

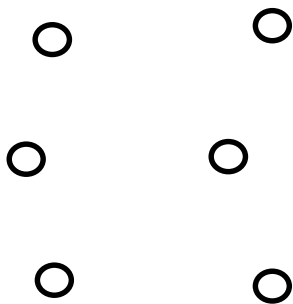
# THA KEY SKILL AND TACTICAL DEVELOPMENT

## AGE: UNDER 9'S MAY TARGETS



### 1. 2 LINES OF 3 PLAYERS IN GAMES

- The need to apply a structure is important and 2 lines of 3 is potentially best way (back 3, front 3)
- Get all players to have a go at both the front and the back
- Use the 'press game' in a 3 vs 3 to teach them how to set up lines
- Back 3 - Left Half, Full Back, Right Half
- Front 3 – Left Wing, Right Wing, Centre Midfield/Forward



### 2. HEIGHT AND WIDTH WHEN IN POSSESSION OF THE BALL

- Using 2 lines of 3 will help players gain width and height
- Encourage one resting player (rotate) to stay high and stretch the play which creates space elsewhere and an outlet
- Encourage players with the ball to push the ball into a space for their team mate to run into rather than to the stick on occasions

### 3. SELF PASS RULE

- Educate all players so that they are able to self pass
- Educate all players so they understand the 5 yard rule defensively
- Encourage players to use the self pass when there is no simple immediate pass on however the pass should be the first option

### SKILL DEVELOPMENT

1. PUSH POWER – Right hand lower and ball transfers from back to front foot
2. TACKLING FROM THE FRONT NOT FROM BEHIND OR THE SIDE