



NSW biathlon

Laser Biathlon Relays & Come and Try Day

PERISHER VALLEY

SUNDAY August 4, 2013

Start Time 1:00pm – Come and try introductory session 2:00pm – Mass Start Relay Race

Race Office: Perisher Nordic Shelter – open from 11:30am – 12:30pm on race day.

Closing date for entries: Saturday 3 August (for on-line entries): Emailed entries with evidence of payments must be received by Friday 2 August.
Late entrants will be accepted at the Nordic Shelter from 11:30am -12:30 pm on race day
Entries will not be accepted without fees.

Online entries: http://regonline.activeglobal.com/2013perishercrosscountryeventreg_1229187

Entries (if emailed) to: info@nswbiathlon.com.au

Entry Fee: **\$15** by c/c (on-line entry) OR Direct Deposit (NSW Biathlon BSB: 032-184 A/c #: 291135 - include your surname in reference)
OR cheque written to NSW Biathlon

For further Information: Meg Neuhaus: 0412 112 754 , email: ian_and_meg@bigpond.com

NSW Biathlon website <http://www.nswbiathlon.com.au>

Presentations: Perisher Nordic Shelter @ 3:30 pm

Race Format / Rules: The NSW Biathlon Relays are a participation event intended to introduce the sport of Biathlon to the wider XC and Snow sports community. The Relay Races represent an opportunity for XC skiers to experience the thrills of competing in a Biathlon competition alongside some of Australia's best Biathletes.

As part of a three (#) person team, each competitor will complete three XC laps and make two visits to the laser shooting range. It is anticipated that each skiing lap will be approx. 800m long and all shooting will be in the Prone (lying down on your tummy) position.

The Race Committee recognizes that the level of experience and individual ability of competitors will cover a very wide range both in skiing ability and laser shooting accuracy. To ensure that the competition is both interesting for spectators and enjoyable for the participants, the Race Committee will attempt to group competitors into teams with an equal chance of winning. For example, a team containing Alex Almoukov, Australia's 2010 Olympic Athlete, will likely contain two less experienced skiers or biathletes.

Interested competitors can either attend the Come and Try Session first or just enter the Relay race. Entry fees cover both the 1pm Come and Try session and the 2pm Mass Start Relay

The Race Committee may change the number of relay team members based on entry numbers and snow conditions.

Entrant: Surname First Name Date of Birth..... Male/Female

Address State Postcode

Phone Email

I will be attending (circle one or both): Come & Try session 1pm Relay Race 2pm

I have experience in (circle one or both): XC Skiing Biathlon

Declaration:

I agree to enter the 2013 NSW Biathlon Come and Try Session and/or Mass Start Relay Race and to abide by the rules of NSW Biathlon and Skiing Australia XC. I declare that the details of my entry form are true and correct. By entering either or both of these events I will not hold responsible NSW Biathlon Association, NSW Snowsports, NPWS or SSA for any accidents or injuries that may occur to me or my child and I absolve these bodies from any liabilities. I understand that it is my responsibility to ascertain my and /or my child's fitness to compete.

My race entry fee of \$.....is (circle one) enclosed or paid by EFT

Entrant's signature

Parent/Guardian signature (if under 18 yrs) Date

MEDIA CONSENT: By signing above, I agree to allow NSW Biathlon Association and/or NSW Snowsports XC Committee to use my/my child's/my wards's name and any photographs taken of me/my child/my ward during activities for the promotion of Biathlon or XC Skiing in the general media, social media, websites and to the general public.