28th and 29th of January, 2017. Registrations are open now, and close on Monday the 9th of January 2017 at 11.59pm. The cost is \$30 per entrant (plus a processing fee). The U9-11's compete on the Saturday, the U12-13's on the Sunday, and the U14-15's over both days. Click [here](#) for more information and to register.

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### **Regional Track & Field Championships**

Registrations are also open for the 2017 Regional Track & Field Championships. This season it is being held at Ballam Park, Frankston, on the weekend of the 18th & 19th of February, 2017. U9-U15 athletes are eligible to compete, provided they have participated in a minimum of 4 weeks of competition at their centre and have paid their registration fees. The week of Regional Relays is not included for eligibility purposes. Registrations close at 11.59pm on **Monday the 30th of January, 2017**. NO LATE ENTRIES CAN BE ACCEPTED UNDER ANY CIRCUMSTANCES. Athletes can choose up to 4 events to compete in over the 2 days, and may progress to the State Track & Field Championships if they do well. States is being held at Lakeside Stadium on the 11th & 12th of March, 2017. Click [here](#) for more information and to register.

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### **Ritchies Community Benefits Card**

We still have some Ritchies Community Benefits cards pre-linked to our club for members to use at Ritchies and IGA stores that run the Community Benefits program. Once our monthly spend reaches \$2000, Riches will donate to the club 0.5% of all subsequent sales. We really need to inject as much

money into the club as possible over the next couple of years so we can contribute financially to the new track. The more money we contribute will hopefully help speed the process along. So if you shop regularly at the Mt Eliza, Towerhill Frankston, Somerville, Hastings, Rosebud and Dromana IGA and/or Ritchies stores (there is a full list of all participating stores at the Rego/Merch tent, but please note the Mt Martha store IS NOT on the list), please stop by the Registration tent at Mace Oval this Saturday and pick up a card. There is nothing to fill in, the cards are already linked to us and ready to use. Or you can pick a card up from any store and link it to Mornington Little Athletics. Our CB number is **91989**. Please ask extended family members who shop at these stores to consider helping us with this too. According to the Ritchies [website](#), Dromana Primary School received \$692.93 for the month of September!! We have had 3 monthly donations since we started this in February, totalling \$43.41. This is \$43 we didn't have that is going straight towards the new track club rooms!!



### **Uniforms/Club Apparel**

Uniforms and other club merchandise will be available for sale only at Mace Oval on each competition day at the big orange Registration/Merchandise tent. This year we are also selling Little Aths Victoria branded shorts. These will be compulsory for all athletes competing at Regional and State events from next season. With this in mind, we have limited sizes in stock for those athletes in the U9+ age groups. Tshirts - \$45, Singlets - \$45, Crop Tops - \$50, LA Vic shorts - \$25, children's MLAC hoodies - \$45, adult MLAC hoodies - \$50.

Please remember that ALL club singlets should have a Little Athletics Victoria logo, and a Jetstar patch (orange) or printed logo on the top right hand side. **All white Jetstar patches and red IGA patches need to be removed.**

### **Results HQ**

To view your child's results, you will need to log in to Results HQ. You will need to have paid the club registration fee to have access. The login details are a little confusing:

**Username:** Your family username is the email address you used to register your primary member with (usually your oldest child)

**Password:** Your password is the Login ID of your primary member when you log in to LA Vic.

You can view your whole family's results on one page, and also view all MLAC results. Tickets can be printed out to keep. We endeavour to have the results available by Sunday evening.

**If you have registered and paid by Thursday evening and there is no bib for your child, please talk to someone at the Registration tent.**

If you have any problems logging in, please contact Lisa Henry [lhenry@morningtonlittleaths.org](mailto:lhenry@morningtonlittleaths.org)

<https://www.resultshq.com.au/login>



### **Parking**

Please note the following parking and drop-off guidelines which we have put in place for safety reasons:

- If you are dropping your child(ren) off in the car park, please **do not** stop just inside the gates. Drive around the car park circuit back towards the entrance and drop off on the car park side closest to the road. This avoids congestion at the entrance to Mace.
- **Do not park on Nepean Highway outside the entrance to Mace Oval.**  
This is a safety issue for cars turning out of the car park.

- The grass areas in the car park can be used for parking. If you have a 4WD vehicle, we ask you to park on the grass if possible to leave parks available for non 4WD cars.
- Once the Mace car park is full, please park up the hill, off street, beside Balcombe Grammar School. There is a pathway from there down the steps to the oval.

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### **What happens in the event of Wet Weather/Extreme Heat**

When the weather forecast does not look great, the committee makes a decision by 8:00 a.m. on the morning of competition whether the competition day will go ahead or be cancelled. In the event of cancellation a notice will be posted on the following sites by 8:00 am:

**Website**            [www.morningtonlittleleaths.org](http://www.morningtonlittleleaths.org)  
**Facebook**        [www.facebook.com/mlac82](http://www.facebook.com/mlac82)  
**Twitter**            @mlac82  
**Team App**        [www.teamapp.com/](http://www.teamapp.com/)

We communicate with our members almost exclusively via electronic means. We will always email you important information, but it is also distributed via our Facebook page and Team App.

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### **Team App**

As with previous years, we will be utilising Team App to get information out to our members and their families about news and events around the centre. Download Team App (it's free!) from iTunes or the Play Store and search for Mornington Little Athletics.



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### **Facebook**

We also have a Facebook page filled with news and photos of our athletes. Make sure you "Like" it to see posts in your Newsfeed. If you do not wish to have your child's photo published, please send an email to our secretary Lisa Henry [lhenny@morningtonlittleleaths.org](mailto:lhenny@morningtonlittleleaths.org). She will endeavour to ensure your child's photos are never published.



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### **Weekly Program**

This week's program is Program 6 and can be downloaded by clicking [here](#) or find it on the club website.

If unsure of what to do on the day, or if you have any questions, please do not hesitate to contact us via email or by speaking to one of the committee members on Saturday mornings. They are easily identified in their bright orange polo shirts

Regards,

**Mornington Little Athletics Centre**  
[mornington@lavic.com.au](mailto:mornington@lavic.com.au)  
PO Box 544  
Mornington, Victoria, 3931  
[www.morningtonlittleleaths.org](http://www.morningtonlittleleaths.org)



# CHRISTMAS RAFFLE

**Mornington Little Athletics Centre** are running a Christmas Raffle to raise money towards the new athletics track clubrooms to be built at Civic Reserve, Mornington. Will be drawn at the Christmas Handicap on **December 10th.**



Prizes are:



## Fitbit Charge 2

- Black, size Small (can be changed if required)
- PurePulse heart rate monitoring
- All-day activity and sleep tracking with Connected GPS
- Display provides activity data, time and smartphone notifications

**Valued at \$249**



## Blazen Defender Air Hockey Table

- High performance playing surface
- Compact design for easy storage
- Suitable for indoor and outdoor play

**Valued at \$249**



## Garmin Vivofit Junior x 2

- Durable kid-friendly design
- Assign trackable household chores from the smartphone app
- Features replaceable battery with a 1+ year battery life

**Valued at \$129**



**Tickets are \$2 each or 3 for \$5**



Tickets can be bought from the Registration/Merchandise tent until the 10th of December

