

17 - 23 Jan 2021



**OCEANIA**  
MASTERS ATHLETICS CHAMPIONSHIPS  
Norfolk Island 2021

flights departing  
**BRISBANE**  
- Saturday -

flights departing  
**SYDNEY**  
- Fri & Sun -

flights departing  
**AUCKLAND**  
- Saturday -

### Register your interest now and WIN!

Holiday Packages are being prepared for travel to Norfolk Island, inclusive of airfares, accommodation, car hire & more. They can be tailored to include domestic transfers.

**REGISTER YOUR INTEREST** by the end of September 2019 to receive regular updates & go in the draw to win 7 nights free accommodation and car hire courtesy of **Paradise Hotel & Resort & Eldoo Car Hire**, plus a copy of Ian Rolfe's *Southern Lightscapes: Norfolk Island*.

*Conditions apply, Not transferable for any other event or other person; entrants must be eligible to compete.*

To enter, send your name, address, email & phone contact to: [maria@travelcentre.nf](mailto:maria@travelcentre.nf) or visit the Norfolk Island booth at the **2019 OMA Championships at Mackay** & fill in an entry form.



### Organise your 2021 travel plans to compete on Norfolk Island & holiday with 'Bounty Mutineer' descendants!

In January 2021 the Oceania Masters Athletics Championships will be held on Norfolk Island where you can expect a 'whole -of-Island' welcome! Located just two and a half hour flight from Brisbane or Sydney and two hours from Auckland, athletes will enjoy the competition and the opportunity to explore our stunning environment, heritage and local 'Norf'k' culture born from the mutineers on the HMAS Bounty and Polynesian women.

Flight days will be confirmed 11 months prior to travel, days of travel are subject to availability & can change without notice - Conditions apply - Travel insurance strongly recommended.



[www.norfolkislandtravelcentre.com](http://www.norfolkislandtravelcentre.com)

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## 2021 OMA Championships, Norfolk Island

Athletics Norfolk Island are thrilled to be your hosts in 2021 and look forward to warmly welcoming all eligible athletes to their Island home. In stadia events will be held at the Malcolm Champion Oval, and out of stadia events will be held at spectacular, World Heritage listed, Kingston.

### Visit the Norfolk Island stand at Mackay

Make sure to meet members of Athletics Norfolk Island at their stall at the **2019 OMA Championships in Mackay**. Pick up information on the event and the Island, including a free DVD, Island magazine and other materials.

Enter prize draw to win 7 nights free accommodation & car hire, courtesy of **Paradise Hotel & Resort & Eldoo Car Hire**, plus a copy of Ian Rolfe's ***Southern Lightscapes: Norfolk Island***.

\* Conditions apply

### Norfolk Island

Competitors will find Norfolk Island the perfect destination for not only the competition but also a holiday. We can lead you through a range of accommodation, from budget family-friendly, to more luxurious options, to suit you and your club's needs.

Consider extending your stay to take advantage of all there is to see and do. Norfolk Island is safe, easy, accessible and intriguing.

With an incredible history spanning a Polynesian Settlement, two British convict settlements and the eventual home to the descendants of the 'Mutineers on-board HMS Bounty', this Island is rich in stories. There are numerous tours to take, enjoy fishing, snorkeling, eating out, walking in National Parks, along beaches, cliff-tops, lush-green valleys – and more.

### Events will include (Full list TBC):

100m • 200m • 400m • 800m • 1500m • 5000m • 4 x 100m Relay • Medley Relays (800 / 400 / 200 / 200) • Steeplechase • Short Hurdles (110m / 100m / 80m) • Long Hurdles (200m / 300m / 400m) • Men's Decathlon with no pole vault (100m / LJ / SP / HJ / 400m / 110H / Disc / JAV / 1500m) • Women's Heptathlon (110m Hurdles / HJ / SP / 200m / LJ / JAV / 800m) • Men's Pentathlon (LJ / Jav / 200m / Disc / 1500m) • Women's Pentathlon (100m / SP / LJ / Jav / 800) • Weight Throw • Javelin • Shot Put • Discus • Long Jump • High Jump • Triple Jump • 6k & 8k Cross Country • 10k Road walk • Half marathon