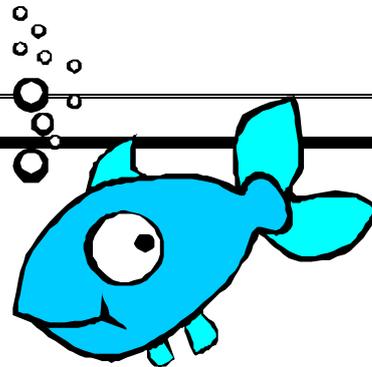


# SNAPPETS



Stadium Masters Swimming Club Inc

www.stadiumsnappers.net.au

September 2014

## PRESIDENT'S JOTTINGS

Snappers' LIVE LIGHTER CLUB CHALLENGE held on Sunday September 14<sup>th</sup> was a great success in more ways than one. It involved 22 members who swam, 14 members who worked and some who worked and swam as well.

Two of our previous members, Jack Jago and Beatie Norris, passed away recently and signed cards were sent to Nomai and Pamela.

It's time for all members to be thinking about positions for the Management Committee for next year. Due to what is stated in our Constitution nine positions will become vacant as all those members holding those positions have served for two years. Anyone who would like to be on the Committee can get a nomination form from Secretary Robyn.

### From the Captains' Meeting

I recently attended the annual Masters Swimming WA Club Captains' meeting, chaired by Peter Maloney and Wendy Holtom. There was a great deal of discussion from many people about different subjects.

### LiveLighter State Championships and Club Challenges

Masters Swimming WA would like to see

- more swimmers entering the LiveLighter State Championships and wants to get the message out to all members that it is for all grades of swimmers not just good swimmers. Suggestions were to change the name (LiveLighter Annual Club Challenge was one alternative), run the entire program in one day or run it over two half days.
- more members taking on official duties such as Inspector of Turns, Judge of Strokes, etc.
- more clubs running LiveLighter Club Challenges. Peter Maloney stated that no club should run a carnival at a loss and that \$15.00, including pool entry, is not too expensive.

Claremont Masters spoke about opening up all Club Challenges to all clubs. Peter said that this would be quite difficult as some carnivals were more popular than others.

**The 40<sup>th</sup> anniversary of Masters Swimming Australia** is coming up next year and perhaps clubs would like to have an event to celebrate this.

**Current members must re-register** by January 1<sup>st</sup> 2015.

Geraldine Klug



### In this issue

#### Regular features

<i>President's jottings</i>	1
<i>Diary entries</i>	1
<i>From MSWA</i>	2
<i>Birthdays</i>	2
<i>Pool Swims</i>	3
<i>Goggle</i>	4
<i>Reflections</i>	4
<i>Deadline next issue</i>	6

#### Special features

<i>Tributes</i>	2
<i>Sundowner</i>	5
<i>Marg Watson</i>	5
<i>Andrea from afar</i>	5
<i>Ten timing tips</i>	6

## DIARY ENTRIES FOR AUGUST AND BEYOND

<b>Date</b>	<b>Event</b>	<b>Time</b>	<b>Venue</b>
<i>Monday 20 October</i>	<i>Committee meeting</i>	<i>7:00 pm</i>	<i>Regent Park</i>
<i>Saturday 25 October</i>	<i>Maida Vale 1500 Metre SC Distance Swim</i>	<i>1:00 pm</i>	<i>Darling Range College</i>
<i>Sunday 26 October</i>	<i>Bowls Day for all</i>	<i>pm</i>	<i>Dalkeith Bowling Club</i>
<i>Sunday 9 November</i>	<i>Lake Leschenaultia 1600m OWS/LiveLighter Novice 400m Swim</i>	<i>8:30 am rego</i>	<i>Lake Leschenaultia, Chidlow</i>

---

## JACK JAGO AND BEATIE NORRIS

Coincidentally, two longstanding Club members, Jack Jago and Beatie Norris, both died on Friday September 5<sup>th</sup>.

### TRIBUTE TO JACK JAGO 1923-2014

Jack joined Snappers in 1994 and continued his membership for 15 years. Jack was encouraged to become a Snapper by his wife, Nomai, who was a founding member when the Club was established two years before. While swimming wasn't his most favourite sport, Jack participated in interclub carnivals in the early days, earning points for Snappers. He and Nomai were staunch Club supporters, rarely missing social events. Jack's friendly nature and love of a joke added to the conviviality around the afternoon tea table after swimming, making him a valued Club member.

### TRIBUTE TO BEATIE 1924-2014

Beatie joined Snappers in 1995, soon after her three daughters had joined, and was a member for 16 years. Not satisfied with watching her girls having fun swimming, at 70 years of age, Beatie secretly took lessons and surprised them all with her success! For most of her swimming career she swam regularly each week, favouring her trademark backstroke, in which her endurance was remarkable. Beatie's name still appears prominently in the Club Records for the 75-79 age group and dominates the 80-84 page.

Beatie was gracious, kind and self-effacing, always considering the needs of others before her own. She generously supported Snappers' community fund-raising events, such as the Swimathon, and donated the unique trophy for the Club's annual Participation Award.



---

## FROM MASTERS SWIMMING WA

### 2014/15 HBF Masters Open Water Swim Series

Printed OWS series calendars are available in the cage and on the MSWA website. The season opens with Maida Vale's 400m novice and 1600m events in Lake Leschenaultia on Sunday 9 November.

### Mandurah Australia Day Swim

As further encouragement to support the Australia Day Swim at Mandurah in 2015, MSWA will provide a special prize for one entrant as part of a raffle draw. Please promote to your members.

### IMG Database Update

From the National Admin Workshop last month we were asked to advise Clubs of the following:

- Masters Swimming Australia will email reminders direct to members to renew their membership in December, as they will be unfinancial and not insured from 1<sup>st</sup> January 2015. Clubs are encouraged to also send renewal reminders via email template and to monitor and mandate membership renewals.
- Additionally Clubs are requested to have members update their own data page (provide them with them log-in details) especially including their personal email address, as there are many missing.

---

## BIRTHDAYS



### October

Cas Brown	7 <sup>th</sup>
Hazel Christie	19 <sup>th</sup>
David Hodby	22 <sup>nd</sup>
Robyn Wilson	22 <sup>nd</sup>

### November

Barry Green	2 <sup>nd</sup>
-------------	-----------------

Best birthday wishes to these Snappers

## POOL SWIMS

### Riverton Masters 400/800 LC Distance Swim 31 August

Sue Bird and Eleanor Parsons both swam 400 Free and 800 IM.

### Snappers' LiveLighter Club Challenge Sunday 14 September

Our carnival proved more popular than usual this year, attracting entries from 131 swimmers. This may have been due to the well-received, expanded program of events offering all strokes over 200m, 100m and 50m. Despite the longer program, by using over-the-top starts where possible, the carnival finished on time. We were lucky that the weather was perfect for lunch alfresco on the grass as Crab Palace was unavailable. The crows stayed away! The nine baskets in our raffle brought in a record \$440, which helped defray the costs of running our event at HBF Stadium. Stadium staff members were extra helpful and thanks go to them and the following Club members and friends for the parts they played:

*Meet Director:* Anne Edmondson  
*Catering & liaison:* Dee Stephenson, Geraldine Klug  
*Recording:* Sue Bird, Julie Stonor  
*Announcer:* Geoff Hadley  
*Marshalling:* Elizabeth Edmondson, Jean Beaton, Helen Green, Jen Petelczyc, Jil Mogyorosy, Lisa Dwyer  
*Timekeeping:* Marg Watson, Marg Somes  
*Official:* Pamela Walter  
*Hospitality:* Audrey Wren, June Hough, Zee Marsland  
*Raffle:* Dee Stephenson, June Maher, Marg Somes  
*Photography:* Marg Watson

Beatty Park finished just one point ahead of Snappers, with Mandurah third. Because the program allowed a broad choice of event, lots of first places were achieved.

These champion Snappers deserve special mention:

Jackie Egan 3 PBs (50 FR; 100 FR – best since '10; 200 FR – best since '11) - must be all the work she's putting in in the gym because she hasn't done much swimming!  
Kim Klug 2 PBs (50 BA – best since '09; 100 BA – best since '06!)  
Mary Gray 2 inaugurals (50 FR, 50 BA) in her first individual swims at an interclub meet  
Lisa Dwyer inaugural 50 FR in her first individual swim at an interclub meet  
Mark Etherton-Beer inaugural 100 BA

Three of four relays won first place:

200-239 4x50 womens medley (Gail, Kim, Eleanor, Anne); 280-319 4x50 mixed medley (Barry, Bill, Vic, Stuart); 200-239 4x100 mixed medley (Gail, Vic, Mark, Eleanor).



Marshal Jil



Meet Director Anne and Announcer Geoff



Swimmers Mary and Dee



Marshals Jean and Helen

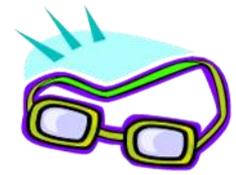


The presentation to Beatty Park

---

## GOGGLE SAW

- Cas Brown featuring in the Cambridge News, doing aquarobics!
- three Snappers swimming in adjacent lanes in the 200 Free at our Club Challenge: Wayne saw stars and vanished, Stuart soldiered on and finished and Jackie did a PB!



- six weekend swimmers helping Vic Paul celebrate his 70<sup>th</sup> birthday by joining him in Eleanor's devilish program of **seventy** 50 metre lengths! They earned their coffee that day.

## AND READ

- that a Lions Eye Institute research team found that frequent use of swimming goggles did not lead to an increased risk of glaucoma over time in adults. The researchers performed comprehensive eye tests on 231 members of local swimming clubs, including some Snappers, and 118 non-swimmers.

---

## REFLECTIONS from Marg Watson

### What's in a name?

Our club started in 1992 as Superdrome Snappers Inc: a brand new name for a proud new club. A couple of years later it became AUSSI Superdrome Snappers Inc in line with State and National criteria. Then in 1997 the Superdrome found a naming-rights sponsor, Challenge Bank, and changed its name to Challenge Stadium, at the same time removing the confusion between this venue in Mt Claremont and the Superdome in Burswood. So we became AUSSI Stadium Snappers Inc. The acronym AUSSI (Australian Union of Senior Swimmers International) had always been a source of error, more often than not being written incorrectly as Aussie. Wisely, in 2010, AUSSI was deleted nationwide and we became Stadium Snappers Masters Swimming Club Inc.

Most recently, on 20<sup>th</sup> September 2014, a decision was taken at a Special General Meeting of the Club to adopt the name Stadium Masters Swimming Club Inc. With this change to our Constitution, we will be formally referred to as Stadium Masters. Snappers will still be our fun-name.

And talking of fun-names, in 1995 the Club held a competition to change the oft-referred-to names of 'day group' and 'night group'. It was won by John Christie with the suggestion of 'Dappers' and 'Nappers'. These monikers were dropped several years later!

So, what is in a name? Whatever the times decide.

---

### JOKE IN A VACUUM

A blonde was playing Trivial Pursuit one night. It was her turn and she landed on Science and Nature. Her question was, 'If you are in a vacuum and someone calls your name, can you hear it?'  
She thought for a time and then asked, 'Is it on or off?'



In case the image appears blurred, the sign reads "Competent swimmers only"!

---

## SUNDOWNER

Thanks to Sue Bird for organising an informal social gathering on Sunday 21<sup>st</sup> September. The fifteen swimmers who came to the sundowner, some younger and some older, appreciated the warmth of the well-chosen venue, the Firepit at the Boulevard, on the wet and chilly afternoon. It was a novelty to see each other wearing clothes! Merilyn was the lucky winner of the door prize: a big box of chocs.

Among those enjoying the occasion were Gail, William (licking his lips!), David, Eleanor and Robyn



---

## MARG WATSON



Snappers is blessed to have amongst its members many supportive and hardworking people. Some of these shun the limelight, preferring to work for the good of the Club quietly behind the scenes.

One who has done this now for about 20 years is Marg Watson. Marg served for eight years on the Management Committee, as Captain and Social Organiser, has arranged Club clothing orders, consistently volunteers as a timekeeper at interclub meets and takes a keen interest in Club proceedings. She nurtures new members and does her best to help them find their feet in an ever-encouraging way. The same is true for older members, whose mobility may otherwise prevent them from joining in: Marg is the first to offer a helping hand or a lift.

Above all this, Marg is the unofficial Club photographer and archivist. She has assembled a representative selection of photos, documents and articles, all carefully and often amusingly annotated, into albums telling the Snappers' story year by year. The albums are a splendid example of her dedication and may be borrowed – do so and be totally absorbed for hours. Thanks for your labours, Marg!

---

## ANDREA FROM AFAR

I miss all of you terribly and want to come back to Australia so much! I think of all of you often, especially at afternoon tea time, and it makes me happy but sad at the same time. Work has me putting in long hours which leaves very little time for swimming. In fact my shoulder has been hurting since July so I have backed off swimming in hopes that it will get better.... really I think the problem is that I am not swimming consistently enough to make it feel better!

In August, US Masters had their long course national championships and although I didn't do much training I did swim all the breast events because breast didn't bother my shoulder as much. I entered mainly because it was near my mom's house so I could go visit her. You know doing all those endurance swims helped me learn how to train for 200 yard events. I only started swimming consistently about three weeks before the meet and practiced swimming 400 yard breast strokes to prepare for the 200 breast. I would think to myself, "If I can swim a 400 breast then I can swim a 200 in a meet!" My time was still 10 seconds slower than my Perth time but for the amount of training I did I was happy and I placed 7<sup>th</sup>. The nationals here usually has about 1200 swimmers. The medals were really cool (in the US medals are given to 10<sup>th</sup> place). They had the Maryland state animal, a crab, on them (Mandurah would be jealous!). Oh I live for the day when I can quit and go back to swimming full time!



My daughter Kaitlyn's wedding - about 145 guests - was early August. It turned out very nice, but glad it's over!

Give my love to everyone and tell them I said Hi ...

Cheers, Andrea

---

## TEN ENDURANCE 1000 TIMEKEEPING TIPS

*Are you an impeccable timekeeper? Please read these tips anyway: there is often more to learn!*

1. Use two watches and test them beforehand.
2. Hang the watch you are using around your neck; place the other watch somewhere dry and easy to reach, e.g. also around your neck or under your chair.
3. Say "Take your mark. Go!" with "Go!" coinciding with the time you start the two watches. Practise this because Goggle repeatedly sees many timekeepers pressing the start button up to 1 second after saying "Go!"
4. Write clearly when entering times on the recording sheet.
5. The correct way to record a time is to use a colon to separate minutes and seconds and a decimal point preceding the fractions of a second, e.g. 18:43.76. The colon is used because there are 60 seconds in 1 minute, making it inappropriate to use a decimal point here. However it is correct to use a decimal point to indicate parts of a second because they are given as a percentage.
6. Look down the wall as you press the lap button at each interval, not at the swimmer.
7. Continue using the left button to record the lap times throughout an Endurance swim, even on the last lap. Using the Stop button at the end of the last lap means the watch will not record the last interval. Reset the watch only after you have written all the times on the recording sheet.
8. In elapsed time swims ( $\frac{1}{2}$  hour,  $\frac{3}{4}$  hour and 1 hour) note the distance reached by the swimmer when the time is up, rounded down to the last completed 25 metres, but do not stop the watch. Instead, allow the swimmer to complete the next appropriate interval, use the left button to give you the time and then inform the swimmer that time is up.
9. Make sure you date the sheet correctly and sign it. Ask the swimmer to verify this.
10. Do not enter times on the swimmer's cover sheet. This is the swimmer's responsibility and by not entering anything on the cover sheet you will avoid one possible source of error.



### **ACKNOWLEDGEMENTS AND DEADLINE**

*Thanks to Geraldine Klug, Marg Watson, Eleanor Parsons, Sue Bird and Andrea Morton for contributing to this issue of Snappets. I always look forward to receiving items from as many people as possible, so please send your items for the second last issue for the year to me at [amburbidge@westnet.com.au](mailto:amburbidge@westnet.com.au) by **Friday 24<sup>th</sup> October**.*

*Meryl Burbidge*