

# THA KEY SKILL AND TACTICAL DEVELOPMENT AGE: UNDER 13'S MAY TARGETS



#### 1. POSITIONAL DISCIPLINE

 Whiteboard session with Marc for all coaches and players to show position names and expectations.

### 2. 'DUMPING' / CHANGING THE POINT OF ATTACK

- Use a possession game in a larger space in 3v3 / 4v4 to show how you need to identify where space is not simply play forwards
- When marked or under pressure receive the ball from a player and simply pass the ball back and relead
- We need to know where our next pass is before we receive the ball

## 3. TRANSFERRING / REPOSITIONING

- Once a ball has been passed by a player always 'reposition' so that you are able to be an available pass again
- Whether the lead is forwards or backwards it does not matter

#### SKILL DEVELOPMENT

- 1. OPEN RECEIPT Move your feet so that you can receive the ball with your body pointing to the inside of the pitch bum to the sideline
- 2. ANGLED CARRY Encourage carrying the ball on angles to move defenders and create space to dribble, pass and teammates to lead